

News Release

New Hampshire's Governor's Council on
Physical Activity and Health



For Immediate Release

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New Hampshire Governor's Council on Physical Activity and Health Announces 2009 Outstanding Achievement Award Recipients

Concord, NH (May, 2009) On May 20, 2009, The New Hampshire Governor's Council on Physical Activity and Health honored its recipients of the 2009 *Outstanding Achievement Awards for Physical Activity and Health* during a ceremony held at the State House. The awards are presented each year to organizations and individuals who have made a significant impact on the health of NH residents by promoting healthy lifestyles through physical activity and fitness programs. The 2009 award recipients are:

- Representative Joan H. Schulze – *Award Category: Legislature*
- Catholic Medical Center Health Matters – *Award Category: Worksite Wellness*
- Caren Rossi-Pressey – *Award Category: Individual*
- Dr. Norman W. Crisp Elementary School – *Award Category: School*
- Newport Senior Center – *Award Category: Senior*
- State of NH DOT Bike/Walk to Work Day – *Award Category: Worksite Wellness*
- Outdoor Ventures – *Award Category: Senior*

The New Hampshire's Governor's Council on Physical Activity and Health is charged with the responsibility of promoting a healthy lifestyle for all NH residents, through an emphasis on physical activity and fitness, working in cooperation with all sectors of society.

The Council is comprised of representatives from state agencies, the medical profession, the business community, education, older adult organizations and numerous organizations and individuals with an interest in promoting physical activity.

For more information about the Council, please visit our website at www.nh.gov/gcpah or contact Travis Horne, at (603) 224-7447 x223.