



Margaret D. LaBrecque
Commandant

New Hampshire Veterans Home

139 Winter St.
Tilton, NH 03276



Telephone: (603) 527-4400
Fax : (603) 527-4402

March 16, 2020

Dear Residents and Families –

Late on Friday, Governor Sununu declared a State of Emergency due to the novel coronavirus (COVID-19) pandemic. Because of this declaration, no visitors are permitted at any long term care facility, including the New Hampshire Veterans Home, beginning midnight on March 15, 2020, and lasting at least until Monday, April 13, 2020. “Visitors” include family, friends, entertainers, barbers, and outside clergy.

According to the Centers for Disease Control and Prevention (CDC), nursing home populations are at the highest risk of being affected by COVID-19, including being at increased risk of serious illness if infected with the virus that causes the disease. We continue to closely monitor recommendations made by the CDC, the NH Department of Health and Human Services (NH DHHS), and the Governor’s Office, and continue to implement all possible measures for our Veterans’ health and safety.

We understand the importance of visits for residents’ quality of life. We encourage the use of alternative methods for visitation during the next several weeks/months, including telephone or video (FaceTime, Skype, etc.). In the interim, we are researching the use of video visits for Residents currently without access.


As an important reminder, any person who develops fever or respiratory symptoms (e.g., cough, shortness of breath) should stay home away from others and seek health advice by phone from a healthcare provider to discuss symptoms and any risk factors for COVID-19. All persons should:

- Wash hands frequently with soap and water for at least 20 seconds. If soap and water are not available, use alcohol-based hand sanitizers.
- Avoid touching eyes, mouth and nose with unwashed hands.
- Do not to share personal items such as water bottles, smokes and/or vapes.
- Avoid close contact with individuals who are sick.
- Stay home when you are sick. The CDC recommends that individuals remain home for at least 24 hours after you no longer have a fever or signs of a fever (i.e., chills, feeling warm, flushed appearance).
- Cover your cough or sneeze with a tissue, then immediately discard the tissue in the trash. If a tissue is not available, cough or sneeze into your elbow.
- Clean and disinfect frequently touched objects and surfaces.

For more information on COVID-19 in NH, please visit www.nh.gov/covid19. For the latest information from the CDC, visit www.cdc.gov/coronavirus/2019-ncov/.

We will post a notice on our Facebook page and website when visits are once again permitted. In the interim, we hope you and your family stay healthy.

Sincerely,


Margaret D. LaBrecque
Commandant