READY, CHECK, INJECT
Protocol for Administering Epinephrine for Acute Anaphylaxis

1. READY  
* Adult Dose: 0.3 mL  
** Pediatric Dose (<55lbs/<25kg): 0.15 mL  
- Wear gloves  
- Use 1mL syringe with 1” needle  
- Use only 1mg/1mL epinephrine

2. CHECK  
Check volume of medication in syringe by comparing to diagram below. (Diagram to scale)  
Use Cross Check, with another person if possible, to confirm the proper dose. (SEE REVERSE)

Pediatric Dose: 0.15 mL  
Adult Dose: 0.3 mL

3. INJECT  
* Inject medication intramuscularly only.

- Align plunger here
- Align plunger here

Identify patient’s mid-thigh. Expose skin if possible.
Flatten skin of mid-thigh with thumb and forefinger. Insert needle quickly at a 90° angle to mid-thigh.
Depress plunger slowly to inject entire dose of medication.
Remove syringe and dispose in proper sharps container.
This protocol is designed to be performed by two people. If a second person is not available, pause at each step, think and confirm before moving to next step. All steps should be confirmed prior to administering the injection.

**PERSON 1**

- Correct Medication: Epinephrine 1 mg / 1 mL
- Correct Dose: Adult 0.3 mL, Pediatric 0.15 mL
- Inspect Syringe: Compare against visual reference (SEE REVERSE)

**PERSON 2**

- Visually inspects vial
- Confirms correct medication
- Confirms correct dose
- Visually inspects and confirms correct volume

**IF CONFIRMATION COMPLETE**

Inject