I. **PURPOSE:**
   To ensure that a continuing program of health education is provided to inmates and residents of all departmental facilities.

II. **APPLICABILITY:**
   To all inmates, residents and staff.

III. **POLICY:**
   It is the policy of the Department of Corrections to provide a health education for inmates/residents. Specific areas will be instructed by or sponsored by Education, Behavioral Health, Medical/Dental, Nutritional, and Recreation.

IV. **PROCEDURE:**
   A. Through regular staff meetings and discussion with inmates/residents, medical staff will assess the health education needs of inmates. Inmates may be offered the following topics in either individual or group formats as appropriate:
      1. AIDS or other sexually transmitted diseases;
      2. Chronic Care Treatment interventions;
      3. Drug and alcohol awareness;
      4. Nutrition;
      5. Dental hygiene;
      6. Physical fitness.
   B. Medical and Forensic Service leadership will review health education offerings in annual planning meetings.
   C. Methods for communicating these health education offerings may include use of the televised system, individual counseling, and group settings.
REFERENCES:

Standards for the Administration of Correctional Agencies
Second Edition. Standards

Standards for Adult Correctional Institutions
Fourth Edition. Standards
4-4361

Standards for Adult Community Residential Services
Fourth Edition. Standards
4-ACRS-5A-10

Standards for Adult Probation and Parole Field Services
Third Edition. Standards

Standards for Health Services in Prisons
National Commission on Correctional Health Care 2008
P-F-01: HEALTH LIFESTYLE PROMOTION

Other

HANKS/clr