



# Safety Seconds

## Seconds to Learn. Saving Lives for a Lifetime

### JANUARY: Home Fire Sprinkler Protection

- Home fire sprinklers save lives and property.
- In many situations a family will have their "home" to live in after a decrease possible destruction property.
- The cost of a home fire sprinkler system in a new home averages \$1.61 per sprinklered square foot equaling that of carpet upgrades.
- Cigar smoke or burnt toast will not activate a fire sprinkler. Only the high temperature of a fire will activate a sprinkler
- A home fire sprinkler is easy to maintain.
- Home fire sprinklers are effective in cold and warm climates.

### FEBRUARY: Burn Awareness

- Lower water heater temperature settings to 120°F (49°C) or less
- When filling bathtub, turn on cold water and mix in warmer water.
- Check water temperature by rapidly moving your hand through the water. If the water is hot to an adult it is TOO hot for a child.
- Always supervise children in kitchen and dining areas.
- Do not hold a child or pet while cooking
- Follow instructions and cautions for heating items in a microwave oven.



### MARCH: Kitchen & Cooking Safety

- Never leave cooking appliances unattended.
- Turn pot handles in.
- Don't put knives or other sharp objects into full sink of water.
- Keep paper towels, dishtowels and potholders away from the stovetop to avoid fire.
- Keep a lid nearby when cooking to smother small grease fires. Place lid on, turn off stove, leave covered and do not move until cooled.
- For oven fire turn off the heat and keep the door closed until cool.
- Have "kid free zone" of 3' around stove or where hot food or drink is prepared or carried.



### For Further Information please visit:

[www.nh.gov/safety/divisions/firesafety/pub\\_ed/index.htm](http://www.nh.gov/safety/divisions/firesafety/pub_ed/index.htm)  
[www.sparky.org](http://www.sparky.org)

### APRIL: Spring Cleaning: Yard, House and Garage

- Wear protective goggles and ear protection while using outdoor machinery to prevent sight and hearing-loss injuries.
- Keep all garden tools out of reach of children.
- Fuel mowers outside and only when the motor is completely cool.
- Store small quantities of gasoline outside the home in a detached garage or shed, tightly sealed in an approved safety container.
- Start the mower outdoors to avoid raising carbon monoxide levels inside the home or garage.
- Store pesticides in their original containers and out of the reach of children, and only mix and store pesticides in containers not used for eating or drinking.

### MAY: Electrical Safety

- Have all electrical work done by a qualified licensed electrician.
- When buying or remodeling a home, have it inspected by a qualified licensed electrician.
- Only plug one heat-producing appliance (coffee maker, toaster, space heater, etc) into a receptacle outlet at a time.
- Check electrical cords to make sure that are not running across doorways or under carpets.
- Extension cords are intended for temporary use.
- Use light bulbs that match the recommended wattage or fixture.

### JUNE: Home Escape Planning & Have Two Ways Out

- Develop a home escape plan. Draw map of your home including all doors and windows.
- Know two ways out of every room, use sticky notes labeled Exit 1 and Exit 2 and place on the two ways out of every room. This gives a visual to youngsters on the 2 ways out.
- Have an outside meeting place a (mailbox, tree, neighbors house, etc) where everyone can meet a safe distance from the home.
- PRACTICE your home fire drill at night and during the day at least twice a year.
- Teach children how to escape on their own in case they can't be helped.
- Call 9-1-1 after you've left the house.

