NH Statewide Entry Level Firefighter Examination

Candidate Physical Ability Test (CPAT)

APPLICATION PACKET

CPAT 2020

2020 CPAT ORIENTATIONS:

- Tuesday, April 14th then Wednesday, April 15th
- Tuesday, May 12th then Wednesday, May 13th
- Tuesday, June 9th then Wednesday June 10th

2020 TESTING DATES:

- Tuesday, April 14th then Wednesday, April 15th
- Tuesday, May 12th then Wednesday, May 13th
- Tuesday, June 9th then Wednesday June 10th
- September -DATE TO BE DETERMINED- (limited spots available)

LOCATIONS:

-April, May and June Test Dates-

Merrill Fay Ice Arena, 468 Province Rd Laconia, NH 03246

-September TBD Dates-

Richard M. Flynn Fire Academy, 98 Smokey Bear Blvd, Concord NH 03301

APPLICATION FORM / DEADLINE INFORMATION:

• In order for an applicant to be eligible to participate in the examination, the following items must be completed and signed:

1. Application form

- Applicant must be 18 years or older
- Applicant must have a high school diploma or GED
- Applicant must provide a driver's license at the test date to prove identity
- 2. Payment received and processed
 - see fee information under "How to Submit Application" on next page

3. Medical release form

- This form is only valid for 1 year from the date the physician signed the form, when used for the Candidate Physical Ability Test.
- Applications received less than 30 days prior to the desired month of testing are not guaranteed a spot in that exam. Please plan accordingly.
- No application is considered complete until ALL items have been received, processed and verified.
- We assign test date and times based on the desired month you indicate on your application. We cannot accommodate specific time and date requests.

NH FST&EMS Application Packet 2019

HOW TO SUBMIT APPLICATION:	(accepted in person, by post	al mail, by fax, or by **email)
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Mailing address:	NH FST&EMS	Accepting: Check
	Entrance Exam	
	33 Hazen Drive, Concord, NH 03305	
Deliver in person to:	Richard M. Flynn Fire Academy	Accepting: Check, Money Order,
	98 Smokey Bear Boulevard	Credit Card, and Cash
	Concord, NH 03301	
Business Hours:	Monday – Friday, 8:00AM to 4:00PM	
Fax Number:	(603) 271-1091	Accepting: Payment made over phone
**Email:	fstems@dos.nh.gov **	or via mail (see above)

^{**}We do not accept credit card payment via email. For your protection, the Department of Safety cannot take credit card information via email. We apologize for the inconvenience but we take security of your financial data seriously. Please note that email is an insecure means of transmitting your information and you should never use it to send your credit card number.

TESTING FEE:

• All applicants must remit a \$200.00 non-refundable fee.

RETEST FEE:

• In the event of a failed attempt, a \$75.00 non-refundable fee is due prior to the retest date.

RECIPROCITY FEE:

Those who have an out-of-state CPAT certificate and want their names to be put on the NH entry level firefighting eligibility list must submit the following:

- 1. Application Form
- 2. A copy of the CPAT certificate showing the date the test was taken and the IAFF license number.
- 3. A **\$60.00** processing fee.

FEE DELIVERY METHOD INFORMATION:

- The fee for the CPAT, Retest, and/or Reciprocity may be paid by personal check, money order, or credit card (Master Card, VISA, Discover or American Express). Credit Card payment may be made over the phone, or in person. Once any form of payment has been received and processed, the application is considered accepted.
- Checks should be made payable to: NH FST&EMS

GENERAL INFORMATION:

- Candidates MUST follow the dress code for the physical ability testing:
 - "Throughout all events, the candidate must wear long pants and footwear with no open heel or toe. Watches and loose or restrictive jewelry are not permitted."
- We assign candidate test date and times. Your availability for the entire date/dates requested is extremely important. Applicants will be notified of their test date and time via email 30 days prior to test time.
- Link to information about State Entrance Testing on the FST & EMS website, including copies of the CPAT Orientation Guide and the CPAT Preparation Guide & FAQs. It is STRONGLY RECOMMENDED that you read and familiarize yourself with this webpage and all links thereupon.

https://www.nh.gov/safety/divisions/fstems/facilities/testing/index.html

QUESTIONS? Contact: Scott Merrill at the NH Fire Academy (603-223-4285)
 Email: scott.merrill@dos.nh.gov

NH FST&EMS Application Packet 2019

Application in	or New Hampshire Sta	tewide Entrance	Examination	
Applicant Basic Informa	tion			
Last Name:	First Name:	Middl	e Initial:	
Sex: M F	a	e of Birth:		
Address		Last 4 digits of SSN#	: <u></u>	
City/Town		Active Military	? Y N	
Zip				
Ethnicity: American Inc	dian Asian			
W	hite Native American	Hawaiian or Pacific Islander		
Hisp	anic Two or more	Other		
Applicant Certifications	/ Licenses / College Degree(s)			
NH Firefighter Certifications:	National Registry EMS Certi (Check off licensed lev		Education & CDL license:	
Firefighter I Y N	None None	CDL License?	Y N	
Firefighter II Y N	EMT	High School Di		
J				
Reciprocity application pending	g? AEMT	College Degree	(s)? Y N	
Y N	Paramedic	Major		
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New Hampshire Department of Safety Division of Fire Standards and Training & Emergency Medical Services

