I. PURPOSE:  
To provide for consistent management and health monitoring of an inmate on a hunger strike.

II. APPLICABILITY:  
To all staff

III. POLICY:  
It is the policy of the Department of Corrections that:
A. Those individual inmates who refuse to eat will be monitored for changes in health status with physician ordered medical interventions as clinically indicated.
B. In life-threatening cases, the Court will be petitioned for approval to force feed those in danger of death as a result of refusal to eat.
C. Mass hunger strikes will be managed both as an overall security management concern and a health status concern.

IV. PROCEDURE:  
A. Individual Hunger Strike  
1. Security:  
   When an inmate has made a clear statement not to eat or has been observed not to have eaten food for six (6) meals, security staff will:  
   a. Initiate the hunger strike log (Attachment 1);  
   b. Complete an incident report;  
   c. Notify the Health Services on-duty nurse;  
   d. Notify the Warden; and  
   e. Notify the Investigations Unit.  
2. Nursing:  
   Upon notification, nursing staff will:  
   a. Initiate a Refusal to Eat flowsheet;  
   b. Notify the on- call physician/Chief Medical Officer by the next MD duty day or as clinically indicated;
c. Complete a health status baseline;
d. Assess daily with interventions as clinically indicated; and
e. Admit as clinically indicated to Health Services inpatient for continued observation and evaluation by the physician.

3. Medical
   Upon notification, the Physician will:
   a. Review the health record for current health concerns and health status impact of refusal to eat;
   b. Write for a dietary consult;
   c. Prescribe medical treatment as indicated;
   d. Review the Refusal to Eat flowsheet every three (3) days or as clinically requested/indicated;
   e. Determine when to admit to a health services inpatient center for more intense observation, monitoring, and/or treatment;
   f. Notify the Administrative Director of progress or changes; and
   g. Determine when refusal to eat has become life-threatening and consult with the Administrative Director and DOC legal counsel regarding Court petition to force feed.

B. Mass Hunger Strike
   When a group or mass hunger strike occurs, an operational team representing Security, Health, and Administration will be organized for the safe management of both the individuals involved in the hunger strike and the rest of the prison population.

REFERENCES:

Standards for the Administration of Correctional Agencies
Second Edition. Standards

Standards for Adult Correctional Institutions
Fourth Edition Standards
   4-4224

Standards for Adult Community Residential Services
Fourth Edition. Standards

Standards for Adult Probation and Parole Field Services
Third Edition. Standards

Other

HANKS/clr

Attachment
NEW HAMPSHIRE DEPARTMENT OF CORRECTIONS  
HUNGER STRIKE LOG

INMATE NAME____________________________ I.D._________________

D.O.B._____________ HOUSING SITE________________________

NOTIFICATIONS:
1. WARDEN: DATE: __________ TIME: __________
2. NURSE: NAME: ______________________________
3. INCIDENT FORM COMPLETED: DATE: __________ TIME: __________

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