

NH DEPARTMENT OF CORRECTIONS POLICY AND PROCEDURE DIRECTIVE	CHAPTER <u>Health Services</u> STATEMENT NUMBER <u>6.29</u>
SUBJECT: HEALTH EDUCATION PROPONENT: <u>Helen Hanks, Administrative Dir.</u> <i>Name/Title</i> <u>Medical/Forensic Services 271-3707</u> <i>Office Phone #</i>	EFFECTIVE DATE <u>04/01/14</u> REVIEW DATE <u>04/01/15</u> SUPERSEDES PPD# <u>6.29</u> DATED <u>09/01/02</u>
ISSUING OFFICER: <u>William Wrenn, Commissioner</u>	 APPENDIX ATTACHED: YES _____ NO _____
REFERENCE NO: See reference section on last page of PPD.	

I. **PURPOSE:**

To ensure that a continuing program of health education is provided to inmates and residents of all departmental facilities.

II. **APPLICABILITY:**

To all inmates, residents and staff.

III. **POLICY:**

It is the policy of the Department of Corrections to provide a health education for inmates/residents. Specific areas will be instructed by or sponsored by Education, Behavioral Health, Medical/Dental, Nutritional, and Recreation.

IV. **PROCEDURE:**

- A. Through regular staff meetings and discussion with inmates/residents, medical staff will assess the health education needs of inmates. Inmates may be offered the following topics in either individual or group formats as appropriate:
1. AIDS or other sexually transmitted diseases;
 2. Chronic Care Treatment interventions;
 3. Drug and alcohol awareness;
 4. Nutrition;
 5. Dental hygiene;
 6. Physical fitness.
- B. Medical and Forensic Service leadership will review health education offerings in annual planning meetings.
- C. Methods for communicating these health education offerings may include use of the televised system, individual counseling, and group settings.

REFERENCES:

Standards for the Administration of Correctional Agencies
Second Edition. Standards

Standards for Adult Correctional Institutions
Fourth Edition. Standards
4-4361

Standards for Adult Community Residential Services
Fourth Edition. Standards
4-ACRS-5A-10

Standards for Adult Probation and Parole Field Services
Third Edition. Standards

Standards for Health Services in Prisons
National Commission on Correctional Health Care 2008
P-F-01: HEALTH LIFESTYLE PROMOTION

Other

HANKS/clr