

ABOUT PATHS IN NEW HAMPSHIRE

November 18, 2016

The Department summer-maintains 9 short multi-use paths associated with the original Interstate-type highway construction and abandonment of local connections during the 1960s and 1970s.

1. [I-89 Bow multi use path connecting NH 3A with Valley Road.](#)
2. [I-89 Concord multi use path Silk Farm Road to Stickney Hill Road.](#)
3. [I-89 Enfield Old New Hampshire 10 South near Exit 14 to a point 6000 feet north of Exit 14 at the dead end of Old Route 10.](#)
4. [I-89 Enfield Smith Pond Road at Exit 15 to Eastman Hill Road at Exit 16.](#)
5. [I-89 Pedestrian Bridge connecting Hanover Street](#)
6. [I-93 Concord from Fan Road near NHTI to East Concord.](#)
7. [I-393 Concord from East Sugarball Road to Portsmouth Street.](#)
8. [US 3 from Appleside Drive in Nashua to Sagamore Park Road in Hudson.](#)
9. [NH 16 Dover Point to Newington](#) (pictured below).



These 9 path segments provide links to multi-modal highways where pedestrians – and in some cases bicycles – would otherwise be excluded.

Beyond these 9 paths, there are hundreds of path and trail segments that have transportation and/or recreational value in New Hampshire. Some multi-use trails, like the 58-mile Northern Rail Trail, are managed by the Department of Resources and Economic Development. State Parks Division posts detailed information about the Northern Rail Trail, including a list of potential parking locations at <https://www.nhstateparks.org/visit/recreational-rail-trails/northern-recreational-rail-trail.aspx>.

Many other trails, such as the 4.1-mile long [Windham Rail Trail](#) in Windham are municipally managed. You can find more information linked about trails like the Windham Rail Trail and many other municipally-managed

paths from the web page at <http://www.nh.gov/dot/programs/bikeped/links.htm> . Relatively obscure municipally-managed path connections within NHDOT LAROW (such as the City of Concord-maintained [Basin Street pedestrian and bicycle connection](#) linking US 3 with Basin Street in Concord (pictured below), and the City of Portsmouth-owned and maintained [pedestrian bridge over US 4](#) , may be challenging to find in any trail guide or on any web page.



Still other path segments have very unique maintenance arrangements. For example, the [New Hampshire Technical Institute is responsible](#) for maintaining the [I-393 path connecting NHTI to Fort Eddy Road in Concord](#) .

New Hampshire State Parks Division posts bike trail information from the web pages at <http://www.visitnh.gov/what-to-do/outdoor-adventure/biking.aspx> . For more extreme bicycling, please explore the page at <http://www.visitnh.gov/biking/> and watch the brief video. Some snowmobile trails from the map at <http://www.jimapco.com/maproom/snowmobile/nh/> may be open to summer use.

Additional resources that may be helpful:

*New Hampshire State Trails Plan (2005), which you can find on line at <https://www.nh.gov/dot/org/aerorailtransit/railandtransit/documents/StateTrailsPlan.pdf> .

*The Department publishes a “rail trail” map on line at http://www.nh.gov/dot/programs/bikeped/maps/documents/Rail_Trails_2016.pdf and publishes information about rail trail surfaces at http://www.nh.gov/dot/programs/bikeped/maps/documents/Rail_Trails_2016_paved.pdf .

*The Department publishes a railroad map at <http://www.nh.gov/dot/programs/bikeped/maps/documents/RailOperatorMap110515.pdf> , which in conjunction with the State Rail Plan at <https://www.nh.gov/dot/org/aerorailtransit/railandtransit/documents/FinalStateRailPlan.pdf> may be used for purposes of future planning. <https://www.nh.gov/dot/org/aerorailtransit/railandtransit/documents/FinalStateRailPlan.pdf> .

* The Department publishes 7 regional bicycle maps, which you can find on-line at <http://www.nh.gov/dot/programs/bikeped/maps/index.htm> or you can order hard copies from Erik Paddleford at 603-271-2468; epaddleford@dot.state.nh.us or me. The Department also has an interactive on-line statewide bicycle map, which you can find at <http://nh.maps.arcgis.com/apps/webappviewer/index.html?id=49c702c328d84a29af3b4a27eb271b37> .

Please feel free to contact [Erik](#) at 271-2468; Erik.Paddleford@dot.nh.gov or Larry at 271-1668; Larry.Keniston@dot.nh.gov if you have any questions or comments about walking or biking trails in New Hampshire.