Mailing: 33 Hazen Drive, Concord, NH 03305 Physical: 98 Smokey Bear Boulevard, Concord, NH

Phones: (Toll free) 800-371-4503 (Local) 603-223-4200 (Fax) 603-271-1091

APPLICANT INFORMATION:

Medical Release Form

IMPORTANT!: Though the medical release form can be submitted at any time, when used for entrance into a course, it cannot be older than three (3) years from the last day of class in which the student is enrolled. When used for CPAT, it cannot be older than one (1) year prior to the scheduled date of the CPAT test.

Name:	Last 4 digits of Social Security #:
Organization name:	Birth date: (mm/dd/yyyy)
Course Reference (CREF) #: (if applicable)	
DIRECTIONS: Only ONE of the sections below	needs to be completed.
(A) FIRE DEPARTMENT SIGN-OFF:	
documentation from the applicant's physician	ief of the department or a designee. In addition, or healthcare professional must be enclosed or signed letter on healthcare professional's letterhead)
I verify that the student listed above had a physical eva been determined to be fit for duty. Printed Name:	Position or and has or Rank:
Signature:	Date:
Official name of fire service organization:	
OR	
(B) HEALTH CARE PROVIDER SIGN-OFF	
NOTE: This section MUST be completed and s healthcare professional.	igned by a physician or other licensed
After referring to the "Essential Job Tasks and Student applicant listed above for full duty status by filling out the Printed Name:	Activities", on page 2 of this form, I authorize the ne information below. (no other documentation required)
Signature:	
Date:	Phone:
Official Name of Healthcare Agency:	
1	
Address:	
Address:	

Medical Release Form December, 2016

Appendix A-Essential Job Tasks (NFPA 1582)and Description of Student Activities

- 1. Performing firefighting tasks (e.g. hose line operations, extensive crawling, lifting, carrying heavy objects, ventilating roofs or walls using power or hand tools, and forcible entry), rescue operations and other emergency response actions under stressful conditions while wearing personal protective ensembles and self-contained breathing apparatus (SCBA), including working in extremely hot or cold environments for prolonged time periods.
- 2. Wearing an SCBA, which includes a demand valve-type positive-pressure face piece or HEPA filter masks, which requires the ability to tolerate increased respiratory workloads.
- 3. Exposure to toxic fumes, irritants, particulates, biological(infectious) and non-biological hazards, and/or heated gases, despite the use of personal protective ensembles and SCBA
- 4. Climbing six or more flights of stairs while wearing fire protective ensemble weighing at least 50 lbs. or more carrying equipment/tools weighing an additional 20 to 40 lbs.
- 5. Wearing fire protective ensemble that is encapsulating and insulated, which will result in significant fluid loss that frequently progresses to clinical dehydration and can elevate core temperature to levels exceeding 102.2 degrees F (39 degrees C).
- 6. Searching, finding and rescue-dragging or carrying victims ranging from newborns up to adults weighing over 200 lbs. to safety despite hazardous conditions and low visibility.
- 7. Advancing water-filled 2 ½ "diameter hose lines from fire apparatus to occupancy (approx.. 150'), which can involve negotiating multiple flights of stairs, ladders and other obstacles.
- 8. Climbing ladders, operating from heights, walking or crawling in the dark along narrow and uneven surfaces, and operating in proximity to electrical power lines and/or other hazards.
- 9. Unpredictable emergency requirements for prolonged periods of extreme physical exertion without benefit of warm-up, scheduled rest periods, meals, access to medication(s), or hydration.
- 10. Operating fire apparatus or other vehicles in emergency mode with emergency lights and sirens.
- 11. Critical, time-sensitive, complex problem solving during physical exertion in stressful, hazardous environments, including hot, dark, tightly enclosed spaces, that is further aggravated by fatigue, flashing lights, sirens, and other distractions.
- 12. Ability to give and comprehend verbal orders while wearing personal protective ensembles and SCBA under conditions of high background noise, poor visibility, and drenching from hose lines and/or fixed protection systems (sprinklers), hear alarm signals, hear and locate the source of calls for assistance from victims or other firefighters.
- 13. Functioning as an integral component of a team, where sudden incapacitation of a member can result in mission failure or in risk of injury or death to civilians or other team members.

A student will be required to wear fire protective clothing and SCBA in hazardous, but controlled atmospheres, perform firefighting and rescue operations that expose them to extreme heat, toxic products of combustion and hazardous materials. They will be required to lift and operate equipment and heavy machinery, carry and raise ladders, and climb ladders up to 100' in height. Students may achieve heart rates of 85 to 100% of their maximum capacity during training operations.