







# March 2024

## Tarr & Welch Resident Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b><u>NHVVH STORE HOURS</u></b> Monday, Tuesday, Thursday, Friday: 10am-12pm Wednesday: 1pm-3pm	<b><u>NHVVH RECREATION THERAPISTS</u></b> <b>Duain Cook</b> - 603-527-4466 - <b>Tarr North</b> <b>Samantha Knowles</b> - 603-527-4834 - <b>Tarr East</b>	<b><u>NHVVH RECREATION THERAPISTS</u></b> <b>Megan Rowe</b> - 603-527-4835 - <b>Welch</b> <b>Jennifer Mitchell</b> - 603-527-4815 - <b>LEDU</b>			9:30 Virtual Rosary (CH) 10:15 Coffee Social w/ Special Guests (TDR) 11:00 Gardening Group (TH) 11:00 Comedy Hour (TND) 11:15 Sing-a-Long (WDR) 1:30 Reflections of a Master Storyteller: The Old Man and the Sea (Finale) (TND) 2:00 Mystery Puzzle (RC) 3:30 Trivia (W) 5:00 Music by Phil Breton (WDR) 6:30 Documentary (TH)	9:30 Crosswords (TDR) 10:15 Coffee Social w/ Girl Scout Cookie Donation (TDR) 11:00 Alcoholics Anonymous Meeting (TSCR) 11:00 Mini-Golf (TH) 11:15 Music and Memory (W) 1:00 Dog Visit w/ Subi (TE) 2:00 Pokeno (TH) 3:30 Comedy Hour (W) 6:45 Old Time TV (TDR)
9:30 Morning Exercise (TND) 10:15 Coffee Social w/ The Church and Holiday Giving (TDR) 11:00 Catholic Mass on TV (CH) 11:15 Spiritual Hour (W) 1:30 Movie Matinee: Old Man and the Sea (TH) 3:30 Virtual Concert (W) 6:45 American History w/ Ken (TDR)	9:30 Live Rosary w/ Steve (CH) 10:15 Coffee Social (TDR) 11:00 Chicktionary (RC) 11:00 Westerns (TND) 11:15 Hand Sensory (W) 2:30 Music by Bob McCarthy (TH) 6:45 Old Time TV: The Twilight Zone (TDR)	9:30 Left, Right, Center (TH) 10:15 Coffee Social (TDR) 11:15 Interfaith Christian Service (CH) 11:15 Octaband (W) 1:00 Dog Visit w/ Molly (TN) 2:00 Exploring Virtual Reality (TH) 3:30 Out and Abouts (W) 6:45 Turntable Tuesday (TDR)	<b>Theme Day: Brain Injury Day (wear green)</b> 9:00 Pcard training (TH) 9:30 Morning Exercise (TND) 10:00 Songs of the Heart (CH) 10:15 Coffee Social (TDR) 11:00 Table Games (TN&E) 11:15 Welch Art (WDR) 2:30 Music by Gardner Berry (TH) 6:30 Trivia Night (TDR)	9:30 Fireside Chats (TH) 10:15 Coffee Social (TH) 10:30 Quality of Life (TH) 11:15 Balloon Toss (W) 2:30 Special Bingo Sponsored by SWAM (TH) 6:45 Game Night (TDR)	9:30 Virtual Rosary (CH) 10:15 Coffee Social (TDR) 11:00 Gardening Group (TH) 11:00 Morning Exercise (TND) 11:00 Comedy Hour (TND) 11:15 Sensory Program (W) 1:30 Reflections of a Master Storyteller (TND) 2:30 Music by The Filliger's (TH) 6:30 Documentary (TH)	9:30 Crosswords (TDR) 10:15 Coffee Social (TDR) 11:00 Alcoholics Anonymous Meeting (TSCR) 11:00 Kerplunk (TH) 11:15 Music and Memory (W) 1:30 Bible Study w/ Seth (CH) 2:30 Music by The Dave Only Band (TH)
