



## **2014 Population Estimates of New Hampshire Cities and Towns**

**Prepared by the**

**New Hampshire Office of Energy and Planning**

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The Office of Energy and Planning (OEP) is required by law (RSA 78-A:25) to estimate the population of the State's municipalities on an annual basis. The law stipulates that the estimates be certified to the State Treasurer by August 19th and that they reflect population levels of the preceding year. Further, the law requires that the definition of resident be the same as that of the US Decennial Census.

The accompanying figures are **ESTIMATES** and are so labeled. Users of these figures should be aware that many of the data used to calculate the estimates were collected by local governmental units for purposes other than accounting for population change. The methods which convert these data into estimated population, such as building permits, have been developed to reflect true population insofar as possible. Data used to calculate estimates in past years are subject to change. For this and other reasons, OEP strongly recommends that these estimates not be compared on a year-to-year basis.

Some communities may have estimating procedures that are different from the ones used by OEP. Also, some communities have established population figures based on their own enumeration (census) efforts. These local efforts can render highly accurate results. The OEP however uses a uniform estimating system that is applied equally to all 234 communities. It is likely that if OEP staff were to estimate any one municipality on an individual basis, the resulting estimate would be different than the one contained herein.

The accompanying table shows the total population of NH's municipalities from the 2000 and 2010 censuses, and OEP's estimate for 2014. These figures are composed of the household population and of persons living in group quarters. Group quarters populations consist of persons living in college residence halls, some types of nursing homes, prisons, etc. Many municipalities have no group quarters populations. For the convenience of data users, the table shows the 2014 group quarters population that is part of the total estimated population.

Populations for unincorporated areas are not included in this report.

Anyone wishing further information regarding these estimates should contact the Office of Energy and Planning, 107 Pleasant St., Concord, New Hampshire 03301 - telephone (603) 271-2155.

## OEP ESTIMATE METHODOLOGY FOR ESTIMATING TOTAL POPULATION

The official estimates of population are based on a dwelling unit method. The method attempts to translate permits issued for new dwellings into estimated population.

The 2010 US Census serves as a benchmark; changes in the number of dwellings are used to update the dwelling unit counts by the US Census. Two rates are used to convert the estimated number of dwellings into estimated population. These rates are population per household and occupancy rates. These rates vary considerably by housing type. For this reason, data and calculations are divided into single family, multi-family and manufactured housing types. The rates are taken from the 2010 decennial census.

The dwelling unit calculations estimate household population. Group Quarters population, persons living in dormitories, prisons, etc., is estimated using the 2010 census and updated using an annual OEP survey of establishments known to have group quarters population.

The individual municipal estimates are proportionately controlled to an existing estimated state total. This state total is prepared with the state as a single statistical entity. In turn, this state total results from an adjustment to conform to a national total. The state total is prepared by the Census Bureau's Federal-State Cooperative Program for Population Estimates (FSCPE).

As an example, the 2002 calculations of the dwelling unit method for the town of Alton appear below:

	Census 2000 Total <u>Units</u>	Permits Issued to <u>2002</u>	Percent of Units <u>Occupied</u>	2002 Occupied <u>Units</u>
Single Family	3,133	124	0.4868	1,586
Multi-Family	200	6	0.7950	164
Mfg Units	189	6	0.7460	145
	<u>Population per Household</u>	2002 Estimated		
		<u>Population</u>		
Single Family	2.52	3,995		
Multi-Family	2.53	414		
Mfg. Units	1.87	272		
		0	'02 Est. Group Quarters Population	
		<u>12</u>	State Total Adj. (1.002563)	
		<b>4,693</b>		

Municipality	I----- Total Population -----I			2014	
	U.S. Census 2000	OEP Estimate		Group Quarters Pop	2014 Persons per Square Mile
		2010	2014		
Alton	4,502	5,250	5,252	0	82.2
Barnstead	3,886	4,593	4,596	0	107.1
Belmont	6,716	7,356	7,303	18	242.5
Center Harbor	996	1,096	1,079	14	81
Gilford	6,803	7,126	7,132	0	184
Gilmanton	3,060	3,777	3,742	0	65
Laconia	16,411	15,951	16,089	446	801.4
Meredith	5,943	6,241	6,287	151	156.1
New Hampton	1,950	2,165	2,204	56	59.9
Sanbornton	2,581	2,966	2,980	16	63.1
Tilton	3,477	3,567	3,630	244	318.4
Belknap Co.	56,325	60,088	60,294	945	149.9

Water area not included in persons per sq. mi calculations.  
Group Quarters population is included in total population.

