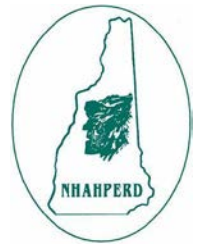




the
GRANITE
walk of ages

June 1, 2018
The Capitol, Concord, NH



Granite Walk of Ages: The “Granite Walk of Ages” is a statewide health initiative, centered on bringing together towns, cities, schools, organizations and businesses in New Hampshire. This walk focuses on prevention, decreased physical inactivity, and increased employee health. Use this as your ‘Trial Mile’ for the Granite State 90-Day Challenge*, beginning June 1st!

Agenda for Granite Walk of Ages

- 11:45am Sign-in Registration at Capitol Steps at the State House
- 12:00 – 12:30 1 mile walk around Capitol Area
- 12:30pm Reading of Proclamation & start of the Granite State 90 Day Challenge

- Individual registration** – I will participate in the kick-off event in Concord/State House on June 1.
- Group/Team registration**–We will participate in the kick-off event in Concord/State House on June 1.
- Individual/Group Registration as a Satellite Event June 1, 2018.**

To register on-line as an individual or group for the GWA/Concord, NH – Contact: Dianne Rappa by May 15 - drappa@valley.net; 603-747-2408(F); 603-747-3508 w/?’s (To register as a satellite event for the GWA please specify below – Thank you!!)

Registrant Name/Team Contact:
Company/organization/school:
Address/city/zip:
Phone Number:
Email:
Expected # Participants: (for schools and groups)

*To register for the Granite State 90 Day Challenge, visit www.nhmoves.org/90daychallenge, complete and submit the online registration form. Within a week you’ll receive the Granite State 90 Day Challenge Passport in an email. It is FREE, easy to participate, and good for your health. Use the Passport to track your daily activity and for free access to select State Parks. See Passport for eligibility details.