

**STATE OF NEW HAMPSHIRE**

**BEHAVIORAL HEALTH**

**REGIONAL RESOURCE DIRECTORY**

Updated November, 2008

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## Introduction to Directory

This Directory was initially developed for use by the New Hampshire National Guard for use in locating behavioral health services in NH for soldiers and their families. Since its inception in 2006, New Hampshire has experienced several natural disasters and numerous critical incidents. We have found the information listed in this Directory to be extremely helpful in times of crisis when it is necessary to connect those in need to appropriate resources.

We have developed this “**Behavioral Health Regional Resource Directory**” as a tool to make this process easier for those in need of behavioral health services. In the Directory you will find links to helping resources, resources by DBHRT region. Community mental health centers emergency numbers, alcohol and drug treatment services and 12 Step support group information.

The Directory will be updated annually. An electronic version can be found on the Homeland Security website at [www.nh.gov/safety/divisions/bem/](http://www.nh.gov/safety/divisions/bem/)

### Overview of Disaster Behavioral Health Response Teams ( DBHRT)

**The New Hampshire Department of Homeland Security and Emergency Management (HSEM) has developed an organized team of behavioral health providers to respond to the mental health needs of New Hampshire residents following disasters (e.g., bioterrorism, manmade or natural disasters). Five regional disaster behavioral health response teams (DBHRT) can be deployed immediately anywhere in the state. These teams respond to disasters or critical incidents when local behavioral health resources have been depleted or are overwhelmed. The goal of the disaster behavioral health response teams is to provide an organized response to individual victims, family members, survivors, or the community affected by critical incidents or disasters.**

#### **Team Composition:**

Teams include individuals with experience in human services, psychology, mental health, substance abuse, social work, psychiatry, education or spirituality. Over 650 Behavioral Health Response Team members have completed specialized training. Team members operate under the supervision of HSEM’s Disaster Behavioral Health Coordinator, receive ongoing training and participate in community exercises.

For additional information about the role these teams can play in assisting your community, please contact

**Paul Deignan**

**Disaster Behavioral Health Coordinator**

**Department of Safety**

**Homeland Security and Emergency Management**

**[Paul.Deignan@hsem.nh.gov](mailto:Paul.Deignan@hsem.nh.gov)**

**(603) 223-3621 OR (800) 852-3792**



## Some Helpful Web Links:

**Assistance Handbook**, NH Food Stamp Program, Division of Family Services, DHHS

<http://www.dhhs.state.nh.us/NR/ronlyres/exhrurnvq652eqjlw2rj3d5ecoaizzflfxcf2jy2sgci6fpedtss5muv4ldqdqmoj4ielloibzkrbozrttsqekwwlaa/handbook.pdf>

This handbook includes listing Family Services Programs. Other services listed include Domestic Violence, Elders, Adults Living with Disabilities, Children, Food Pantries, Heat and Fuel Assistance Programs, Homeless Programs, Deaf Services, Job and Legal Assistance, Nutrition and Education.

**AOD Guide:** Resource Guide for Alcohol and Drug Prevention and Treatment Services

<http://www.dhhs.nh.gov/NR/ronlyres/ekezi636s74cqyh6vbrc6vb3h6qhimo4mxwf6dwa5p3trndhq4hbhpsmhaz33qf2ufbjcparu4wunhglzth5eh2cd/resource.pdf>

This guide includes crisis sites, Outpatient and Residential and Private treatment centers, Opiate Treatment Programs, Treatment and Physician Locators, Impaired Driving Intervention Programs, Prevention Services, STD and HIV Counseling and Testing Resources, NH Correctional Academies and Their Programs, 12-Step Recovery Programs.

Services for Returning Vets:

[http://www.raonline.org/info\\_guides/veterans/](http://www.raonline.org/info_guides/veterans/)

This website is from the Rural Assistance Center and includes questions and information about services available for returning veterans.

<http://operationmilitarykids.org>

Operation: Military Kids (OMK) is the U.S. Army's collaborative effort with America's communities to support the children and youth impacted by deployment. This website has links to multiple supports and information.

NH Behavioral Health Resource Directory: The link to this directory

<http://www.nh.gov/safety/divisions/bem/behavhealth/documents/BehavioralHealthResourceDirectory.pdf>

## Disaster Behavioral Health Response Teams

### CITIES & TOWNS BY REGIONS

#### **Region 1- North Country:**

Albany, Bartlett, Bath, Benton, Berlin, Bethlehem, Brookfield, Carroll, Chatham, Clarksville, Colebrook, Columbia, Conway, Dalton, Dixville, Dummer, Easton, Eaton, Effingham, Errol, Franconia, Freedom, Gorham, Hart's Location, Haverhill, Jackson, Jefferson, Lancaster, Landaff, Lincoln, Lisbon, Littleton, Lyman, Madison, Milan, Monroe, Moultonborough, Northumberland, Ossipee, Piermont, Shelburne, Stark, Stewartstown, Stratford, Sugar Hill, Tamworth, Tuftonboro, Wakefield, Warren, Waterville, Wentworth Location, Whitefield, Wolfeboro, Woodstock

