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STABLE NH: Qualified Disability Expenses are not limited to Medical Expenses

Concord, NH—Today Chuck Saia, executive director of the Governor’s Commission on Disability announced the number of new [STABLE NH](#) accounts, which allow a long list of qualified expenses, grows weekly.

“NH State Treasurer Bill Dwyer and I have had an opportunity to share what the program is, and what a powerful tool it is for those with disabilities,” said Saia. “

“We have also heard first- hand the many questions that come up. Many of these questions have to do with understanding just what a qualified disability expense is. The good news about STABLE NH, is that the list is long.”

The criteria for a qualified disability expense, for an eligible individual, is one that relates to your disability and is an expense that helps you maintain or improve your health, independence, or quality of life.

Qualified disability expenses do not have to be merely medical expenses. They can include rent and basic living expenditures. For example, educational expenses may be tuition for preschool through post-secondary education, books, and supplies. In the assistive technology and personal support category, a smartphone for a child with autism is a good example of a qualified expense.

Other categories include housing, transportation, employment training and support, health, prevention and wellness, and other miscellaneous expenses.

STABLE NH investment accounts do not jeopardize federal needs-based benefits like SSI. Information on how to open an account with a \$50 minimum, eligibility requirements, benefits and more is available on nh.gov/disability or stabilenh.com.

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