



2016 POPULATION ESTIMATES OF NEW HAMPSHIRE CITIES AND TOWNS

Prepared by the New Hampshire Office of Strategic Initiatives

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The Office of Strategic Initiatives (OSI; formerly the Office of Energy and Planning) is required by Law (RSA 78-A:25) to estimate the population of the State's municipalities on an annual basis. The law stipulates that the estimates be certified to the State Treasurer by August 19th and that they reflect population levels of the preceding year. Further, the law requires that the definition of resident be the same as that of the US Decennial Census.

The accompanying figures are ESTIMATES and are so labeled. Users of these figures should be aware that many of the data used to calculate the estimates were collected by local governmental units for purposes other than accounting for population change. The methods which convert these data into estimated population, such as building permits, have been developed to reflect true population insofar as possible. Data used to calculate estimates in past years are subject to change. For this and other reasons, OSI strongly recommends that these estimates *not* be compared on a year-to-year basis.

Some communities may have estimating procedures that are different from those used by OSI. Also, some communities have established population figures based on their own enumeration (census) efforts. These local efforts can render highly accurate results. OSI however uses a uniform estimating system that is applied equally to all 234 communities. It is likely that if OSI staff were to estimate any one municipality on an individual basis, the resulting estimate would be different from the one contained herein.

The accompanying table shows the total population of New Hampshire's municipalities from the 2000 and 2010 censuses, and OSI's estimate for 2016. These figures are composed of the household population and of persons living in group quarters. Group quarters populations consist of persons living in college residence halls, some types of nursing homes, prisons, etc. Many municipalities have no group quarters populations. For the convenience of data users, the table shows the 2016 group quarters population that is part of the total estimated population.

Anyone wishing further information regarding these estimates should contact the Office of Strategic Initiatives, 107 Pleasant St., Concord, New Hampshire 03301 - telephone (603) 271-2155.

OSI ESTIMATE METHODOLOGY

For Estimating Total Population

The official estimates of population are based on a dwelling unit method. The method attempts to translate permits issued for new dwellings into estimated population.

The 2010 US Census serves as a benchmark; changes in the number of dwellings are used to update the dwelling unit counts by the US Census. Two rates are used to convert the estimated number of dwellings into estimated population. These rates are population per household and occupancy rates. The rates are taken from the 2010 decennial census.

The dwelling unit calculations estimate household population. Group Quarters population (persons living in residence halls, prisons, etc.) is estimated using the 2010 census and updated using an annual OSI survey of establishments known to have group quarters population.

The individual municipal estimates are proportionately controlled to an existing estimated state total. This state total is prepared with the state as a single statistical entity. In turn, this state total results from an adjustment to conform to a national total. The state total is prepared by the Census Bureau's Federal-State Cooperative Program for Population Estimates (FSCPE).

As an example, the 2016 calculations of the dwelling unit method for the town of Alton appear below:

Census 2010 Total Units	Permits Issued to 2016	Percent of Units Occupied	2016 Occupied Units	Population Per Household	2016 Raw Estimated Population
4,281	62	0.50105	2,176	2.45	5,331

2016 Estimated Group Quarters Population	State Total Adjustment (0.9859156)	2016 Final Estimated Population
0	-75	5,256

Belknap County:

Municipality	Total Population U.S. Census		Total Population OSI Estimate	Group Quarters Population	Persons per Square Mile
	<u>2000</u>	<u>2010</u>	<u>2016</u>	<u>2016</u>	<u>2016</u>
Alton	4,502	5,250	5,256	0	82.23
Barnstead	3,886	4,593	4,617	0	107.51
Belmont	6,716	7,356	7,300	15	242.15
Center Harbor	996	1,096	1,078	14	80.86
Gilford	6,803	7,126	7,153	0	184.39
Gilmanton	3,060	3,777	3,731	0	64.73
Laconia	16,411	15,951	16,444	457	818.32
Meredith	5,943	6,241	6,341	191	157.27
New Hampton	1,950	2,165	2,233	56	60.66
Sanbornton	2,581	2,966	2,979	14	63.00
Tilton	3,477	3,567	3,633	243	318.33
Belknap Co.	56,325	60,088	60,765	990	150.89

Water area not included in persons per sq. mi calculations.
Group Quarters population is included in total population.

