



New Hampshire Fire Standards & Training Commission

Approved Policy

Title:	Medical Release for Training Programs	Effective Date:	
Meeting Approved		Revised Date:	

PURPOSE

The purpose of this policy is to provide a means to help ensure that students engaged in training requiring strenuous activity, extreme temperatures or the use of self-contained breathing apparatus are medically capable of engaging in these activities.

POLICY

As outlined in many of the NFPA training standards, as well as the 16 Firefighter Life Safety Initiatives, it is the policy of the Fire Standards and Training Commission (FSTC) that all students participating in training programs where a medical release is a prerequisite as approved by the FSTC, shall be required to be medically and physically able to perform the essential job functions as outlined in NFPA 1582.

Each student shall attest to their understanding of, and their ability to perform, the essential job tasks and student activities prior to participating in any training the FSTC has approved that require a medical release.

Each student shall have two options to have the approved medical release form signed:

- A. The Fire Chief or designee shall certify the student has met the medical and physical requirements set forth by their agency and is fit-for-duty to perform the functions of a firefighter.
- B. In the event the Fire Chief or designee is not able or willing to sign, or for all non-affiliated students, a licensed health care professional shall review the Essential Job Tasks and Student Activities and sign off verifying the applicant is fit-for-duty to perform the functions of a firefighter using the approved medical release form.

Medical Clearance Frequency:

- A. For students that are participating in training programs that require a medical release, they must provide a signed medical release not older than 3 years from the end of the training program they wish to attend.
- B. Candidates that are participating in the Candidate Physical Ability Test shall provide a signed medical release with 1 year of the date of testing.

Students desiring to participate in training programs shall provide the required medical release prior to, or by the first day, of the program. Students shall advise their instructor of any changes(s) to their physical condition that may affect their ability to utilize self-contained breathing apparatus, or conduct strenuous or hazardous training.

With the approval of this policy all previously approved medical releases shall remain in effect until their expiration.

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