9:30 Morning Exercise (TND) 10:15 Coffee Social (TDR) 11:00 Catholic Mass on TV (CH) 11:15 Spiritual Hour (W) 2:30 Music by Irish Moulton Band (TH) 3:30 Virtual Concert (W)	9:30 Live Rosary w/ Steve (CH) 10:15 Coffee Social (TDR) 11:00 Westerns (TE) 11:00 Chicktionary (RC) 11:15 Hand Sensory (W) 1:00 Dog Visit w/ Molly (W) 2:00 Checkers Tournament (TDR) 3:30 Balloon Toss (W) 6:45 Old Time TV: The Twilight Zone (TDR)	9:30 High Rollers (TDR) 10:15 Coffee Social (TDR) 11:15 Interfaith Christian Service (CH) 11:15 Octaband (W) 1:45 Dog Visit w/ Winni (TH) 2:30 Music by Marlena Phillips (TH) 6:45 Turntable Tuesday (TDR)	<b>Theme Day: Multiple Sclerosis Awareness (wear orange)</b> 8:00 Hairdresser Available for Tarr (BRBR) 9:15 Visits w/ Parker Academy Students on Tarr (UNIT) 9:30 "Power"chute (Improve strength w/ fun parachute games!) (TH) 10:15 Coffee Social (TDR) 10:30 Sunshine Cart (CAFE) 11:15 Sing-a-Long (WDR) 2:30 Music by Jackie Lee (TH) 6:30 Trivia Night (TDR)	9:00 Food Committee Meeting (All residents are able to join) (TDR) 10:15 Coffee Social (TDR) 10:30 Music by Dave Jenne (WDR) 10:30 Music by Dave Jenne (TH) 11:00 Pool Noodle Hockey (TH) 2:00 Kelley's Korner (TH) 3:30 Chair Travel (W) 6:30 Night Bingo: Sponsored By Concord/Epsom # 1210 (TH)	9:00 Chair Yoga w/ Leslie (TH) 9:30 Virtual Rosary (CH) 10:15 Coffee Social w/ Students from Spaulding Youth Services (TDR) 11:00 Gardening Group (TH) 11:00 Comedy Hour (TND) 11:15 Sing-a-Long (WDR) 1:30 Reflections of a Master Storyteller (TND) 2:00 Billiards Shootout! (RC) 3:30 Trivia (W) 6:30 Documentary (TH)	9:30 Crosswords (TDR) 9:30 Prayer Service w/ Rev. Andres (CH) 10:15 Coffee Social (TDR) 11:00 Alcoholics Anonymous Meeting (TSCR) 11:00 Pokeno (TH) 11:15 Music and Memory (W) 1:00 Dog Visit w/ Subi (TN) 2:30 Magic Show (TDR)
<b>Happy St. Patrick's Day!!</b> 9:30 Morning Exercise (TND) 10:15 Coffee Social (TDR) 11:00 Catholic Mass on TV (CH) 11:15 Spiritual Hour (W) 2:30 St. Patrick's Day Party w/ Irish Musician Regina Delaney (TH) 6:45 American History w/ Ken (TDR)	9:30 Live Rosary w/ Steve (CH) 10:15 Coffee Social (TDR) 11:00 Chicktionary (RC) 11:00 Westerns (TND) 11:15 Hand Sensory (W) 2:30 Ladies Tea (W) 2:30 Gentleman's Gathering (TH) 3:30 Balloon Toss (W) 6:45 Old Time TV: The Twilight Zone (TDR)	9:30 Left, Right, Center (TH) 10:15 Coffee Social (TDR) 11:15 Octaband (W) 11:15 Interfaith Christian Communion Service (CH) 1:00 Dog Visit w/ Nash (TE) 2:30 Music by Stan Jr. (TH) 6:45 Turntable Tuesday (TDR)	<b>Theme Day: Wear an Animal Shirt Day</b> 8:00 Hairdresser on Welch (LL) 9:30 Morning Exercise (TND) 10:15 Coffee Social (TDR) 11:00 Bean Bag Toss (TN&E) 11:15 Welch Art (WDR) 1:00 Dog Visit w/ Lotte (W) 2:00 Paint Pouring (Art Projects) (TH) 3:30 Virtual Art Tour (WDR) 6:30 Trivia Night (TDR)	<b>World Social Workers Day</b> 9:30 Fireside Chats: (TH) 10:15 Coffee Social (TH) 10:30 Resident Council Meeting (TH) 11:15 Balloon Toss (W) 1:30 Company Beat Chorus (CH) 2:30 Birthday Bingo: Sponsored by Concord VFW & Aux 1631 (TH) 6:45 Game Night (TDR)	9:15 Morning Exercise (UNIT) 10:00 Catholic Mass w/ Father Adrian (CH) 10:15 Coffee Social (TDR) 11:00 Gardening Group (TH) 11:00 Comedy Hour (TND) 11:15 Sensory Program (W) 1:00 Dog Visit w/ Rowan (TN) 1:30 Reflections of a Master Storyteller (TND) 3:30 Trivia (W) 5:00 Music by Phil Breton (TDR)	9:00 Pinewood Derby (TH) 9:30 Crosswords (TDR) 10:15 Coffee Social (TDR) 11:00 Alcoholics Anonymous Meeting (TSCR) 11:00 Fun w/ Staff! (UNIT) 1:30 Bible Study w/ Seth (CH) 2:00 Pokeno (TH) 3:30 Comedy Hour (W)