Municipality	I----- Total Population -----I			2014	
	U.S. Census 2000	OEP Estimate		Group Quarters Pop	2014 Persons per Square Mile
		2010	2014		
Albany	654	735	733	0	9.7
Bartlett	2,705	2,788	2,792	0	37.4
Brookfield	604	712	710	0	31.1
Chatham	260	337	334	0	5.9
Conway	8,604	10,115	10,068	164	144.6
Eaton	375	393	404	0	16.6
Effingham	1,273	1,465	1,554	81	40
Freedom	1,303	1,489	1,523	10	44.2
Harts Location	37	41	42	0	2.2
Jackson	835	816	828	0	12.4
Madison	1,984	2,502	2,560	7	66.2
Moultonboro	4,484	4,044	4,070	0	67.8
Ossipee	4,211	4,345	4,338	161	61.2
Sandwich	1,286	1,326	1,334	0	14.6
Tamworth	2,510	2,856	2,882	11	48.2
Tuftonboro	2,148	2,387	2,378	0	58.6
Wakefield	4,252	5,078	5,059	6	128.1
Wolfeboro	6,083	6,269	6,255	70	129.5
Carroll Co.	43,608	47,698	47,864	510	51.4

Population of unincorporated places not included in above figures.

Water area and unincorporated area not included in persons per sq. mi calculations.

Group Quarters population is included in total population.

Municipality	I----- Total Population -----I			2014	
	U.S. Census 2000	OEP Estimate		Group Quarters Pop	2014 Persons per Square Mile
		2010	2014		
Alstead	1,944	1,937	1,940	0	49.8
Chesterfield	3,542	3,604	3,607	0	79.2
Dublin	1,476	1,597	1,586	76	56.9
Fitzwilliam	2,141	2,396	2,389	0	69.1
Gilsum	777	813	812	8	48.7
Harrisville	1,075	961	956	0	51.1
Hinsdale	4,082	4,046	4,021	0	194.3
Jaffrey	5,476	5,457	5,403	70	140.8
Keene	22,563	23,409	23,542	3,005	635.9
Marlborough	2,009	2,063	2,108	2	103.4
Marlow	747	742	745	0	28.7
Nelson	634	729	726	0	33.2
Richmond	1,077	1,155	1,161	1	31
Rindge	5,451	6,014	5,980	1,107	161.5
Roxbury	237	229	226	0	19
Stoddard	928	1,232	1,254	0	24.7
Sullivan	746	677	683	0	36.9
Surry	673	732	740	0	47.2
Swanzey	6,800	7,230	7,330	15	163.3
Troy	1,962	2,145	2,141	0	122.8
Walpole	3,594	3,734	3,734	0	104.7
Westmoreland	1,747	1,874	1,738	153	48.4
Winchester	4,144	4,341	4,325	55	78.7
Cheshire Co.	73,825	77,117	77,147	4,492	109.1

Water area not included in persons per sq. mi calculations.  
Group Quarters population is included in total population.