Carroll County:

Municipality	Total Population U.S. Census		Total Population OSI Estimate	Group Quarters Population	Persons per Square Mile
	<u>2000</u>	<u>2010</u>	<u>2016</u>	<u>2016</u>	<u>2016</u>
Albany	654	735	736	0	9.76
Bartlett	2,705	2,788	2,807	0	37.52
Brookfield	604	712	707	0	30.93
Chatham	260	337	335	0	5.90
Conway	8,604	10,115	10,053	169	144.27
Eaton	375	393	408	0	16.72
Effingham	1,273	1,465	1,473	0	37.89
Freedom	1,303	1,489	1,532	9	44.41
Harts Location	37	41	42	0	2.18
Jackson	835	816	839	0	12.56
Madison	1,984	2,502	2,578	4	66.62
Moultonboro	4,484	4,044	4,085	0	68.04
Ossipee	4,211	4,345	4,388	180	61.89
Sandwich	1,286	1,326	1,333	0	14.61
Tamworth	2,510	2,856	2,886	11	48.24
Tuftonboro	2,148	2,387	2,385	0	58.71
Wakefield	4,252	5,078	5,058	8	127.96
Wolfeboro	6,083	6,269	6,246	67	129.20
Carroll Co. (incorporated areas only)	43,608	47,698	47,891	448	51.36

Population of unincorporated places not included in above figures.

Water area and unincorporated area not included in persons per sq. mi calculations.

Group Quarters population is included in total population.

Cheshire County:

Municipality	Total Population U.S. Census		Total Population OSI Estimate	Group Quarters Population	Persons per Square Mile
	<u>2000</u>	<u>2010</u>	<u>2016</u>	<u>2016</u>	<u>2016</u>
Alstead	1,944	1,937	1,949	0	50.01
Chesterfield	3,542	3,604	3,598	0	78.92
Dublin	1,476	1,597	1,581	76	56.68
Fitzwilliam	2,141	2,396	2,390	0	69.03
Gilsum	777	813	816	8	48.95
Harrisville	1,075	961	949	0	50.71
Hinsdale	4,082	4,046	4,029	0	194.53
Jaffrey	5,476	5,457	5,387	69	140.26
Keene	22,563	23,409	23,145	2,679	624.64
Marlborough	2,009	2,063	2,129	2	104.32
Marlow	747	742	742	0	28.51
Nelson	634	729	725	0	33.10
Richmond	1,077	1,155	1,156	1	30.79
Rindge	5,451	6,014	6,322	1,422	170.54
Roxbury	237	229	225	0	18.81
Stoddard	928	1,232	1,260	0	24.75
Sullivan	746	677	691	0	37.26
Surry	673	732	739	0	47.10
Swanzy	6,800	7,230	7,334	13	163.20
Troy	1,962	2,145	2,132	0	122.13
Walpole	3,594	3,734	3,861	0	108.22
Westmoreland	1,747	1,874	1,734	150	48.28
Winchester	4,144	4,341	4,333	65	78.82
Cheshire Co.	73,825	77,117	77,227	4,485	109.13

Water area not included in persons per sq. mi calculations.

Group Quarters population is included in total population.

Coos County:

Municipality	Total Population U.S. Census		Total Population OSI Estimate	Group Quarters Population	Persons per Square Mile
	<u>2000</u>	<u>2010</u>	<u>2016</u>	<u>2016</u>	<u>2016</u>
Berlin	10,331	10,051	10,464	1,947	170.24
Carroll	663	763	780	73	15.52
Clarksville	294	265	272	0	4.50
Colebrook	2,321	2,301	2,301	10	56.45
Columbia	750	757	756	10	12.35
Dalton	927	979	981	0	35.62
Dummer	309	304	301	0	6.29
Errol	298	291	289	2	4.75
Gorham	2,895	2,848	2,800	0	87.78
Jefferson	1,006	1,107	1,108	0	22.12
Lancaster	3,280	3,507	3,515	202	70.02
Milan	1,331	1,337	1,338	0	20.93
Northumberland	2,438	2,288	2,244	3	61.10
Pittsburg	867	869	874	0	3.10
Randolph	339	310	307	0	6.52
Shelburne	379	372	372	0	7.77
Stark	516	556	568	0	9.59
Stewartstown	1,012	1,004	1,029	141	22.12
Stratford	942	746	747	0	9.35
Whitefield	2,038	2,306	2,360	62	68.81
Coos Co. (incorporated areas only)	32,936	32,961	33,406	2,450	26.93

Population of unincorporated places not included in above figures.