9:30 Palm Sunday Service (CH) 10:15 Coffee Social (TDR) 11:00 Morning Exercise (TND) 11:15 Spiritual Hour (W) 1:30 Movie Matinee (TH) 3:30 Virtual Concert (W)	9:30 Live Rosary w/ Steve (CH) 10:15 Coffee Social (TDR) 11:00 Westerns (TE) 11:00 Chicktionary (RC) 11:15 Hand Sensory (W) 1:00 Dog Visit w/ Molly (TE) 2:00 Art Studio (TH) 2:00 Darts (RC) 3:30 Balloon Toss (W) 6:45 Old Time TV: The Twilight Zone (TDR)	9:30 High Rollers (TDR) 10:15 Coffee Social (TDR) 11:15 Monthly Memorial Service (CH) 11:15 Octaband (W) 2:30 Music by Tim Kierstead (TH) 3:30 Visits w/ Tilton Students (NHVH) 6:45 Turntable Tuesday (TDR)	<b>Theme Day: Easter Colors (wear pastels)</b> 9:15 Visits w/ Parker Academy Students on Tarr (UNIT) 9:30 "Power"chute (Improve strength w/ fun parachute games!) (TH) 10:15 Coffee Social (TDR) 10:30 Sunshine Cart (CAFE) 11:00 NASCAR Dice (TH) 11:15 Adapted Bowling (WDR) 2:30 Bingo (TH) 6:30 Trivia Night (TDR)	9:30 Red Herring (TND) 10:15 Coffee Social (TDR) 11:00 Mystery Puzzle (RC) 11:15 Balloon Toss (W) 2:30 Music by The Rockin' Daddios (TH) 6:45 Game Night (TDR)	9:30 Virtual Rosary (CH) 10:15 Coffee Social (TH) 11:00 Vietnam Veterans Day Ceremony (TH) 11:15 Sing-a-Long (WDR) 1:30 Reflections of a Master Storyteller (TND) 2:00 Kelley's Korner (TH) 3:30 Trivia (W) 6:30 Documentary (TH)	9:30 Crosswords (TDR) 10:15 Coffee Social (TDR) 11:00 Alcoholics Anonymous Meeting (TSCR) 11:00 Wheel of Fortune Toss (TH) 11:15 Music and Memory (W) 1:00 Dog Visit w/ Subi (W) 2:30 Music by The Belair's (TH)
9:30 Easter Sunday Service (CH) 10:15 Coffee Social (TDR) 11:00 Morning Exercise (TND) 11:15 Spiritual Hour (W) 1:00 Dog Visit w/ Winston (TE) 1:30 Movie Matinee (TH) 3:30 Virtual Concert (W) 6:45 American History w/ Ken (TDR)			<b>**Due to circumstances beyond our control, this calendar is subject to change at any time.**</b>	Town Hall (TH) Tarr Dining Room (TDR) Welch (W) Chapel (CH) Tarr North Den (TND) Welch Dining Room (WDR)	<b><u>Locations Legend</u></b> Recreation Center (RC) Tarr East (TE) Tarr South Conference Room (TSCR) On Units (UNIT) Tarr North (TN) NHVVH (NHVVH)	Tarr North & Tarr East (TN&E) Main St. Café (CAFE) Barber Shop (BRBR) Ladies Lounge (LL)




















# March 2024

## New Hampshire Veterans Home



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Video Calls</b> Contact our Recreation Therapist team at: Life Enhancement Dementia Unit (LEDU) Jennifer Mitchell: 603-527-4815 or Jennifer.S.Mitchell@nhvh.nh.gov  Welch (Highland Hall & Cardigan Hall) Megan Rowe: 603-527-4835 or Megan.E.Rowe@nhvh.nh.gov			<b>Social Excursions</b> <b>(Requiring Medications)</b> Lisa Hale - 603-527-4878  LEDU Ground  Cara Sedgley - 603-527-4422 Tarr North, Tarr East, & Welch		10:00 Catholic Mass on TV (LEDU) 11:00 Store Walks/Gardening (LEDU) 2:00 I Feel Lucky (FP) 2:00 Card Games (AS) 2:00 IN2L Games (JS) 6:30 Sensory Program (LEDU) 	9:30 Floor Game (FP) 9:30 Floor Game (AS) 11:00 Alcoholics Anonymous Meeting (TSCR) 11:15 Floor Game (JS) 2:00 St. Patrick's Day Craft (FP) 2:00 I Feel Lucky (AS) 3:15 Chair Travel (JS) 6:30 Sensory Program (LEDU)
