

GOVERNOR'S COUNCIL ON PHYSICAL ACTIVITY & HEALTH

MEETING NOTES

Date: **September 21, 2010**
 Time: **4:00-5:30pm**
 Location: **Room 100, State House, Concord, NH**
 Dial-in number: **N/A** Participant code: **N/A**

#	Invited Members		#	Invited Advisory	
1	Nancy Miller	P	1	Peter Ames	A
2	Sharon Wells	A	2	Rick Holder	A
3	Travis Horne	P	3	Barbara French	A
4	Terry Johnson	P	4	Louise McCormack	A
5	David Gill	A	5	Tammi Martin	A
6	Dianne Rappa	A	6	Chuck Cappetta	A
7	Lilyan Wright	P	7	James Eddinger	A
8	Chris Morrill	A	Invited Potential Members		
9	Kathy Sherman	P		Larry Flint	P
10	Paul Mertizic	A			
11	Heather Fairchild	P			
12	Nancy Puglisi	P	Guests		
13	Jason Aziz	P			
14	Joil Bergeron	P			
15	John Hikel	A			

MEETING MINUTES

----- DECISIONS -----

Description

----- ISSUES & DISCUSSION -----

Description
I. Call to Order: Meeting called to order at 4:02 p.m.
II. Review meeting minutes: June retreat meeting minutes not reviewed, will be reviewed at next meeting. They were sent to members in June.
III. Review goals, mission & vision: These are reviewed at the annual retreat in June, and updated as needed.
IV. Introductions of visitors: Larry Flint representing Granite State Senior Games. Larry is interested in membership. Lilyan Wright had brought his name forward to our membership committee. Larry provided the council with his background as a retired postal service employee and twenty plus years involved with parks and recreation and senior wellness.
V. Finances: Balance: \$1,700
VI. Committee Updates:
<p>a. Marketing/PR/Advocacy Committee: Jason Aziz</p> <p>Jason reported that his committee met over the summer, and he reviewed the 2010-2011 Goals and Objectives, as outlined in attachment (1). Council was in favor of the plan. Highlights include setting 1-2 realistic goals for this committee, some ideas included:</p>

Description

- (1) Endorsement guidelines/application criteria to be reviewed at the next meeting. This will help increase the identity and visualization of the GCPA&H. Jason will draft criteria suggestions and email to the council for their feedback. A recommendation was to possibly cross-reference and match criteria with the OAA.
- (2) Produce a bimonthly/monthly e-newsletter. This also falls in the category to work on updating the website and developing web-based programs. Paul has the list serve for contacts from OAA that can be utilized.
- (3) Develop "white paper" topics to be utilized by legislators; or revise former ones. This is part of advocacy. Louise McCormack has the historical perspective and may be interested in helping. Paul may not be able to be the project leader for this initiative at this time. Travis will reach out to Louise. Many council members were interested in renewing this goal. Travis will set up a meeting with interested members.

b. Membership Committee: Nancy Puglisi

Nancy met over the summer with her committee. She reviewed the 2010-2011 Goals and Objectives, as outlined in attachment (1). Council was in favor of the plan. The following highlights were also noted:

- (1) Membership has increased by 4.
- (2) A membership contact list was distributed for members to review their appointment dates. Changes should be sent to Nancy.
- (3) The committee is moving towards an electronic, 100% paperless system. Travis will check with the Governor's office about going paperless with regards to appointment/reappointment letters. Katja Fox no longer works for the Governor, Travis will follow-up to see who the new point of contact at the Governor's office will be after the election takes place.
- (4) Will review current role of the chair, and a chair "elect" position for a seamless transition once the term of chair is completed.
- (5) Plan to define roles for members going forward.
- (6) A letter will be sent to DOE Commissioner Barry requesting nomination of new council member from DOE.
- (7) Nancy identified other potential new members: a. Debi C. Valentine representing the YMCA (she won't be able to participate over the next two months due to prior commitments, though interested in membership) since Jim Doremus not able to fulfill this role, b. Larry Flint representing the Granite Senior Games, attended today's meeting to learn more about the council, c. DOE nomination pending, d. legal representative pending (Nancy and Terry to work on identifying a potential lawyer nomination). Travis will check with Paul to see if he's still able to remain a member of the council due to his schedule.

c. Programming/Events Committee: Terry Johnson

Terry met with his committee over the summer, and he reviewed the 2010-2011 Goals and Objectives, as outlined in attachment (1). Council was in favor of the plan. The main focus was discussion to partner with Walk NH in 2011 to help promote the IGWW, hoping for better turnout of participants around NH. It was also recommended that the Outstanding Achievement Awards be held as a separate event which will give the council greater exposure with two main events, instead of combined. It was proposed that the OAA be held in May, while the IGWW be held in June during Walk NH week. Terry will plan to work with the Foundation for Healthy Communities regarding this recommendation.

Since Paul is no longer able to coordinate the OAA, Travis will help recruit for a new coordinator. Anyone interested in this position should see Terry or Travis.

VII. New Business:

a. Chair Updates: All the schools and towns that walked offsite during the 2010 IGWW were provided with certificates of participation this summer.

VIII. Council Members Networking Time:

a. Upcoming Events:

- i. NH Children in Nature, Upper Valley – October 7th
- ii. HEAL Conference, Concord, NH – October 26th
- iii. NHAHPERD Annual Conference, Waterville Valley – November 18-19
- iv. Capital Region Wellness Coalition Panel Discussion – October 1
- v. Concord Hospital Breast Cancer Survivors Day – October 23
- vi. Women's Health Forum 2010 – Manchester Department of Health – November 13th
- vii. Manchester Marathon and Health Expo – November 5-7

Description
viii. NH PHA Fall Forum on Obesity – October 13 th b. Networking Information: Capitol Region Wellness Coalition – Kathy provided a brief overview of this new coalition in Concord. The council was interested in learning more, so Kathy will invite Audrey Burghard from Concord Hospital, the organizer for this coalition to the next meeting.
Meeting adjourned at 5:28 p.m. Next meeting date: October 19, 2010