

Swiftwater Rescue Level I

It is the responsibility of each student to bring the following items with them to class.

- Helmet: water rescue, kayak, water sport, or climbing
- PFD: Class V PFD
- Gloves: water rescue, SCUBA diving, rope or extrication
- Footwear: water rescue, SCUBA diving, or sneakers
- Thermal protection: wetsuit or dry suit highly suggested