10:00 Spiritual Hour (AS) 10:00 Spiritual Hour (FP) 10:00 Spiritual Hour (JS) 2:00 Movie Matinee (AS) 2:00 St. Patrick's Day Craft (JS) 3:15 Fraglets (FP) 6:30 Sensory Program (LEDU) <b>3</b>	9:30 Dog Visit w/ Linda/Black Lab (JS) 9:30 Live Rosary w/ Steve (CH) 9:30 Sing-a-Long (AS) 10:00 IN2L Biking (FP) 11:15 Name that Tune (JS) 2:30 Music by Bob McCarthy (TH) 6:30 Sensory Program (LEDU) <b>4</b>	10:00 Parachute (AS) 2:00 Acrylic Painting (FP) 2:00 I Feel Lucky (JS) 2:00 St. Patrick's Day Craft (AS) 6:30 Sensory Program (LEDU) <b>5</b>	Theme Day: Brain Injury Day (wear green) 9:15 Bowling w/ Parker Academy Students (FP) 10:00 Songs of the Heart (CH) 10:00 Interfaith Service (AS) 11:15 Interfaith Service (JS) 2:30 Music by Gardner Berry (TH) 6:30 Sensory Program (LEDU) 	9:30 Dog Visit: Linda/Black Lab (AS) 10:30 Quality of Life (TH) 2:30 Special Bingo Sponsored by SWAM (TH) 3:45 Interfaith Christian Service (FP) 6:30 Music & Memory (LEDU) 6:30 Dog Visit w/ Scout (LEDU) <b>7</b>	10:00 Catholic Mass on TV (LEDU) 11:00 Store Walks/Gardening (LEDU) 2:30 Music by The Filliger's (TH) 6:30 Sensory Program (LEDU) 6:30 Dog Visit w/ Scout (LEDU) 	9:30 Floor Game (FP) 9:30 Floor Game (AS) 11:00 Alcoholics Anonymous Meeting (TSCR) 11:15 Floor Game (JS) 2:30 Music by The Dave Only Band (TH) 6:30 Sensory Program (LEDU) <b>9</b>
10:00 Spiritual Hour (AS) 10:00 Spiritual Hour (FP) 10:00 Spiritual Hour (JS) 2:30 Music by Irish Moulton Band (TH) 6:30 Sensory Program (LEDU) <b>10</b>	7:30 Breakfast Sensory (JS) 9:30 Dog Visit w/ Linda/Black Lab (JS) 9:30 Live Rosary w/ Steve (CH) 10:00 Music & Memory (LEDU) 2:00 Picture Bingo (AS) 2:00 Card Games (FP) 2:00 Pet Sensory (JS) 6:30 Sensory Program (LEDU) <b>11</b>	8:00 Bread Sensory (AS) 10:00 Dance Party (AS) 2:30 Music by Marlena Phillips (TH) 6:30 Sensory Program (LEDU) 6:30 LEDU Music Therapy (AS) 	Theme Day: Multiple Sclerosis Awareness (wear orange) 10:30 Music by Bill Parker (AS) 11:15 Interfaith Service (JS) 11:15 Sing-a-Long (WDR) 2:30 Music by Jackie Lee (TH) 6:30 Sensory Program (LEDU) 6:30 Dog Visit w/ Enzo (LEDU) <b>13</b>	9:30 Dog Visit: Linda/Black Lab (AS) 10:00 Move to Music (JS) 10:00 Move to Music (AS) 10:30 Music by Dave Jenne (TH) 11:15 Interfaith Christian Service (FP) 2:30 Music & Memory (LEDU) 6:30 Night Bingo: Sponsored By Concord/Epsom # 1210 (TH) <b>14</b>	10:00 Catholic Mass on TV (LEDU) 11:00 Store Walks/Gardening (LEDU) 2:00 Playing Pool (AS) 6:30 Sensory Program (LEDU) 6:30 Dog Visit w/ Scout (LEDU) 	9:30 Prayer Service w/ Rev. Andres (CH) 9:30 Floor Game (FP) 10:00 Floor Game (AS) 11:00 Alcoholics Anonymous Meeting (TSCR) 11:15 Floor Game (JS) 2:30 Magic Show (TDR) 6:30 Sensory Program (LEDU) <b>16</b>