Water area and unincorporated area not included in persons per sq. mi calculations.

Group Quarters population is included in total population.

Grafton County:

Municipality	Total Population U.S. Census		Total Population OSI Estimate	Group Quarters Population	Persons per Square Mile
	<u>2000</u>	<u>2010</u>	<u>2016</u>	<u>2016</u>	<u>2016</u>
Alexandria	1,329	1,613	1,639	0	37.64
Ashland	1,955	2,076	2,082	0	183.93
Bath	893	1,077	1,090	0	28.57
Benton	314	364	374	117	7.71
Bethlehem	2,199	2,526	2,554	34	28.10
Bridgewater	974	1,083	1,091	0	50.81
Bristol	3,033	3,054	3,070	49	179.78
Campton	2,719	3,333	3,352	3	64.54
Canaan	3,319	3,909	3,920	59	73.54
Dorchester	353	355	359	0	8.05
Easton	256	254	265	0	8.51
Ellsworth	87	83	85	0	3.97
Enfield	4,618	4,582	4,629	5	114.87
Franconia	924	1,104	1,117	68	16.99
Grafton	1,138	1,340	1,363	0	32.76
Groton	456	593	592	0	14.54
Hanover	10,850	11,260	11,467	4,196	233.54
Haverhill	4,416	4,697	4,669	246	91.27
Hebron	459	602	621	12	36.83
Holderness	1,930	2,108	2,106	72	68.98
Landaff	378	415	415	0	14.61
Lebanon	12,568	13,151	13,599	31	337.16
Lincoln	1,271	1,662	1,726	0	13.20
Lisbon	1,587	1,595	1,599	0	60.34
Littleton	5,845	5,928	5,914	31	118.20
Lyman	487	533	540	0	19.02
Lyme	1,679	1,716	1,710	11	31.76
Monroe	759	788	792	0	35.31
Orange	299	331	331	0	14.34
Orford	1,091	1,237	1,235	0	26.60
Piermont	709	790	782	0	20.25
Plymouth	5,892	6,990	6,764	2,034	239.66
Rumney	1,480	1,480	1,490	15	35.50
Sugar Hill	563	563	574	0	33.53
Thornton	1,843	2,490	2,532	0	50.36
Warren	873	904	916	0	18.84
Waterville Valley	257	247	246	0	3.82
Wentworth	798	911	910	0	21.75
Woodstock	1,139	1,374	1,371	0	23.44
Grafton Co. (incorp. areas only)	81,740	89,118	89,891	6,983	54.50

Hillsborough County:

Municipality	Total Population U.S. Census		Total Population OSI Estimate	Group Quarters Population	Persons per Square Mile
	<u>2000</u>	<u>2010</u>	<u>2016</u>	<u>2016</u>	<u>2016</u>
Amherst	10,769	11,201	11,283	0	332.49
Antrim	2,449	2,637	2,619	22	73.41
Bedford	18,274	21,203	22,733	600	694.03
Bennington	1,401	1,476	1,457	0	128.32
Brookline	4,181	4,991	5,219	0	262.06
Deering	1,875	1,912	1,910	85	62.46
Francestown	1,480	1,562	1,562	0	52.33
Goffstown	16,929	17,651	17,765	2,144	478.28
Greenfield	1,657	1,749	1,825	197	68.90
Greenville	2,224	2,105	2,069	0	300.82
Hancock	1,739	1,654	1,647	19	54.94
Hillsborough	4,928	6,011	5,958	4	136.34
Hollis	7,015	7,684	7,775	2	244.72
Hudson	22,928	24,467	24,888	224	872.23
Litchfield	7,360	8,271	8,415	0	563.93
Lyndeborough	1,585	1,683	1,709	0	56.68
Manchester	107,006	109,565	109,886	2,401	3,325.02
Mason	1,147	1,382	1,390	0	57.98
Merrimack	25,119	25,494	25,396	94	778.44
Milford	13,535	15,115	15,238	243	599.55
Mont Vernon	2,034	2,409	2,485	2	147.66
Nashua	86,605	86,494	87,590	1,352	2,848.16
New Boston	4,138	5,321	5,541	7	128.93
New Ipswich	4,289	5,099	5,187	4	158.43
Pelham	10,914	12,897	13,221	0	503.03
Peterborough	5,883	6,284	6,526	320	171.66
Sharon	360	352	353	0	22.54
Temple	1,297	1,366	1,394	99	62.65
Weare	7,776	8,785	8,821	0	149.37
Wilton	3,743	3,677	3,668	9	143.23
Windsor	201	224	217	0	26.31
Hillsborough Co.	380,841	400,721	405,747	7,828	462.59