Municipality	I----- Total Population -----I			2014	
	U.S. Census 2000	OEP Estimate		Group Quarters Pop	2014 Persons per Square Mile
		2010	2014		
Berlin	10,331	10,051	10,638	2,023	173.1
Carroll	663	763	775	73	15.4
Clarksville	294	265	272	0	4.5
Colebrook	2,321	2,301	2,298	10	56.4
Columbia	750	757	760	10	12.4
Dalton	927	979	974	0	35.4
Dummer	309	304	300	0	6.3
Errol	298	291	289	2	4.8
Gorham	2,895	2,848	2,820	0	88.5
Jefferson	1,006	1,107	1,103	0	22
Lancaster	3,280	3,507	3,540	223	70.6
Milan	1,331	1,337	1,337	0	20.9
Northumberland	2,438	2,288	2,260	3	61.6
Pittsburg	867	869	870	0	3.1
Randolph	339	310	309	0	6.6
Shelburne	379	372	373	0	7.8
Stark	516	556	563	0	9.5
Stewartstown	1,012	1,004	1,029	151	22.1
Stratford	942	746	747	0	9.4
Whitefield	2,038	2,306	2,332	58	68.1
Coos Co.	32,936	32,961	33,589	2,553	27.1

Population of unincorporated places not included in above figures.

Water area and unincorporated area not included in persons per sq. mi calculations.

Group Quarters population is included in total population.

Municipality	I----- Total Population -----I			2014	
	U.S. Census 2000	OEP Estimate		Group Quarters Pop	2014 Persons per Square Mile
		2010	2014		
Alexandria	1,329	1,613	1,633	0	37.5
Ashland	1,955	2,076	2,083	0	184.2
Bath	893	1,077	1,090	0	28.6
Benton	314	364	374	117	7.7
Bethlehem	2,199	2,526	2,541	27	28
Bridgewater	974	1,083	1,088	0	50.7
Bristol	3,033	3,054	3,075	49	180.2
Campton	2,719	3,333	3,346	3	64.5
Canaan	3,319	3,909	3,908	59	73.4
Dorchester	353	355	361	0	8.1
Easton	256	254	259	0	8.4
Ellsworth	87	83	87	0	4.1
Enfield	4,618	4,582	4,613	5	114.6
Franconia	924	1,104	1,126	80	17.1
Grafton	1,138	1,340	1,364	0	32.8
Groton	456	593	590	0	14.5
Hanover	10,850	11,260	11,370	4,072	231.8
Haverhill	4,416	4,697	4,746	314	92.9
Hebron	459	602	615	12	36.5
Holderness	1,930	2,108	2,102	72	68.9
Landaff	378	415	418	0	14.8
Lebanon	12,568	13,151	13,557	34	336.4
Lincoln	1,271	1,662	1,658	0	12.7
Lisbon	1,587	1,595	1,603	0	60.5
Littleton	5,845	5,928	5,934	35	118.7
Lyman	487	533	541	0	19.1
Lyme	1,679	1,716	1,707	11	31.7
Monroe	759	788	788	0	35.1
Orange	299	331	330	0	14.3
Orford	1,091	1,237	1,239	0	26.7
Piermont	709	790	786	0	20.4
Plymouth	5,892	6,990	6,717	1,977	238.2
Rumney	1,480	1,480	1,475	15	35.2
Sugar Hill	563	563	570	0	33.4
Thornton	1,843	2,490	2,517	0	50.1
Warren	873	904	909	0	18.7
Waterville Valley	257	247	247	0	3.8
Wentworth	798	911	916	0	21.9
Woodstock	1,139	1,374	1,375	0	23.5
Grafton Co.	81,740	89,118	89,658	6,882	54.4

Population of unincorporated places not included in above figures.

Water area and unincorporated area not included in persons per sq. mi calculations.

Group Quarters population is included in total population.

