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DEPARTMENT OF SAFETY

Division of Homeland Security and Emergency Management

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NEWS RELEASE

CONDUCT FAMILY CHECKUP AS PART OF NATIONAL PREPAREDNESS MONTH

CONCORD, N.H. – The New Hampshire Department of Safety Division of Homeland Security and Emergency Management (HSEM) is participating in National Preparedness Month during September to help increase emergency preparedness throughout the state.

This year's national theme is "Take Control in 1, 2, 3," and will focus on preparing older adults for disasters. HSEM will include this theme during social media campaigns throughout the month of September.

"National Preparedness Month is a great time to conduct a preparedness checkup with your family," said HSEM Director Robert Buxton. "Sign up for alerts in your community and take time to update your emergency plans and kits. Make sure to involve all members of your family, including children, older adults and pets."

As part of National Preparedness Month, HSEM will offer three online sessions that will provide an overview of how our agency keeps New Hampshire prepared as well as what individuals can do to prepare their own families for emergencies. This will include the core steps of staying informed, having a plan, making a kit and getting involved.

These one-hour sessions will take place:

- Wednesday, September 6, from noon to 1 p.m. [Register here](#).
- Tuesday, September 12, from 9-10 a.m. [Register here](#).
- Thursday, September 28, from 3-4 p.m. [Register here](#).

Registration is required and can be completed by following the appropriate registration link.

For more information on what to do before, during and after a disaster, visit ReadyNH.gov. Stay informed by following New Hampshire Homeland Security and Emergency Management on [Facebook](#), X, formerly [Twitter](#), (@NH_HSEM) and [Instagram](#) (@NH_HSEM).

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