Water area not included in persons per sq. mi calculations.
Group Quarters population is included in total population.

Merrimack County:

Municipality	Total Population U.S. Census		Total Population OSI Estimate	Group Quarters Population	Persons per Square Mile
	<u>2000</u>	<u>2010</u>	<u>2016</u>	<u>2016</u>	<u>2016</u>
Allenstown	4,843	4,322	4,307	23	210.45
Andover	2,109	2,371	2,360	180	58.72
Boscawen	3,672	3,965	3,952	562	158.95
Bow	7,138	7,519	7,715	0	273.86
Bradford	1,454	1,650	1,663	0	47.20
Canterbury	1,979	2,352	2,366	25	53.84
Chichester	2,236	2,523	2,573	14	121.40
Concord	40,687	42,695	42,501	2,654	664.50
Danbury	1,071	1,164	1,173	0	31.07
Dunbarton	2,226	2,758	2,800	0	90.81
Epsom	4,021	4,566	4,702	81	136.37
Franklin	8,405	8,477	8,553	255	309.11
Henniker	4,433	4,836	4,871	622	110.42
Hill	992	1,089	1,092	0	40.95
Hooksett	11,721	13,451	14,464	1,073	399.62
Hopkinton	5,399	5,589	5,612	0	129.67
Loudon	4,481	5,317	5,466	4	118.78
New London	4,116	4,397	4,333	868	193.86
Newbury	1,702	2,072	2,149	0	60.01
Northfield	4,548	4,829	4,814	52	168.36
Pembroke	6,897	7,115	7,072	53	312.42
Pittsfield	3,931	4,106	4,072	54	168.78
Salisbury	1,137	1,382	1,399	0	35.36
Sutton	1,544	1,837	1,849	0	43.45
Warner	2,760	2,833	2,888	146	52.28
Webster	1,579	1,872	1,877	29	66.41
Wilmot	1,144	1,358	1,362	0	46.32

Merrimack Co.	136,225	146,445	147,985	6,695	158.52
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Water area not included in persons per sq. mi calculations.
 Group Quarters population is included in total population.

Rockingham County:

Municipality	Total Population U.S. Census		Total Population OSI Estimate	Group Quarters Population	Persons per Square Mile
	<u>2000</u>	<u>2010</u>	<u>2016</u>	<u>2016</u>	<u>2016</u>
Atkinson	6,178	6,751	6,748	0	603.63
Auburn	4,682	4,953	5,393	2	211.65
Brentwood	3,197	4,486	4,643	443	273.60
Candia	3,911	3,909	3,899	0	128.57
Chester	3,792	4,768	4,969	0	190.87
Danville	4,023	4,387	4,447	3	381.83
Deerfield	3,678	4,280	4,480	6	88.23
Derry	34,021	33,109	32,914	203	928.96
East Kingston	1,784	2,357	2,392	0	241.28
Epping	5,476	6,411	6,871	2	263.47
Exeter	14,058	14,306	14,845	368	751.36
Fremont	3,510	4,283	4,669	62	270.59
Greenland	3,208	3,549	3,886	25	368.68
Hampstead	8,297	8,523	8,644	6	644.75
Hampton	14,937	14,976	15,145	609	1,222.85
Hampton Falls	1,880	2,236	2,233	0	162.31
Kensington	1,893	2,124	2,114	0	176.45
Kingston	5,862	6,025	6,069	0	305.74
Londonderry	23,236	24,129	25,361	0	603.43
New Castle	1,010	968	963	0	1,182.56
Newfields	1,551	1,680	1,692	0	238.50
Newington	775	753	781	14	94.78
Newmarket	8,027	8,936	9,172	5	729.90
Newton	4,289	4,603	4,901	0	498.33
North Hampton	4,259	4,301	4,514	4	324.11
Northwood	3,640	4,241	4,207	0	149.56
Nottingham	3,701	4,785	4,962	8	106.65
Plaistow	7,747	7,609	7,667	5	722.71
Portsmouth	20,784	21,233	21,524	457	1,372.88
Raymond	9,674	10,138	10,282	19	356.86
Rye	5,182	5,298	5,439	131	430.23
Salem	28,112	28,776	28,752	62	1,159.01
Sandown	5,143	5,986	6,260	7	447.53
Seabrook	7,934	8,693	8,829	8	981.04
South Hampton	844	814	810	1	102.39
Stratham	6,355	7,255	7,359	0	486.58
Windham	10,709	13,592	14,358	60	537.31
Rockingham Co.	277,359	295,223	302,194	2,510	433.43

Water area not included in persons per sq. mi calculations.
 Group Quarters population is included in total population.

Strafford County:

Municipality	Total Population U.S. Census		Total Population OSI Estimate	Group Quarters Population	Persons per Square Mile
	<u>2000</u>	<u>2010</u>	<u>2016</u>	<u>2016</u>	<u>2016</u>
Barrington	7,475	8,576	8,843	14	189.36
Dover	26,884	29,987	30,683	959	1,147.49
Durham	12,664	14,638	16,116	7,691	719.36
Farmington	5,774	6,786	6,794	16	186.07
Lee	4,145	4,330	4,335	8	216.95
Madbury	1,509	1,771	1,797	0	155.62
Middleton	1,440	1,783	1,786	0	98.81
Milton	3,910	4,598	4,549	1	137.59
New Durham	2,220	2,638	2,608	0	63.01
Rochester	28,461	29,752	30,027	335	669.87
Rollinsford	2,648	2,527	2,527	0	345.57
Somersworth	11,477	11,766	11,684	12	1,190.56
Strafford	3,626	3,991	4,058	6	82.86
Strafford Co.	112,233	123,143	125,807	9,042	342.49

Water area not included in persons per sq. mi calculations.

Group Quarters population is included in total population.

Sullivan County:

Municipality	Total Population U.S. Census		Total Population OSI Estimate	Group Quarters Population	Persons per Square Mile
	<u>2000</u>	<u>2010</u>	<u>2016</u>	<u>2016</u>	<u>2016</u>
Acworth	836	891	897	0	23.04
Charlestown	4,749	5,114	5,110	96	142.64
Claremont	13,151	13,355	13,233	239	306.68
Cornish	1,661	1,640	1,640	0	39.08
Croydon	661	764	758	0	20.60
Goshen	741	810	815	7	36.31
Grantham	2,167	2,985	3,018	0	110.99
Langdon	586	688	692	0	42.41
Lempster	971	1,154	1,170	0	36.19
Newport	6,269	6,507	6,450	125	148.20
Plainfield	2,241	2,364	2,399	46	45.94
Springfield	945	1,311	1,329	0	30.47
Sunapee	3,055	3,365	3,437	62	163.13
Unity	1,530	1,671	1,604	206	43.39
Washington	895	1,123	1,126	0	24.75

Sullivan Co.	40,458	43,742	43,678	781	81.21
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New Hampshire (incorporated areas only)	1,235,550	1,316,256	1,334,591	42,212	159.92
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Population of unincorporated places not included in above figures.

Total estimated population of New Hampshire (including unincorporated areas) is **1,334,795**.

Water area and unincorporated area not included in persons per sq. mi. calculations.

Group Quarters population is included in total population.