Municipality	----- Total Population -----			2014	
	U.S. Census 2000	OEP Estimate 2010	OEP Estimate 2014	Group Quarters Pop	2014 Persons per Square Mile
Amherst	10,769	11,201	11269	0	332.4
Antrim	2,449	2,637	2634	22	73.9
Bedford	18,274	21,203	21824	585	666.8
Bennington	1,401	1,476	1463	0	129
Brookline	4,181	4,991	5111	0	256.9
Deering	1,875	1,912	1919	91	62.8
Fracestown	1,480	1,562	1563	0	52.4
Goffstown	16,929	17,651	17752	2,134	478.3
Greenfield	1,657	1,749	1828	201	69.1
Greenville	2,224	2,105	2074	0	301.8
Hancock	1,739	1,654	1645	19	54.9
Hillsborough	4,928	6,011	5966	10	136.6
Hollis	7,015	7,684	7722	0	243.2
Hudson	22,928	24,467	24668	219	865.3
Litchfield	7,360	8,271	8363	0	560.9
Lyndeborough	1,585	1,683	1690	0	56.1
Manchester	107,006	109,565	109441	2,442	3314.4
Mason	1,147	1,382	1391	0	58.1
Merrimack	25,119	25,494	25408	96	779.4
Milford	13,535	15,115	15209	245	598.9
Mont Vernon	2,034	2,409	2455	2	146
Nashua	86,605	86,494	87029	1,464	2832.4
New Boston	4,138	5,321	5422	11	126.3
New Ipswich	4,289	5,099	5115	6	156.4
Pelham	10,914	12,897	13069	0	497.7
Peterborough	5,883	6,284	6450	302	169.8
Sharon	360	352	352	0	22.5
Temple	1,297	1,366	1380	83	62.1
Weare	7,776	8,785	8830	0	149.7
Wilton	3,743	3,677	3667	9	143.4
Windsor	201	224	237	24	28.9
Hillsborough Co.	380,841	400,721	402,946	7,965	459.8

Water area not included in persons per sq. mi calculations.

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Municipality	I----- Total Population -----I			2014	
	U.S. Census 2000	OEP Estimate		Group Quarters Pop	2014 Persons per Square Mile
		2010	2014		
Allenstown	4,843	4,322	4,312	31	210.8
Andover	2,109	2,371	2,362	177	58.8
Boscawen	3,672	3,965	3,939	538	158.5
Bow	7,138	7,519	7,638	0	271.4
Bradford	1,454	1,650	1,656	0	47.1
Canterbury	1,979	2,352	2,363	25	53.8
Chichester	2,236	2,523	2,555	15	120.6
Concord	40,687	42,695	42,478	2,945	664.7
Danbury	1,071	1,164	1,167	0	30.9
Dunbarton	2,226	2,758	2,777	0	90.2
Epsom	4,021	4,566	4,667	99	135.5
Franklin	8,405	8,477	8,466	207	306.3
Henniker	4,433	4,836	4,883	623	110.8
Hill	992	1,089	1,090	0	40.9
Hooksett	11,721	13,451	14,499	1,114	400.9
Hopkinton	5,399	5,589	5,602	0	129.6
Loudon	4,481	5,317	5,375	4	116.9
New London	4,116	4,397	4,553	1,090	203.7
Newbury	1,702	2,072	2,096	0	58.5
Northfield	4,548	4,829	4,806	47	168.3
Pembroke	6,897	7,115	7,077	53	312.9
Pittsfield	3,931	4,106	4,084	57	169.5
Salisbury	1,137	1,382	1,389	0	35.2
Sutton	1,544	1,837	1,846	0	43.4
Warner	2,760	2,833	2,867	130	52
Webster	1,579	1,872	1,871	26	66.3
Wilmot	1,144	1,358	1,360	0	46.3
Merrimack Co.	136,225	146,445	147,778	7,181	158.4

Water area not included in persons per sq. mi calculations.  
Group Quarters population is included in total population.

