

Family Preparedness Plan

Use this form to plan how your family will respond in the event of an emergency at Seabrook Station. Most of this information will also be useful for natural disaster preparedness. This form can be torn out and used as a quick reference guide for your family in the event of an emergency.

For more preparedness tips visit: www.readynh.gov.

Evacuation Preparation

Our community's Emergency Operations Center phone number is (see Page 2):

This number is only for emergency assistance.

The reception center for our community is at (see Pages 28, 32, and 33): _____

The emergency contacts on file with our children's school(s) are: _____

If I need transportation to the reception center I will call (see Pages 35 and 2): _____

If we had to evacuate our pets go to: _____

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Things to Remember

Refer to this list for quick tips from the calendar. It is not a substitute for the information in the calendar. Please read through the calendar for further explanation.

- **If you hear a steady three to five minute siren tone, tune to the Emergency Alert System radio station, WOKO 97.5 FM, for important information.**
- Listen to the protective actions given on the EAS station and act accordingly.
- Avoid using the phone.
- When sheltering in place:
 - Stay inside and keep all pets inside.
 - Close off all sources of outside air.
- When evacuating, bring with you:
 - This calendar.
 - Extra clothing and personal items for each person, toiletries (soap, toothbrush, toothpaste), blankets, pillows, and towels (if you will stay at a public mass care center).
 - Medical supplies and equipment (first aid kit, medicine, prescriptions, and insurance card).
 - Checkbook, credit card and cash, Driver's license or identification.
- If you go, your pets go! Do not leave your pets behind.
- Lock all doors and windows before evacuating.
- Radiological screening is done at the reception center. Be sure to go to the correct one for your community.
- If you are a person with a disability or access/functional need be sure to fill out the Emergency Assistance card on the back of this calendar annually and send it to NH Homeland Security and Emergency Management.
- Stay tuned to the EAS station WOKO 97.5 FM throughout the emergency.

Please visit these websites for more information:

- www.ready.gov
- www.readynh.gov
- Sign up for Seabrook Station EPZ Alerts at:
<https://public.coderedweb.com/cne/bf065f487535>