

The State of New Hampshire
By His Excellency
Christopher T. Sununu, Governor
A Proclamation

In the year of our Lord Two Thousand and Twenty-Three

ALCOHOL AWARENESS MONTH
APRIL 2023

WHEREAS, Alcohol Awareness Month is a national observance held every April to increase public awareness and understanding about the dangers associated with alcohol consumption; and

WHEREAS, excessive drinking is responsible for more than 95,000 deaths in the United States each year, and is a leading cause of preventable death in the country; and

WHEREAS, alcohol is the most commonly used addictive substance in the United States, and affects people across genders, ages, and socioeconomic statuses; and

WHEREAS, in 2018, the World Health Organization reported that alcohol contributed to more than 200 diseases and injury-related health conditions, ranging from liver diseases, road injuries, and violence, to cancers, cardiovascular diseases, suicides, tuberculosis, and HIV/AIDS; and

WHEREAS, this month is an opportunity to decrease stigma and misunderstandings in order to dismantle the barriers to treatment and recovery; and

WHEREAS, it is important to evaluate your drinking habits, educate yourself about the basics of alcohol use, and pursue healthy ways to cope with stress and anxiety;

NOW, THEREFORE, I, CHRISTOPHER T. SUNUNU, GOVERNOR of the State of New Hampshire, do hereby proclaim **APRIL 2023** as **ALCOHOL AWARENESS MONTH** in the State of New Hampshire, and call this to the attention of all citizens.

IN TESTIMONY WHEREOF, I have herunto set my hand and caused the Seal of the State of New Hampshire to be affixed this 29th day of March, 2023.



Christopher T. Sununu
Governor