Municipality	I----- Total Population -----I			2014	
	U.S. Census 2000	OEP Estimate		Group Quarters Pop	2014 Persons per Square Mile
		2010	2014		
Atkinson	6,178	6,751	6,728	0	602.3
Auburn	4,682	4,953	5,222	2	205.1
Brentwood	3,197	4,486	4,727	521	278.8
Candia	3,911	3,909	3,911	0	129.1
Chester	3,792	4,768	4,818	0	185.2
Danville	4,023	4,387	4,433	3	381
Deerfield	3,678	4,280	4,385	1	86.4
Derry	34,021	33,109	32,960	200	931.1
East Kingston	1,784	2,357	2,387	0	241
Epping	5,476	6,411	6,736	2	258.5
Exeter	14,058	14,306	14,385	289	728.7
Fremont	3,510	4,283	4,531	60	262.8
Greenland	3,208	3,549	3,776	25	358.5
Hampstead	8,297	8,523	8,555	0	638.6
Hampton	14,937	14,976	15,011	610	1213.1
Hampton Falls	1,880	2,236	2,241	0	163
Kensington	1,893	2,124	2,113	0	176.5
Kingston	5,862	6,025	6,015	0	303.3
Londonderry	23,236	24,129	24,305	0	578.8
New Castle	1,010	968	966	0	1187.5
Newfields	1,551	1,680	1,685	0	237.8
Newington	775	753	766	26	93.1
Newmarket	8,027	8,936	9,149	9	728.7
Newton	4,289	4,603	4,796	0	488.1
North Hampton	4,259	4,301	4,463	4	320.7
Northwood	3,640	4,241	4,222	0	150.2
Nottingham	3,701	4,785	4,852	8	104.4
Plaistow	7,747	7,609	7,562	5	713.4
Portsmouth	20,784	21,233	21,463	468	1370.2
Raymond	9,674	10,138	10,229	21	355.3
Rye	5,182	5,298	5,381	121	426
Salem	28,112	28,776	28,611	63	1154.3
Sandown	5,143	5,986	6,202	7	443.8
Seabrook	7,934	8,693	8,791	8	977.6
South Hampton	844	814	811	1	102.5
Stratham	6,355	7,255	7,297	0	482.9
Windham	10,709	13,592	14,088	61	527.7
Rockingham Co.	277,359	295,223	298,573	2,515	428.6

Water area not included in persons per sq. mi calculations.  
Group Quarters population is included in total population.

Municipality	I----- Total Population -----I			2014	
	U.S. Census	OEP		Group	2014
	2000	2010	Estimate	Quarters	Persons per
	2000	2010	2014	Pop	Square Mile
Barrington	7,475	8,576	8,759	16	187.7
Dover	26,884	29,987	30,419	876	1138.5
Durham	12,664	14,638	15,923	7,862	711.4
Farmington	5,774	6,786	6,814	30	186.8
Lee	4,145	4,330	4,334	7	217.1
Madbury	1,509	1,771	1,784	0	154.7
Middleton	1,440	1,783	1,774	0	98.2
Milton	3,910	4,598	4,559	1	138
New Durham	2,220	2,638	2,607	0	63.1
Rochester	28,461	29,752	29,824	319	665.9
Rollinsford	2,648	2,527	2,520	0	344.9
Somersworth	11,477	11,766	11,718	12	1195
Strafford	3,626	3,991	4,018	6	82.1
Strafford Co.	112,233	123,143	125,053	9,129	340.7

Water area not included in persons per sq. mi calculations.  
Group Quarters population is included in total population.

Municipality	I----- Total Population -----I			2014	
	U.S. Census 2000	OEP 2010	OEP Estimate 2014	Group Quarters Pop	2014 Persons per Square Mile
Acworth	836	891	900	0	23.1
Charlestown	4,749	5,114	5,115	95	142.9
Claremont	13,151	13,355	13,287	234	308.2
Cornish	1,661	1,640	1,646	0	39.3
Croydon	661	764	761	0	20.7
Goshen	741	810	815	11	36.4
Grantham	2,167	2,985	2,993	0	110.2
Langdon	586	688	690	0	42.4
Lempster	971	1,154	1,168	0	36.2
Newport	6,269	6,507	6,483	123	149.1
Plainfield	2,241	2,364	2,375	46	45.5
Springfield	945	1,311	1,328	0	30.5
Sunapee	3,055	3,365	3,397	42	161.4
Unity	1,530	1,671	1,610	215	43.6
Washington	895	1,123	1,125	0	24.8
Sullivan Co.	40,458	43,742	43,693	766	81.3
N.H. (incorporated places only)	1,235,550	1,316,256	1,326,595	42,938	159

Population of unincorporated places not included in above figures.

Total estimated population of New Hampshire (including unincorporated areas) is **1,326,813**.

Water area and unincorporated area not included in persons per sq. mi. calculations.

Group Quarters population is included in total population.