



Kimberly M. MacKay  
Commandant

**New Hampshire Veterans Home**  
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Dear Residents and Families,

As we round into February, we continue to pivot for the health and safety of our veterans and staff. Although it could change on a moment's notice, we're thankful that currently all our neighborhoods on both Tarr (Tarr North, Tarr South and Welch) and LEDU (Alan Shepard, John Stark, Franklin Pierce and Highland Hall) are enjoying meals in dining rooms, visits and excursions.

Regular COVID testing continues as we follow the guidance from the NH Department of Health and Human Service and the Centers for Disease Control and Prevention (CDC). Through this testing, we received positive test results for two asymptomatic Tarr South veterans. These residents are on precautions that include temporary isolation from others.

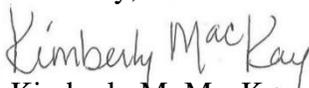
Veterans who may have been exposed are being carefully watched as we continue with infection prevention and control best practices including contact tracing, testing, and monitoring for symptoms. We also continue with frequent disinfection of objects and high-touch areas, good hand hygiene and social distancing where practicable.

Because COVID cases can cause changes on a moment's notice, we recommend calling us (603-527-4400) prior to visiting to ensure you have the latest information. Additionally, should you be experiencing ANY virus symptoms (noted on [www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html](http://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html)), please wait until you are feeling better to minimize possible virus spread. Flu, cold and COVID viruses are easily transmitted and are currently circulating throughout our state.

If you haven't visited our Facebook page ([www.facebook.com/nhveteranshome](http://www.facebook.com/nhveteranshome)) lately, you are invited to see some of our many activities that happen daily throughout our Home. One of these activities was our Blood Drive held February 1<sup>st</sup>. We were honored to hold this drive at the request of our NHVH Resident Council President, Allan Bailey. Two of our veterans were delighted to be medically cleared to donate. Others volunteered to serve the important role of greeter. Although open to the public, the vast majority of donors were members of our employee team. We are delighted to report that 12 were first-time donors!

Since the Groundhog saw his shadow last week, we wish you warm thoughts as we enter into the six more weeks of winter he predicted.

Sincerely,

  
Kimberly M. MacKay  
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