ADULT NONFICTION
BOOK BAG TITLES


Alvord, Lori A. The Scalpel and the Silver Bear: the first Navajo woman surgeon combines western medicine and traditional healing. Dr. Alvord’s memoir of adapting her medical training to her practice on a New Mexican tribal reservation.

America’s War: talking about the Civil War and Emancipation on their 150th anniversaries. An anthology of writings about the Civil War.

Ansary, Tamim. West of Kabul, East of New York: an Afghan American story. Ansary is the son of an Afghan father and American mother who left Afghanistan as a youth to attend school in the United States. An autobiography of life and family in two cultures.


Ball, Edward. Slaves in the Family. National Book Award winner. The author explores the history of his family as slave-owners on their southern plantations before the Civil War.

Bates, Laura. Shakespeare Saved My Life. An uplifting, inspirational story of the strong connection between two unlikely friends, united by the power of books.

Bauby, Jean-Dominique. The Diving Bell and the Butterfly: a memoir of life in death. Editor Bauby suffered a stroke that paralyzed all but his left eye, yet he was able to dictate this memoir.

Booth, Philip. Selves: new poems. Winter of the Lamont Prize. Eighth collection of poems by Booth, who was born in Hanover, NH, and graduated from Dartmouth College. Booth also lived in Maine for many years.

Braestrup, Kate. Here If You Need Me: a true story. Braestrup, a mother of four, becomes a chaplain for Maine search and rescue missions, following the tragic death of her husband.


Brown, Rosellen. Cora Fry: poetry. Poems that tell the story of a housewife in Oxford, NH.
Brox, Jane. *Here and Nowhere Else: late seasons of a farm and its family*. The author returns to her family’s New England farm to help care for her aging parents and troubled brother.

Bryson, Bill. *I’m a Stranger Here Myself: notes on returning to America after twenty years away*. After living in Great Britain for 20 years, writer Bryson moves to New Hampshire, and humorously describes his reintegration into American life.


Carroll, David M. *Swampwalker’s Journal: a wetlands year*. Warner naturalist and artist Carroll explores the vibrant wetlands near his home; with beautiful drawings by the author.


Coles, Robert and Randy Testa (editors). *A Life in Medicine: a literary anthology*. A collection of writings about the medical profession and the many issues facing it.


Ehrenreich, Barbara. *Nickel and Dimed: on (not) getting by in America*. The author goes undercover as a low-wage employee to see if Americans can survive on minimum wage salaries.


Fadiman, Anne. *The Spirit Catches You and You Fall Down: a Hmong child, her American doctors, and the collision of two cultures*. Winner of several literary awards,

Frost, Robert. Selected Poems. Poems by New Hampshire resident and four-time recipient of the Pulitzer Prize for Poetry.

Haddock, Doris and Michael Burke. Granny D’s American Century. Doris Haddock (“Granny D”) became a national celebrity when, from age 88 to 90, she walked across the country to advocate for campaign finance reform. This is her account of an eventful life.

Hall, Donald. Fathers Playing Catch With Sons: essays on sport (mostly baseball). Hall, former New Hampshire and United States Poet Laureate, is also a gifted essayist, here with essays on sports.

Hall, Donald. Here at Eagle Pond. Poet Laureate (New Hampshire and United States) reflects on returning to live at his grandparents’ rural New Hampshire farm.

Hall, Donald. Life Work. Poet Hall reflects on his life as a writer, as he ages and deals with cancer.

Hall, Donald. String too Short to be Saved. Essays about summers spent visiting his grandparents on their New Hampshire farm.

Hall, Robert (editor). Making a Living: the work experience of African Americans in New England. Accounts of how African Americans earned a living from colonial days to World War II.


Hays, David and Daniel Hays. My Old Man and the Sea: a father and son sail around Cape Horn. Story of a father and son who together build a boat, then sail it around Cape Horn.

Homer. The Odyssey. Epic poem of Odysseus’ journey home following the Trojan War.

Huntington, Cynthia. We Have Gone to the Beach. Collected poems by a former New Hampshire Poet Laureate.


Kingsolver, Barbara. Animal, Vegetable, Miracle: a year of food life. For one year the author and her family agree to eat only food that was locally grown or raised.

Krakauer, Jon. Into the Wild. Chris McCandless, a good student from a wealthy family, gives away everything and hitchhikes to Alaska to live in the wilderness, only to be found dead four months later.

