



**New Hampshire Veterans Home**  
 139 Winter Street  
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Kimberly M. MacKay  
 Commandant

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Dear Residents and Families –

Welcome Spring! As we welcome this season of bright, sunny days, we have various updates to share with you.

We are delighted to see visits, social excursions, and entertainers on a routine basis. Although smiles are concealed by the protective covering of masks, we can tell how well it's going by everyone's eyes! The twinkle in them is a telltale sign.

Due to decreasing numbers of COVID-19 cases in the community, our staff and volunteers are no longer required to wear eye protection for routine resident interactions. Our staff, volunteers - and veterans - are delighted to receive this welcome update. Although requirements are subject to change at any moment since they are based upon community spread, in the interim, we will enjoy the doffing of this personal protective equipment (PPE).

We have begun promoting the new, in-house, paid Licensed Nursing Assistant (LNA) training program positions mentioned in my prior letter. If you know someone who has wanted to enter the field of nursing and would like to assist our veterans at the NH Veterans Home (NHVH), this is a wonderful opportunity to do so. As a reminder, the course is offered at no charge and the student will earn while they learn. We invite interested applicants to email [careers@nhvh.nh.gov](mailto:careers@nhvh.nh.gov), or call (603) 527-4400. We also invite you to help us spread the word.

If you haven't yet had the opportunity to see us on Facebook ([www.facebook.com/nhveteranshome](http://www.facebook.com/nhveteranshome)), we welcome you to follow along. In addition to pictures of our programs, donations, and holiday fun, we also proudly share photos of us honoring those deployed with RED (Remember Everyone Deployed) Shirt Fridays. We appreciate Norm Sanborn, Merchant Marine & Navy Veteran and NHVH Resident, for starting this amazing program here at his Home. Our own Main Street Store sells special RED shirts with NHVH on the front and a message to Remember Everyone Deployed on the back. All are invited to take part.

Here at the NHVH, we are fortunate to have an amazing volunteer family. Our volunteer coordinators are diligently working on our NHVH volunteer web portal for ease of access to volunteer opportunities. Our portal helps you or someone you know easily access our volunteer information. Feel free to visit <http://bttr.im/ujm12>. Due to pandemic precautions, volunteers need to be fully vaccinated. To discuss specifics, please contact Heather Sparano, Volunteer Assistant, at (603) 527-4837 or by email at [Heather.A.Sparano@nhvh.nh.gov](mailto:Heather.A.Sparano@nhvh.nh.gov).

As we continue with our Medical Director Services through Theoria Medical, we welcome Dr. Vercin Ephrem as our permanent Medical Director. Dr. Ephrem is a local physician with long-term care and post-acute care experience. Our staff are delighted to be working more directly with him. Our Physician Assistant, Maureen Verbil, continues to regularly see our veterans.

In closing, if I have not yet had the pleasure of speaking with you or meeting you, I look forward that opportunity in the future.

Sincerely,

Kimberly M. MacKay  
 Commandant