

News Release

New Hampshire's Governor's Council on
Physical Activity and Health



For Immediate Release

Contact: Travis Horne, Council Chairperson
(603) 224-7447 x223, thorne@nhlgc.org

New Hampshire Governor's Council on Physical Activity and Health Announces 2010 Outstanding Achievement Award Recipients

Concord, NH (May, 2010) On May 26, 2010, The New Hampshire Governor's Council on Physical Activity and Health honored its recipients of the 2010 *Outstanding Achievement Awards for Physical Activity and Health* during a ceremony held at the State House. The awards are presented each year to organizations and individuals who have made a significant impact on the health of NH residents by promoting healthy lifestyles through physical activity and fitness programs. The 2010 award recipients are:

- Harvard Pilgrim Health Care Foundation – CATCH Kids Club
- Dartmouth Hitchcock Medical Center – Live Well/Work Well – *Award Category: Worksite Wellness*
- Diane Caldon, Wellness Coordinator – *Award Category: Individual*
- Elliot Health System – Senior Health Fitness Team – *Award Category: Senior*
- Elliot Health System – Working Well Team – *Award Category: Worksite Wellness*
- New London Parks and Recreation Department – Winter Wild Program – *Award Category: Community Related Organization*
- Rachele Hennessy – The Works Family Health and Fitness Center - Home School Gym Program – *Award Category: Worksite Wellness*
- Sunapee School District – Tom Frederick, Bonnie Cruz and Jon Reed – *Award Category: School*

The GCPAH also recognizes a state legislature who actively promotes and advocates for physical activity and healthy behaviors for all NH residents. The 2010 NHGCPAH awardee is Representative Nancy Stiles. Rep Stiles for her (fill in the blank)

The New Hampshire's Governor's Council on Physical Activity and Health is charged with the responsibility of promoting a healthy lifestyle for all NH residents, through an emphasis on physical activity and fitness, working in cooperation with all sectors of society.

The Council is comprised of representatives from state agencies, the medical profession, the business community, education, older adult organizations and numerous organizations and individuals with an interest in promoting physical activity.

For more information about the Council, please visit our website at www.nh.gov/gcpah or contact Travis Horne, at (603) 224-7447 x223.