Kurson, Robert. Shadow Divers. Two divers discover the remains of a World War II U-boat in deep waters. This commences a long and dangerous quest to identify the sunken wreck.

Lansing, Alfred. Endurance: Shackleton’s incredible voyage. Incredible story of Sir Ernest Shackleton’s doomed plan to cross the Antarctic in 1914/1915, only to be stranded on the ice for several months.


Lindbergh, Reeve. No More Words: a journal of my mother, Anne Morrow Lindbergh. Reeve is the daughter of famous aviator Charles Lindbergh and his accomplished author wife, Anne Morrow Lindbergh. She chronicles the last years of her mother’s life, when she was incapacitated by strokes.

Lopez, Barry. Arctic Dreams. Winner of the National Book Award. Lopez made several visits to far northern Canada, and writes about the wild land and its inhabitants.

Markham, Beryl. West With the Night. Markham grew up in Kenya and was an adventurer and aviatrix, becoming the first person to fly solo across the Atlantic from east to west.

Matthiessen, Peter. The Snow Leopard. The author travels to the Himalayas in search of the rare snow leopard. It is also a spiritual quest for the Zen Buddhist author.


McPherson, James M. Crossroads of Freedom: Antietam. A Civil War historian describes the 1862 Battle of Antietam, where more than 6,000 soldiers were killed. It was an important victory for the Union Army, which had been losing ground in the war.

Mead, Margaret. Blackberry Winter: my earlier years. The autobiography of the famous anthropologist and author of Coming of Age in Samoa.
Merchant, Carolyn. *Ecological Revolutions: nature, gender, & science in New England.* Professor Merchant’s study of how the Native Americans, then the European settlers, interacted with the land in colonial New England.

Mitchell, John Hanson. *Ceremonial Time: fifteen thousand years on one square mile.* The author traces the history of a small tract of land in Massachusetts from the last ice age to the present encroaching industry.

Neihardt, John G. *Black Elk Speaks.* Nicholas Black Elk (1863-1950) was a Lakota healer. He shared his life story, and that of the Sioux people, with famous poet Neihardt. It is not just the story of Crazy Horse and Sitting Bull, but also Black Elk’s spiritual vision of the world.


Oliver, Mary. *New and Selected Poems.* Winner of the National Book Award for Poetry. Oliver, who also won the Pulitzer Prize, has lived in New England for many years.


Philbrick, Nathaniel. *In the Heart of the Sea: the tragedy of the Whaleship Essex.* National Book Award winner. A Nantucket whaling ship was attacked and sunk by a sperm whale in 1820. The surviving crew set out in small boats to try and reach land 3,000 miles away. Their story was the inspiration for Melville’s *Moby Dick*.


Rutledge, Lyman. *The Isles of Shoals in Lore and Legend.* Rev. Rutledge was a Unitarian minister and involved in the Star Island Corporation. He wrote about the history of the islands off the coast of New Hampshire and Maine.


Sanders, Scott R. *Hunting for Hope: a father’s journeys.* Environmental author Sanders has written essays sharing his hope for the future of people and nature.

Shakespeare, William. *Hamlet*. Tragic play about Prince Hamlet who avenges the murder of his father, the king, who was killed by his brother.

Shakespeare, William. *The Tempest*. Tragic play. Prospero has been forced from power and stranded on a remote island with his daughter. He is a magician and creates a huge storm to lure his traitorous brother and the current Duke of Milan to the island.


Thesiger, Wilfred. *Arabian Sands*. Thesiger traveled around Arabia in the 1940’s amongst the desert-dwelling Bedouins, before the great changes brought by the discovery of oil.

Uchida, Yoshiko. *Desert Exile: the uprooting of a Japanese-American family*. The author narrates the story of her family, sent from California to an internment camp in Utah during World War II.


Wiesel, Elie. *Night*. Wiesel survived the Auschwitz and Buchenwald concentration camps as a teenager. This is his vivid memoir of survival and of losing his family during the Holocaust.

Winchester, Simon. *The Professor and the Madman: a tale of murder, insanity, and the making of the Oxford English Dictionary*. Begun in 1857, the creation of the great dictionary took 70 years. An important contributor of definitions and usage was an American doctor imprisoned in London for a murder.

Wood, William. *New England’s Prospect*. This was originally published in 1634 England, to provide information to prospective colonists to New England. It is full of descriptions of the natural environment and accounts of daily life in the colonies.