Happy St. Patrick's Day!! 9:30 Spiritual Hour (AS) 10:00 Spiritual Hour (FP) 10:00 Spiritual Hour (JS) 2:30 St. Patrick's Day Party w/ Irish Musician Regina Delaney (TH) 6:30 Sensory Program (LEDU)  <b>17</b>	9:30 Live Rosary w/ Steve (CH) 9:30 Dog Visit w/ Linda/Black Lab (FP) 10:00 IN2L Biking (JS) 2:00 Music & Memory (LEDU) 2:00 Kite Craft (FP) 2:30 Ladies Tea (W) 6:30 Sensory Program (LEDU) <b>18</b>	10:00 Volleyball (AS) 2:30 Music by Stan Jr. (TH) 6:30 Sensory Program (LEDU) 	Theme Day: Wear an Animal Shirt Day 9:15 IN2L Biking w/ Parker Academy Students (LEDU) 10:00 Interfaith Service (AS) 11:15 Interfaith Service (JS) 2:30 Ice Cream Social Sponsored by Brookline Lions Club (LEDU) 6:30 Sensory Program (LEDU) <b>20</b>	World Social Workers Day 9:30 Dog Visit: Linda/Black Lab (AS) 10:00 Move to Music (LEDU) 11:15 Interfaith Christian Service (FP) 1:30 Company Beat Chorus (CH) 2:30 Birthday Bingo: Sponsored by Concord VFW & Aux 1631 (TH) 6:30 Music & Memory (LEDU) 6:30 Dog Visit w/ Scout (LEDU) <b>21</b>	10:00 Catholic Mass w/ Father Adrian (CH) 11:00 Store Walks/Gardening (LEDU) 2:00 Kite Craft (AS) 2:00 Spring Sensory (JS) 3:15 Comedy Hour (FP) 5:00 Music by Phil Breton (TDR) 6:30 Sensory Program (LEDU)  <b>22</b>	9:00 Pinewood Derby (TH) 9:30 Floor Game (FP) 11:00 Alcoholics Anonymous Meeting (TSCR) 11:15 Floor Game (JS) 6:30 Sensory Program (LEDU) <b>23</b>
10:00 Palm Sunday Service (AS) 10:00 Movie Matinee (FP) 11:15 Palm Sunday Service (JS) 2:00 Movie Matinee (AS) 2:00 Movie Matinee (JS) 3:45 Palm Sunday Service (FP) 6:30 Sensory Program (LEDU) <b>24</b>	9:30 Dog Visit w/ Linda/Black Lab (JS) 9:30 Live Rosary w/ Steve (CH) 10:00 Music & Memory (LEDU) 2:00 Art Studio (TH) 2:00 Clay Craft (JS) 2:00 Gardening (AS) 6:30 Sensory Program (LEDU) <b>25</b>	8:00 Bread Sensory (FP) 10:00 Kickball (AS) 11:15 Monthly Memorial Service (CH) 2:30 Music by Tim Kierstead (TH) 3:30 Visits w/ Tilton Students (NHVH) 6:30 Sensory Program (LEDU) 6:30 LEDU Music Therapy (LEDU) <b>26</b>	Theme Day: Easter Colors (wear pastels) 10:00 Interfaith Service (AS) 10:00 Move to Music (FP) 11:15 Interfaith Service (JS) 2:00 Art Studio (FP) 6:30 Sensory Program (LEDU) <b>27</b>	9:30 Dog Visit: Linda/Black Lab (AS) 10:00 Move to Music (JS) 10:00 Move to Music (AS) 11:15 Interfaith Christian Service (FP) 2:30 Music by The Rockin' Daddios (TH) 6:30 LEDU Music Therapy (LEDU) 6:30 Dog Visit w/ Scout (LEDU) <b>28</b>	10:00 Good Friday Service on TV (LEDU) 11:00 Vietnam Veterans Day Ceremony (TH) 2:00 Kite Craft (JS) 2:00 Comedy Hour (AS) 2:00 Joggin' Your Noggin' (FP) 6:30 Sensory Program (LEDU)  <b>29</b>	9:30 Floor Game (FP) 10:00 Floor Game (AS) 11:00 Alcoholics Anonymous Meeting (TSCR) 11:15 Floor Game (JS) 2:30 Music by The Belair's (TH) 6:30 Sensory Program (LEDU) <b>30</b>
10:00 Easter Sunday Service (AS) 10:00 Easter Reminisce (FP) 11:15 Easter Sunday Service (JS) 2:00 Easter Reminisce (JS) 2:00 Easter Reminisce (AS) 3:45 Easter Sunday Service (FP) 6:30 Sensory Program (LEDU) <b>31</b>					<b>CONTACT INFORMATION</b> New Hampshire Veterans Home 139 Winter Street Tilton, NH 03276-5415 (603) 527-4400 Fax: (603) 286-4242 www.nh.gov/veterans www.facebook.com/NHVeteransHome	