



NH Governor's Commission on Disability

NEWS BULLETIN 5.17.18

THE STORIES PROVE STABLE NH IS A GAME CHANGER

Concord, NH—Today Chuck Saia, Executive Director of the Governor's Commission on Disability, announced that STABLE NH has grown to \$325,000 in total investments.

"But how do you really measure the success of the program?" asked Saia. "Proof for me is found in the stories. Once you hear how the savings program, [STABLE NH](#), works for an individual or a family, then it becomes clear why it is referred to as a game changer."

As co-administrator of the STABLE NH program, along with NH State Treasurer Bill Dwyer, Saia points to the stories of Edward Mitchell, Rachel Mast, Katy Oliver and Sarah Perez. No longer is it just academic to say STABLE NH creates a better life opportunity by making it possible to save money and get a little ahead without the pressure of spending down, but testimonies from the 2018 National ABLE Advisors prove it.

Whether it is saving for continuing education classes, a membership at the YMCA, a way to get vehicle modifications or pay housing needs without losing other Federal monies, STABLE NH and how it works comes into play. That's the message of the cited National ABLE Advisors.

Their stories are beginning to be mirrored right here in New Hampshire.

"Our office recently heard from a New Hampshire mother of an individual whose child is adult age and he is an individual with autism," commented Saia. "She told us she love, love, loves the program especially the part where a card, similar to a debit card, can be used. It is pre-loaded with a specific amount of money from the STABLE NH account, which can be controlled. Her son then can use it for basic necessities and she can keep tabs on what is being spent without interfering with his independence."

With the enactment of the ABLE Act, each state was given an opportunity to set up its own ABLE savings and investment plan. New Hampshire's plan is called STABLE NH. Working-age adults with disabilities and parents of children with disabilities are motivated account holders with short and long term financial goals that will help them increase their health, independence and quality of life.

"We have watched the program grow by word of mouth and social media," explains Saia. "There's no reason to believe the momentum will slow down anytime soon."

For more information, go to stabilnh.com.

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