

READY, CHECK, INJECT

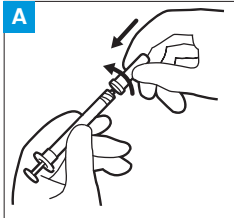
Protocol for Administering Epinephrine for Acute Anaphylaxis

1. READY

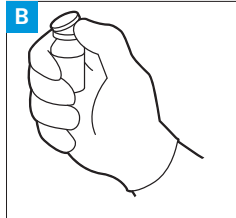
* Adult Dose: 0.3 mL

** Pediatric Dose (<55lbs/<25kg): 0.15 mL

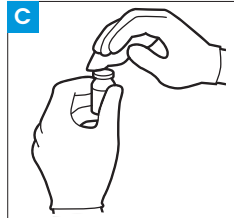
- Wear gloves
- Use 1mL syringe with 1" needle
- Use only 1mg/1mL epinephrine



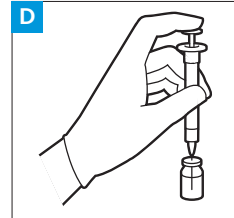
Attach needle to syringe.



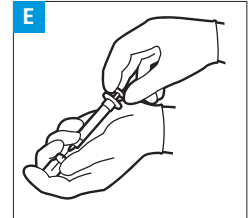
Remove cap from epinephrine vial.



Wipe top of vial with alcohol prep pad.



Remove cap from needle and then carefully insert needle into top of epinephrine vial.

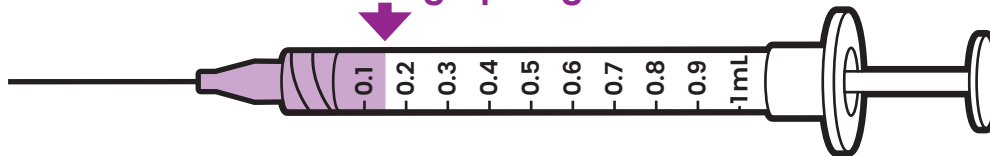


Withdraw correct amount of medication by pulling back on syringe plunger. Refer to numbers on side of syringe.

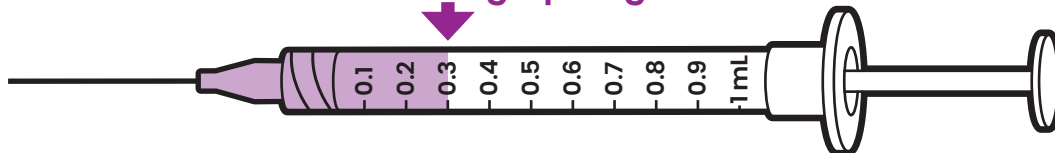
2. CHECK

Check volume of medication in syringe by comparing to diagram below. (Diagram to scale)
Use Cross Check, with another person if possible, to confirm the proper dose. **(SEE REVERSE)**

Pediatric Dose: 0.15 mL **Align plunger here**

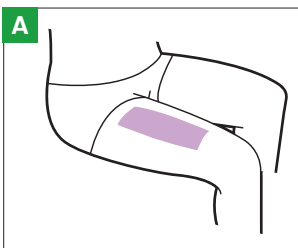


Adult Dose: 0.3 mL **Align plunger here**

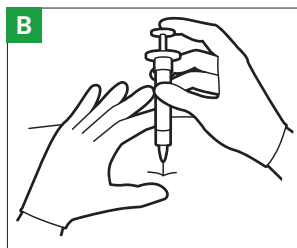


3. INJECT

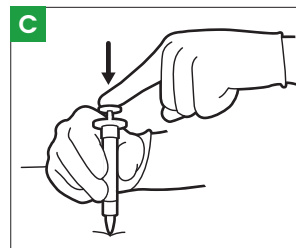
* Inject medication intramuscularly only.



Identify patient's mid-thigh. Expose skin if possible.



Flatten skin of mid-thigh with thumb and forefinger. Insert needle quickly at a 90° angle to mid-thigh.



Depress plunger slowly to inject entire dose of medication.



Remove syringe and dispose in proper sharps container.

READY, CHECK, INJECT CROSS CHECK

- This protocol is designed to be performed by two people.
- **If a second person is not available, pause at each step, think and confirm before moving to next step.**
- All steps should be confirmed prior to administering the injection.

