

GOVERNOR'S COUNCIL ON PHYSICAL ACTIVITY & HEALTH

MEETING NOTES

Date: **February 15, 2011**
 Time: **4:00-5:30pm**
 Location: **Council Chambers, State House, Concord, NH**
 Dial-in number: **N/A** Participant code: **N/A**

#	Invited Members		#	Invited Advisory	
1	Nancy Miller	A	1	Peter Ames	A
2	Travis Horne	P	2	Rick Holder	A
3	Terry Johnson	P	3	Barbara French	A
4	David Gill	A	4	Louise McCormack	A
5	Dianne Rappa	A	5	Tammi Martin	A
6	Lilyan Wright	P	6	Chuck Cappetta	A
7	Chris Morrill	A			
8	Kathy Sherman	P		Invited Potential Members	
9	Paul Mertzic	P		Delbert "Skip" Haley, Department of Education	P
10	Heather Fairchild	A			
11	Nancy Puglisi	A			
12	Jason Aziz	P		Guests	
13	Joil Bergeron	P			
14	John Hikel	A			
15	Deb Clark Valentine	A			

MEETING MINUTES

----- DECISIONS -----

Description

----- ISSUES & DISCUSSION -----

Description
<p>I. Call to Order: Meeting called to order at 4:08 p.m.</p>
<p>II. Review meeting minutes: Last set of meeting minutes, November 2010 emailed previously to all council members, no changes noted. There was no meeting in December; the meeting in January was cancelled due to inclement weather. The Executive Council met and notes from that meeting were distributed via email.</p>
<p>III. Review goals, mission & vision: These are reviewed at the annual retreat in June, and updated as needed.</p>
<p>IV. Introductions of visitors/potential new members: Delbert "Skip" Haley from the Department of Education was introduced as the newly appointed council member representing the department. He was welcomed by the council members.</p>
<p>V. Finances: Balance: \$1,742.52</p>
<p>VI. Committee Updates:</p> <p style="margin-left: 20px;">a. Marketing/PR/Advocacy Committee: Jason Aziz</p> <p>This committee has been working on creating an identity for the council, and with this in mind; Jason met with the First Lady, Dr. Lynch to discuss "state of health" of our youth and NH residents. Public Service Announcement messages were part of the theme to include (1) taking personal responsibility for one's health; (2) using NH as a natural playground; and (3) promoting walking through Walk NH and the Intergenerational Walk. There will be about 5 scripts produced. Governor and Dr. Lynch have similar philosophies related to health and physical</p>

Description

activity, as does the council, and Dr. Lynch found the PSA messages able to serve these goals. A major goal for the council is to drive NH residents to our website, and be able to replay the PSA's. Joel and Travis will be meeting this Friday with the state's webmaster to see what can be done to upgrade our current website to support this plan. Jason hopes to begin shooting these PSA's in March, to be firmed up with Dr. Lynch's schedule and logistics for production, financing, etc. Please forward ideas and recommendations to Jason.

b. Membership Committee: Travis Horne for Nancy Puglisi

The following items were discussed: (1) New member, Delbert Haley from DOE, Nancy Puglisi will need to have the appropriate new member paperwork completed at the next meeting. (2) Chris Morrill has resigned from the council due to personal reasons. Chris will be missed for his participation over the past few years. (3) The new Anthem Wellness Facilitator, Lisa Marzoli, health educator, may be interested in joining the council as a health insurance representative. Kathy will invite Lisa to the next meeting. (4) Draft Article V Officers provided as a handout, and reviewed. The council unanimously voted on it with a minor change to 5th line; to read "The duties of the Chair-Elect are to learn the duties and responsibilities of the Chair." Motion to accept with revision, recorded at 4:55 p.m. (5) Paul Mertzic nominated Jason Aziz as the Chair-Elect, Jason accepted; and the council unanimously voted on his appointment to this new position.

c. Programming/Events Committee: Terry Johnson

Terry reported that he and Dianne met with the Walk NH staff, and that there was agreement on collaboration and a partnership between the FHC and GCPA&H will be formed for this year's Intergenerational Walk. *The 2011 Walk NH is June 1 – June 7; and the IWW will take place on Jun 1st at 10 a.m., White Park, Concord. It will be a looped course, with a stop at the State House for the 2 Walk Proclamations. The event will be co-promoted with shared list-servers and registrations. Satellite walks for schools, work sites will be encouraged, too. The Walk NH main sponsors are Harvard Pilgrim and Oakhurst. (Hannaford has agreed to come back as a sponsor with the water & fruits/bagels). Terry asked if we should bring in other sponsors. We will need help to defray the costs of expenses such as t-shirts (last year ordered 250 t-shirts). The t-shirts will be orange with Walk NH, NHAHPERD & GCPA&H logos. Do we want exhibits? The council voted to keep it simple with limited time of members noted, so no exhibitors at this time. There will be press releases and other marketing, possibly a PSA. The award ceremony will be sometime in the fall 2011.*

VII. New Business:

a. Chair Updates:

i. Travis handed out the "National Physical Activity Plan" for council to review. This national association is the umbrella for the Governor Councils on Physical Activity & Health. Our council is a sub-group. The chair is a member of this organization. Discussion included whether or not we want to follow the plan as part of our mission/vision/goals? The national plan gives comprehensive direction to the council. It can be added as a resource to the website for now. Kathy recommended that this be a discussion item for the 2011 retreat in June (TBD). The members agreed.

VIII. Council Members Networking Time:

a. Upcoming Events:

i. Green Commute Week – mid-May 2011 Point of Contact is Nik Coates at PATH

ii. Terry Johnson provided an overview of this new House Bill (still in committee): <http://www.nhliberty.org/bills/view/2011/HB377>. The bill addresses requiring daily physical education for public school pupils.

ii. Dianne and Lilyan will be at the joint EDA/NHAHPERD conference the weekend 2/16-19/11 in New Jersey.

Meeting adjourned at 5:05 p.m.

Next meeting date: March 15, 2011