#### **Region 2 - South West:**

Acworth, Alstead, Antrim, Bennington, Canaan, Charlestown, Chesterfield, Claremont, Cornish Croydon, Dorchester, Dublin, Enfield, Fitzwilliam, Francestown, Gilsum, Goshen, Grafton, Grantham, Greenville, Hancock, Hanover, Harrisville, Hinsdale, Jaffrey, Keene, Langdon, Lebanon, Lempster, Lyme, Lyndeborough, Marlborough, Marlow, Nelson, New Ipswich, Newport, Orange, Orford, Peterborough, Plainfield, Sharon, Springfield, Stoddard, Sullivan, Sunapee, Surry, Swanzey, Temple, Troy, Unity, Walpole, Washington, Westmoreland, Wilton

#### **Region 3 – Upper Central:**

Alexandria, Allenstown, Alton, Andover, Ashland, Barnstead, Belmont, Boscawen, Bow, Bradford, Bridgewater, Bristol Campton, Canterbury, Center Harbor, Chichester, Concord, Danbury, Deering, Dunbarton, Ellsworth, Epsom, Franklin, Gilford, Gilmanton, Groton, Hebron, Henniker, Hill, Hillsboro, Holderness, Hopkinton, Laconia, Loudon, Meredith, New Hampton, New London, Newbury, Northfield, Pembroke, Plymouth, Salisbury, Sanbornton, Sutton, Thornton, Tilton, Warner, Weare, Webster, Wentworth, Wilmot, Windsor

#### **Region 4 – Lower Central:**

Amherst, Auburn, Bedford, Brookline, Candia, Goffstown, Hollis, Hooksett, Hudson, Litchfield, Londonderry, Manchester, Mason, Merrimack, Milford, Mont Vernon, Nashua, New Boston

#### **Region 5 – South East:**

Atkinson, Barrington, Brentwood, Chester, Danville, Deerfield, Derry, Dover, Durham, East Kingston, Epping, Exeter, Farmington, Fremont, Greenland, Hampstead, Hampton, Hampton Falls, Kensington, Kingston, Lee, Madbury, Middleton, Milton, New Castle, New Durham, Newfields, Newington, Newmarket, Newton, North Hampton, Northwood, Nottingham, Pelham, Plaistow, Portsmouth, Raymond, Rochester, Rollinsford, Rye, Salem, Somersworth, South Hampton, Strafford, Stratham, Windham

# Region 1 – North Country

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## Directory listings by Region

### Region 1- North Country:

Community Mental Health Center:

**The Mental Health Center**

Riverside Courtyard, 3 Twelfth St., Berlin, NH 03570

Phone: (603) 752-7404 (603) 752-5194

Specialties:

Serving

Additional Info:

Payment:

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Community Mental Health Center:

**The Mental Health Center**

34 Colby St., Colebrook, NH 03576

Phone: (603) 237-4955 (603) 237-1882

Specialties:

Serving

Additional Info:

Payment:

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Community Mental Health Center:

**The Mental Health Center**

25 W. Main St., Conway, NH 03818

Phone: (603) 447-2111 (603) 447-1021

Specialties:

Serving

Additional Info:

Payment:

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Community Mental Health Center:

**White Mountain Mental Health Center**

Beatrice Weeks Hospital, 173 Middle St., Lancaster, NH 03584

Phone: (603) 788-4911

Specialties:

Serving

Additional Info:

Payment:

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Community Mental Health Center:

**White Mountain Mental Health Center**

Linwood Medical Center, 115 Main St., Lincoln, NH 03251

Phone:

Specialties:

Serving

Payment:

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## Region 1 – North Country

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Community Mental Health Center:  
**White Mountain Mental Health Center**  
PO Box 599, Littleton, NH 03561  
Phone: (603) 444-5358  
Specialties:  
Serving  
Additional Info:  
Payment:

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Community Mental Health Center:  
**The Mental Health Center**  
70 Bay St., Wolfeboro, NH 03894  
Phone: (603) 569-1884  
Specialties:  
Serving  
Additional Info:  
Payment:

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Community Mental Health Center:  
**White Mountain Mental Health Center**  
27 Central St., Woodsville, NH 03785  
Phone: (603) 747-3658  
Specialties:  
Serving  
Additional Info:  
Payment:

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Private Practice:  
**Barbara E. Coman, LICSW**  
14 Green St., Berlin, NH 03570  
Phone: (603) 752-5330  
Specialties:  
Serving  
Additional Info:  
Payment:

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Non-profit agency:  
**Catholic Charities**  
633 Third Ave, Berlin, NH 03570  
Phone: (603) 752-1325  
Specialties:  
Serving  
Additional Info:  
Payment:

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## Region 1 – North Country

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Private Practice:

**Elizabeth P. Hess, PhD**

856 western Ave., Berlin, NH 03570

Phone: (603) 752-4475

Specialties: PTSD

Serving couples

Additional Info:

Payment:

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Private Practice:

**Judy-Marie Buteau, LICSW**

Pleasant St., Berlin, NH 03570

Phone: (603) 752-8168

Specialties:

Serving

Additional Info:

Payment:

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Agency:

**Recovery Resources**

177 Main St, Third Floor, Berlin, NH 03570

Phone: (603) 752-5185 (603) 986-5250 cell

Specialties:

Serving

Additional Info: Gregg Churchill, LADAC, LCMHC

Payment:

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Agency:

**St. Luke's Medical Center**

7 Page Hill Rd., Berlin, NH 03570

Phone: (603) 752-7750

Specialties:

Serving

Additional Info: E. Martin Kaufman, MD

Payment:

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Private Practice:

**Virginia Rockhill, PhD**

173 Main St., Colebrook, NH 03576

Phone: (603) 237-9850

Specialties:

Serving

Additional Info:

Payment:

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## Region 1 – North Country

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Private Practice:

**Benita Silver, LCPC, ATR**

, Conway, NH 03818

Phone: (603) 447-2323

Specialties:

Serving

Additional Info:

Payment:

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Private Practice:

**Diane Johnson, LMHC**

30 Pleasant St., Conway, NH 03818

Phone: (603) 447-2239

Specialties:

Serving

Additional Info:

Payment:

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Private Practice:

**Mark J. Horan**

30 Pleasant St., Conway, NH 03818

Phone: (603) 444-2453

Specialties:

Serving

Additional Info:

Payment:

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Agency:

**R&R Counseling Services, LLC**

47 Washington St., Conway, NH 03818

Phone: (603) 447-6700

Specialties:

Serving

Additional Info:

Payment:

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Private Practice:

**Scott Gustafson, PhD**

2682 Main St., Conway, NH 03818

Phone: (603) 356-9929

Specialties:

Serving

Additional Info:

Payment:

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## Region 1 – North Country

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Private Practice:

**William Nagahiro, PhD**

30 Pleasant St., Conway, NH 03818

Phone: (603) 447-5066

Specialties:

Serving

Additional Info:

Payment:

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Private Practice:

**Jennifer M. McCarthy, LICSW**

177 Main St, PO Box 581, Jackson, NH 03846

Phone: (620) 662-6394 cell

Specialties:

Serving

Additional Info:

Payment:

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Agency:

**Mental Health Associates**

, Jackson, NH 03846

Phone: (603) 383-9183

Specialties:

Serving

Additional Info: Richard Anderson, PhD, Rob Richardson, MD

Payment:

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Private Practice:

**Joseph T. Keenan, PhD**

97 Main St., Lancaster, NH 03584

Phone: (603) 788-2288

Specialties:

Serving

Additional Info:

Payment:

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Private Practice:

**Carol Lidstrom, MD**

105 West Main St., Littleton, NH 03561

Phone: (603) 444-0860

Specialties:

Serving

Additional Info:

Payment:

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## Region 1 – North Country

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Agency:

**Catholic Charities of NH**

16 Cottage St., Littleton, NH 03561

Phone: (603) 444-6465

Specialties:

Serving

Additional Info:

Payment:

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Agency:

**Center for New Beginnings**

229 Cottage St, Littleton, NH 03561

Phone: (603) 444-6465

Specialties:

Serving

Additional Info:

Payment:

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Private Practice:

**Claire Von Karls, LICSW**

42 Mill St., Littleton, NH 03561

Phone: (603) 444-8822

Specialties:

Serving Adolescents/Couples/Adults

Additional Info:

Payment:

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Private Practice:

**Donald Gilpin, CCSW**

13 Cottage St., Littleton, NH 03561

Phone: (603) 444-5438

Specialties: Mood disorders, adjustment disorders, marital difficulties

Serving couples

Additional Info:

Payment:

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Private Practice:

**Edwin G. Martin, PhD**

55 Union St., Littleton, NH 03561

Phone: (603) 444-5951

Specialties: PTSD, cognitive therapy

Serving Vets Couples

Additional Info:

Payment:

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## Region 1 – North Country

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Private Practice:

**Jeffrey Kay, PhD**

Parkers Marketplace, Littleton, NH 03561

Phone: (603) 444-5826

Specialties: Trauma

Serving Adolescents/Adults

Additional Info:

Payment:

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Private Practice:

**Susan Brown**

15 Main St., Littleton, NH 03561

Phone: (603) 444-2545

Specialties:

Serving

Additional Info:

Payment:

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Private Practice:

**Jennifer L. White-Baugh, PhD**

PO Box 2455, N. Conway, NH 03860

Phone: (603) 356-8779

Specialties:

Serving

Additional Info:

Payment:

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Agency:

**Mindful Ways**

PO Box 2325, N. Conway, NH 03860

Phone: (603) 356-8779

Specialties:

Serving

Additional Info: E. Michael Kahn, MD, Eleanor M. Kahn, ARNP

Payment:

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Private Practice:

**Patricia Chadwich, LICSW**

PO Box 370, N. Conway, NH 03860

Phone: (603) 356-0022

Specialties:

Serving

Additional Info:

Payment:

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## Region 1 – North Country

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Agency:

**Center of Adolescent and family Services**

25 Pork Hill Rd, Ossipee, NH 03864

Phone: (603) 539-1701

Specialties: Posttraumatic Stress

Serving

Additional Info: James F. Cameron

Payment:

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Agency:

**Stratford Counseling Center PC**

Bog Rd., Stratford,, NH

Phone: (603) 636-9914

Specialties:

Serving

Additional Info:

Payment:

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Agency:

**Lakeview Community Services**

Tri-County CAP Building, 448 White Mountain Highway, Tamworth, NH 03886

Phone: (603) 323-7434 (800) 473-4221

Specialties: PTSD, Neuropsychology, Rehabilitation

Serving Vets

Additional Info: Dr. Taylor is a Vietnam Combat Veteran, First Lieutenant (ret) US Army, also Austin Errico, PhD, Stefanie Griffin, PhD, Tina M. Trudel, PhD

Payment:

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Private Practice:

**Mark Stowbridge, LICSW**

, Tamworth, NH 03886

Phone: (603) 323-7509

Specialties:

Serving

Additional Info:

Payment:

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Private Practice:

**Sheryl Power, LICSW**

Tri-County CAP Resource Center, 448 White Mountain Highway, Tamworth, NH 03886

Phone: (603) 651-8182

Specialties: grief, loss, parenting issues, coping w/illness, stress, aging, end of life issues

Serving

Additional Info:

Payment:

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## Region 1 – North Country

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Private Practice:

**Wanda Harris, LCMHC, RN**

84 Bay St., Wolfeboro, NH 03894

Phone:

Specialties: grief, coping with illness, life transitions

Serving adults

Additional Info:

Payment:

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Private Practice:

**Sidney Croteau Gordon, MA, LMHC**

186 South Court St., Woodsville, NH 03785

Phone: (603) 747-4193

Specialties: PTSD, substance abuse

Serving Adolescents/Adults

Additional Info:

Payment:

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Deaf Services:

**GNMHC at Community Council**

100 W.Pearl, Nashua, NH 03060

Phone: 603-889-6147 x3263 VP/TTY: 603-598-7134 Pager: ccndeafservices@tmail.com

Specialties: Deaf Services

Serving people with hearing challenges

Additional Info: Services cover the whole state

Payment: all options

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## Region 2 – South West

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### Region 2: South West

Community Mental Health Center:

**West Central Behavioral Health Services, Claremont Child and Family Center**

18 Bailey Ave., Claremont, NH 03743

Phone: (603) 542-5128 (603) 542-5449 Fax: (603) 542-5455

Specialties: Comprehensive MH Services

Serving children and families

Additional Info:

Payment: All payment options

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Community Mental Health Center:

**West Central Behavioral Health Services, The Counseling Center of Claremont**

140 North St., Claremont, NH 03743

Phone: (603) 542-5128 (603) 542-2578 Fax: (603) 542-5455

Specialties: Comprehensive MH, Substance abuse

Serving adult services

Additional Info:

Payment: All payment options

---

Community Mental Health Center:

**Monadnock Family Services**

64 Main St., Keene, NH 03431

Phone: (603) 357-4400

Specialties: Comprehensive MH Services

Serving Adults/Children Vets

Additional Info: Significant experience working with Vietnam Vets

Payment: All payment options

---

Community Mental Health Center:

**Monadnock Family Services, Veterans' Services**

64 Main St., Keene, NH 03431

Phone: (603) 357-4400

Specialties: Trauma, PTSD, active duty trauma

Serving Vets

Additional Info: MFS has a contract to provide "Readjustment Counseling" to Vets with approval and referral by White River Junction VA.

Payment: All payment options

---

Community Mental Health Center:

**Counseling Center of Lebanon**

20 Park St, Ste.416, Lebanon, NH 03766

Phone: (603) 448-1101 Fax: (603) 448-8249

Specialties: Comprehensive MH Services

Serving Adults/Children

Additional Info:

Payment: All payment options

---

## Region 2 – South West

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Community Mental Health Center:

**West Central Behavioral Health Services, Adult Services**

85 Mechanic St., Lebanon, NH 03766

Phone: (630) 448-1101

Specialties: Comprehensive MH Services

Serving adult services

Additional Info:

Payment: All payment options

---

Community Mental Health Center:

**West Central Behavioral Health Services, Childrens' Services**

20 West Park,, Lebanon, NH 03766

Phone: (603) 448-1101 Fax: (603) 448-0129

Specialties: Comprehensive MH Services

Serving children and families

Additional Info:

Payment: All payment options

---

Community Mental Health Center:

**Community Council of Nashua**

7 Prospect St., Nashua, NH 3060

Phone: (603) 889-6147

Specialties: Comprehensive MH Services

Serving Adults/Children

Additional Info:

Payment: All payment options

---

Community Mental Health Center:

**West Central Behavioral Health Services, The Counseling Center of Newport**

Summercrest Professional Bldg, 167 Summer St., Newport, NH 03773

Phone: (603) 863-1951

Specialties: Comprehensive MH Services

Serving Adults/Children

Additional Info:

Payment: All payment options

---

Community Mental Health Center:

**Monadnock Family Services**

20 Depot Square, Ste. 2E, Peterborough, NH 03458

Phone: (603) 924-7236 Fax: (603) 924-4245

Specialties: Comprehensive MH Services

Serving Adults/Children

Additional Info:

Payment:

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## Region 2 – South West

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Community Mental Health Center:

**Monadnock Family Services, Fall Mountain Counseling Center**

8 Westminister St, PO Box 187, Walpole, NH 03608

Phone: (603) 756-4735

Specialties: chronic and general MH Services

Serving All Ages

Additional Info: Sattelite office

Payment:

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Agency:

**Crotched Mountain Rehabilitation Center**

1 Verney Drive,, Greenfield, NH 03047

Phone: (603) 547-3311

Specialties: Disability Services

Serving Adults/Children Vets

Additional Info: Developmental Disorders, Childrens' hospital, outpatient orthopedic clinic (adults), Contact: Kathy Thonis

Payment:

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Private Practice:

**Barbary Meyers, LICSW**

81 Court St., Keene, NH 03431

Phone: (603) 357-2944 (603) 938-2823 (h)

Specialties: General MH, Disaster BH

Serving All Ages

Additional Info: Sand tray therapy

Payment: All payment options

---

Private Practice:

**Judith Putzel, EdD**

, Keene, NH 03434

Phone: (603) 847-9797

Specialties: Disaster BH services

Serving Adults

Additional Info: would be available after disaster only

Payment:

---

Private Practice:

**Richard Toye, PhD**

129 West St., Keene, NH 03431

Phone: (603) 355-5047

Specialties:

Serving

Additional Info: Psychological or Neuropsychological Assessment, Head Injury, Returning Vets

Payment:

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## Region 2 – South West

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Private Practice:

**Tim Lowry, MFT**

121 Railroad St., Keene, NH 03431

Phone: (605) 352-1304 x 703 (603)352-1637

Specialties:

Serving

Additional Info:

Payment:

---

Agency:

**Dartmouth Hitchcock Medical Center**

One Medical Center Dr., Lebanon, NH 03756-0001

Phone: (603) 650-5855 <http://www.dartmouth.edu/psychtry/ads.htm>

Specialties: Comprehensive MH Services

Serving Adults/Children

Additional Info: Claudia Zaybert, PhD, Phyllis A. Pierce Hale, LICSW, BCD

Payment: All payment options

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Non-Profit at Hospital:

**Monadnock Behavioral Health Services**

454 Old Street Rd, Bond Wellness Center #202, Peterborough, NH 03458

Phone: (603)-924-4690

Specialties: Neurodevelopmental Disorders, PTSD, ADHD, Mood disorders

Serving Individuals and families

Additional Info: Psychological and Neuropsychological Assessment; Contact: Bette Lewicke, PhD

Payment:

---

Private Practice:

**Tracy Alysson**

217 L Old Homestead HWY., Swanzey, NH 03446

Phone: (603) 357-8991

Specialties: General MH, Disaster BH

Serving All Ages

Additional Info:

Payment: All payment options

---

Agency:

**Ashuelot Valley Counseling Center**

20 Warwick Rd., Winchester, NH 03470

Phone: (603) 239-4376

Specialties: general mental health counseling

Serving families, children, adults

Additional Info:

Payment:

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## Region 2 – South West

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College:

**Student Counseling Center**

Keene State College, 229 Main St., Keene, NH 03435-2803

Phone: (603) 358-2437

Specialties: General MH, Disaster BH

Serving For current KSC students only

Additional Info: DBH expertise, closed summers, contact: Candice Wiggum, PhD

Payment:

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Deaf Services:

**GNMHC at Community Council**

100 E.Pearl St., Nashua, NH 03060

Phone: 603-889-6147 x3263 VP/TTY: 603-598-7134 Pager: ccndeafservices@tmail.com

Specialties: General MH Services

Serving Deaf clients and their families

Additional Info: Services cover the whole state

Payment: All payment options

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## Region 3 – Upper Central

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### Region 3: Upper Central

Community Mental Health Center:

**Riverbend CMHC**

278 pleasant St., Concord, NH 03302

Phone: (603) 226-0817 Fax: (603) 226-7526

Specialties: People in crisis

Serving adult w/psychiatric crisis

Additional Info: would work with people after a disaster

Payment: all options

---

Community Mental Health Center:

**Riverbend, Children's Intervention Program (CHIP)**

105 Loudon Rd., Bldg 3, Concord, NH 03302

Phone: (603) 228-0547 Fax: (603) 226-7508

Specialties: Children with psychiatric issues

Serving Children and their families

Additional Info: Parent and Child Center offers classes for parents

Payment: all options

---

Community Mental Health Center:

**Riverbend, Twin Rivers Counseling Center**

53 Kendall St., Franklin, NH 03235

Phone: (603) 934-3400 Fax: (603) 934-3459

Specialties: general and chronic mental health counseling

Serving Children and adults

Additional Info: no anger management, no substance abuse

Payment: all options

---

Community Mental Health Center:

**GENESIS Behavioral Health**

771 N. Main St, Laconia, NH 03246

Phone: (603) 524-1100 Fax: (603) 524-0760

Specialties: Children with psychiatric issues

Serving Children and their families

Additional Info: Child Impact classes

Payment: all options

---

Community Mental Health Center:

**GENESIS Behavioral Health**

111 Church St., Laconia, NH 03246

Phone: (603) 524-1100 Fax: (603) 524-0760

Specialties: general and chronic mental health counseling

Serving Adults

Additional Info:

Payment: all options

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## Region 3 – Upper Central

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Community Mental Health Center:

**Riverbend Elder Services**

30 Borough Rd., Ste 2, Penacook, NH 03303

Phone: (603) 228-2101 Fax: (603) 228-2100

Specialties: Referral, education, assistance, prevention

Serving Elders 60 or over

Additional Info: must self-refer, med management, psych testing, therapy

Payment: all options

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Community Mental Health Center:

**Genesis Behavioral Health**

607 Tenney Mtn. Hwy, Ste.144, Plymouth, NH 03264

Phone: (603) 536-1118 Fax: (603) 536-1028

Specialties: general and chronic mental health counseling

Serving all ages

Additional Info: substance abuse services included

Payment: all options

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Private Practice:

**Ashland Family and Play Therapy Center**

84 Main St., Ashland, NH 03217

Phone: (603) 968-3507

Specialties: Play therapy, family therapy

Serving all ages, no Axis II disorders

Additional Info: trauma survivors using EMDR, Contact: Laurie Parker, LMFT

Payment: most insurances, medicaid but not medicare

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Agency:

**LRGHealthcare, Nathan Brody Chemical Dependency Program**

73 Daniel Webster Highway, Belmont, NH 03220

Phone: (603) 527-2644

Specialties: Intensive outpatient substance abuse treatment

Serving Adults, 18 or over

Additional Info: can self-refer

Payment: all options

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Private Practice:

**Foad Afshar, PsyD**

48 West St., Concord, NH 03301

Phone: (603)223-5966 (603) 340-1527

Specialties: depression, PTSD

Serving Children/Adolescents

Additional Info: Clinical Hypnotherapy (when indicated and appropriate) and consultation on educational disability issues (clinical and procedural issues of special education process)

Payment: strictly private pay

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## Region 3 – Upper Central

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Private Practice:

**Paul Smith, MA, LCMHC, CAS**

2 Union St., Concord, NH 03301

Phone: (603) 226-6609

Specialties: PTSD, Grief, Depression, Anxiety, Addictions, Grief & Loss, Spirituality, and Relationships.

Serving Age 13 and up

Additional Info: Addiction specialty

Payment: medicaid, out of network for insurance

---

Private Practice:

**Peter Kritausky, PhD**

6 Hills Ave., Concord, NH 03301

Phone: (603) 226-2607

Specialties: Stress management, depression, anxiety disorders.

Serving Adolescents and adults

Additional Info: CBT (Cognitive Behavioral Therapy), no substance abuse

Payment: all options

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Private Practice:

**Bianco Child and Family Therapy, LLC**

14 Country Club Road, Gilford, NH 03249

Phone: (603) 524-5776

Specialties: Stress, anxiety and family conflict.

Serving Adults/Family/Children/Adolescents/Couples

Additional Info: Karen Bianco, LICSW, ACSW, MSW

Payment:

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Agency:

**Connery Psychological Services**

648 NH Rte 104, New Hampton, NH 03256

Phone: (603) 744-0344

Specialties: Psychological and academic testing

Serving all ages

Additional Info: evaluations only, especially for court

Payment: medicaid, Healthy Kids Gold, self-pay

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Agency:

**Delta Counseling consultants, LLC**

85 Main St., Plymouth, NH 03264

Phone: (603) 254-5944

Specialties: Addictions assessment and treatment

Serving

Additional Info: co-occurring disorders, Contact: Christie Faella, LCMHC, LADC

Payment:

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## Region 3 – Upper Central

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Agency:

**Horizons Counseling Services**

258 Highland St., Plymouth, NH 03264

Phone: (603) 536-2010

Specialties: Substance Abuse Assessment and Treatment

Serving Adolescents and adults

Additional Info:

Payment: medicaid, most insurance, no medicare

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Private Practice:

**Regina Kelly**

66 Main St., Plymouth, NH 03264

Phone: (603) 536-1020

Specialties: stress, abuse, depression, grief

Serving no information

Additional Info:

Payment: no information

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State Psychiatric Hospital:

**New Hampshire Hospital**

36 Clinton Street, Concord, NH 03301

Phone: (603) 271-5967 (603) 271-5475

Specialties: Psychiatric Social Work

Serving Clients at risk for harm to self or others

Additional Info: no voluntary clients, contact: Sophia Sims

Payment: all options

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Mediation:

**NH Mediation Program**

2 Industrial Park Drive, Concord, NH 03301

Phone: (603) 224-8043

Specialties: Mediation services

Serving families in Merrimack County

Additional Info: for families interested in working out challenges

Payment: most services free, self-pay if court related, no insurance

---

College:

**New England College**

24 Bridge Street, Henniker, NH 03242

Phone: (603) 428-2310

Specialties: general mental health counseling

Serving for registered students

Additional Info: willing to provide services in time of disaster, Lisa Benson interested in

DBHRT

Payment: sliding scale

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## Region 3 – Upper Central

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Deaf Services:

**GNMHC at Community Council, Deaf Services**

100 W.Pearl St., Nashua, NH 03060

Phone: 603-889-6147 x3263 VP/TTY: 603-598-7134 Pager: ccdeafservices@tmail.com

Specialties: Deaf Services

Serving Clients and families with hearing challenges

Additional Info: Services cover the whole state

Payment: all options

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## Region 4 – Lower Central

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### Region 4: Lower Central

Community Mental Health Center:

**The Mental Health Center of Greater Manchester**

401 Cypress St., Manchester, NH 03101

Phone: (603) 668-4111 (603) 669-1131

Specialties: chronic and general mental health

Serving all ages

Additional Info: Quentin Turnbull, MD

Payment: all options

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Community Mental Health Center:

**Greater Nashua Community Mental Health Center**

15 Prospect St., Nashua, NH 03060

Phone: (603) 889-6147 (603) 883-1568

Specialties: chronic and general mental health

Serving Adults

Additional Info: individual and group services, LADACs available

Payment: all options

---

Community Mental Health Center:

**Greater Nashua Community Mental Health Center**

7 Prospect St., Nashua, NH 03060

Phone: (603) 889-6147 (603) 883-1568

Specialties: chronic and general mental health

Serving Children and their families

Additional Info:

Payment: all options

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Private Practice:

**Marcia M. Martin, MA LCMHC**

5 Northern Blvd, Amherst, NH 03031

Phone: (603) 821-6464

Specialties:

Serving

Additional Info:

Payment:

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Private Practice:

**Maureen Guilfoyle, LICSW**

5 Northern Blvd, Amherst, NH 03062

Phone: (603) 554-6198

Specialties:

Serving

Additional Info:

Payment:

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## Region 4 – Lower Central

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Private Practice:

**Eileen Goyette, LMHC**

21 Central St., Andover, MA, NH 1810

Phone: (978) 687-9264 603-289-2731

Specialties: depression, anxiety, trauma

Serving Adults, couples, some adolescents

Additional Info: EMDR

Payment: some insurance, private pay

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Agency:

**Birch Street Counseling**

8 Birch Street, Derry, NH 03038

Phone: (603) 434-3708

Specialties:

Serving Couple/Children/Family

Additional Info:

Payment:

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Private Practice:

**The Counseling Center**

10 Ploss Lane, Goffstown, NH 03045

Phone: (603) 497-2410 counselingstudio@aol.com

Specialties: anxiety, depression, trauma

Serving individuals, couples, families, adults and adolescents

Additional Info: Adèle V. Bradley, MA, LCMHC, Certified in Level 2 EMDR

Payment: Accepting medicaid, many health insurances, private pay and sliding scale by arrangement.

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Private Practice:

**Gail Bacheller London, LICSW**

20 Mary Clark Drive, The Raymond Building, Hampstead, NH 03841

Phone: (603) 329-6784

Specialties:

Serving

Additional Info:

Payment:

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Private Practice:

**Noreen Daly-Eytel, LMHC**

20 Mary Clark Drive, The Raymond Building, Hampstead, NH 03841

Phone: (603) 490-1904 N/A

Specialties: Trauma

Serving Couples

Additional Info: No children, except as in family group

Payment: Insurance and Charge cards

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## Region 4 – Lower Central

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Private Practice:

**Tim Lowry, MFT**

121 Railroad St., Keene, NH 03431

Phone: (605) 352-1304 x 703 (603)352-1637

Specialties:

Serving

Additional Info:

Payment:

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Private Practice:

**Brenda Desmarais**

12 Blue Jay Way, Litchfield, NH 03052

Phone: (603) 883-9885 N/A

Specialties:

Serving

Additional Info: Home office

Payment:

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Agency:

**Bedford Counseling Associates**

1228 Elm St., Manchester, NH 03101

Phone: 603) 623-1916 (603) 641-6910

Specialties: Anxiety/Substance Abuse

Serving Couples/Family/Children

Additional Info:

Payment: Takes most insurances, sliding free scale

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Agency:

**Child & Adolescent Services**

218 East Road, Manchester, NH 03101

Phone: (603) 668-4111 (603) 622-4134

Specialties: Mood Disorders

Serving Children/Adolescents

Additional Info: Ages 10-18, part of the Hampstead Hospital.

Payment:

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Non-Profit Agency:

**Child and Family Services**

99 Hanover St, Manchester, NH 03101

Phone: (603) 518-4000 (603)668-6260

Specialties:

Serving Children/Family/Couples

Additional Info: Bill Chausse, LICSW

Payment:

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## Region 4 – Lower Central

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Private Practice:

**Denise Walderich, MA, LMFT**

697 Union Street, Manchester, NH 03104

Phone: (605) 625-0996

Specialties:

Serving Couples/Family

Additional Info: Part of the Counseling Ctr.

Payment:

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Private Practice:

**Dr. Juliana Read, Clinical Psychologist**

25 Lowell St, Suite 502, Manchester, NH 03101

Phone: (603) 625-1411 (603) 625-1229

Specialties: Anxiety disorders, Depression, Bi-polar Disorder, trama/abuse issues, relationship issues, grief and loss

Serving

Additional Info: Cognitive-Behavioral Treatment approach

Payment: all major NH managed care insurances

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Agency:

**Elliot Behavioral Health**

445 Cypress St, Ste.8, Manchester, NH 03103-3600

Phone: (603) 668-4079

Specialties: Depression, anxiety, ADD - wide range of services

Serving Adults, children, couples

Additional Info: Eating disorder specialist

Payment: all options

---

Private Practice:

**George Samuels, MA, MSW, BCD**

27 Lowell Street, Ste. 403, Manchester, NH 03101

Phone: (603) 623-6916 (603) 623-6926

Specialties: Anxiety

Serving Children/Adults/Couples

Additional Info: Deals mainly with Anxiety issues

Payment: Insurance, Medicaid

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Agency:

**Green House Group**

1361 Elm St., Suite 407, Manchester, NH 03101

Phone: (603) 668-3050

Specialties: general mental health

Serving

Additional Info: Sheila Renaud-Finnegan, LICSW, Douglas P. Johnson, PsyD

Payment: most insurance

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## Region 4 – Lower Central

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Agency:

**North End Counseling**

9 Blodget St., Manchester, NH 03104

Phone: (603) 668-4111 (603) 625-6824

Specialties:

Serving

Additional Info:

Payment:

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Agency:

**The Counseling Center**

697 Union Street, Manchester, NH 03104

Phone: (603) 627-3111 www.counselingcenter.com (603) 883-0007

Specialties: med management, wide range of mental health services

Serving all ages

Additional Info: Psychiatrists, psychologists, satellite for One Main St, Nashua

Payment: medicare, some medicaid, most insurances

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Agency:

**Naticook Counseling Resources, P.A.**

31 Naticook Rd., Merrimack, NH 03054

Phone: (603) 429-1190

Specialties: Trauma, Crisis, Disaster

Serving

Additional Info: Donna M. Hastings, PsyD

Payment: all options

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Agency:

**Center for Life Enrichment**

64 South Street, Milford, NH 03055

Phone: (603) 672-4497

Specialties:

Serving

Additional Info: Carol A. Piwko, LCMHC

Payment:

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Private Practice:

**Erline Towner, MA, LCMHC, NCC**

49 Quarry Circle, Milford, NH 03055

Phone: (603) 860-6599 (603) 672-2536

Specialties:

Serving

Additional Info:

Payment:

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## Region 4 – Lower Central

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Non-Profit Agency:

**Milford Regional Counseling Services**

15 Union St., Milford, NH 03055

Phone: (603) 673-2508

Specialties: general mental health

Serving all ages

Additional Info:

Payment: all options

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Agency:

**Woodard Hypnosis and Psychotherapy**

33A & B Putnam Street, PO Box 874, Milford, NH 03055

Phone: (603) 673-2582

Specialties: Trauma, Children

Serving Adults

Additional Info: Fredrick Woodard, PhD, DCH

Payment: all options

---

Agency:

**Advantage Counseling**

3 Taggart Drive #B, Nashua, NH 03060

Phone: (603) 888-0561 (603) 888-2710

Specialties:

Serving Couples/Family/Children

Additional Info: Quentin Turnbull, MD

Payment:

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Private Practice:

**Mel Kimmel, PhD**

39 Simon St, Unit 2A, Nashua, NH 03060

Phone: (603) 889-0400 (603) 577-9157

Specialties: Trauma

Serving Children/Couples

Additional Info: Clinical psychology, Child, adolescent, adult development

Payment:

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Agency:

**The Counseling Center of Nashua**

1 Main Street, Nashua, NH 03060

Phone: (603) 883-0005 x357 [www.counselingcenter.com](http://www.counselingcenter.com) (603)883-0007

Specialties: med management, wide range of mental health services

Serving all ages

Additional Info: Evan Greenwald, PhD, Loralie Lawson, PhD

Payment: medicare, some medicaid, most insurances

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## Region 4 – Lower Central

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Non-Profit Agency:

**The Youth Council**

112 West Pearl Street, Nashua, NH 03060

Phone: (603) 889-1090 (603) 598-1703

Specialties:

Serving Children

Additional Info: Judith Jepson, LICSW

Payment: all options

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Deaf Services:

**GNMHC at Community Council, Deaf Services**

100 W.Pearl St., Nashua, NH 03063

Phone: 603-889-6147 x3263 VP/TTY: 603-598-7134 Pager: ccndeafservices@tmail.com

Specialties: Deaf Services

Serving People with hearing challenges

Additional Info: Services cover the whole state

Payment: all options

---

Non-Profit Agency:

**Nashua Division of Community Health**

18 Mulberry St, Nashua, NH 03060

Phone: (603) 589-4508

Specialties: Substance abuse, issues with co-occurring disorders

Serving Homeless population, IV drug users, returning vets

Additional Info: Al Matkowsky, MA, LADC, outreach worker

Payment: state funded services

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Community Mediation Program

**Nashua Mediation Program**

18 Mulberry St. Nashua, NH 03060

Phone: (603) 589-4550

Specialties: parent-child/family mediation & \*marital (divorce) mediation

Serving: Children, families and divorcing couples

Additional Info: Also offering training in conflict resolution to community groups

Payment: parent-child/family mediation services are provided *free* of charge to families from Amherst, Brookline, Hollis, Hudson, Litchfield, Merrimack, Nashua & Pelham.

\*Marital (divorce) mediation services are provided for a fee.

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## Region 5 SouthEast

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### Region 5: South East

Community Mental Health Center:

**Center for Life Management**

10 Tsienneteo Rd., Derry, NH 03080

Phone: (603) 434-1577 Fax: (603) 898-4779

Specialties: chronic and general mental health

Serving all ages

Additional Info: some housing programs

Payment: all options

---

Community Mental Health Center:

**Community Partners**

55 Washington St, Ste.540, Dover, NH 03820

Phone: (603) 516-9300 (603) 749-3244 Fax: (603) 743-1850

Specialties: chronic and general mental health

Serving all ages

Additional Info: refer out for addiction services

Payment: all options

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Community Mental Health Center:

**Seacoast Mental Health Center**

30 Prospect St, PO Box 1041, Exeter, NH 03833

Phone: (603) 772-2710 Fax: (603) 772-4975

Specialties: chronic and general mental health

Serving all ages

Additional Info: no specific addiction services

Payment: all options

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Community Mental Health Center:

**Seacoast Mental Health Center**

1145 Sagamore Ave., Portsmouth, NH 03801

Phone: (603) 431-6703 Fax: (603) 433-5078

Specialties: chronic and general mental health

Serving all ages

Additional Info: on LADAC for specific clients

Payment: all options

---

Community Mental Health Center:

**Community Partners**

25 Old Dover Rd., Rochester, NH 03867

Phone: (603) 516-9300 (603) 335-6470 Fax: (603) 335-9278

Specialties: chronic and general mental health

Serving all ages

Additional Info: satellite office for Dover Community Partners

Payment: all options

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## Region 5 SouthEast

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Community Mental Health Center:

**Center for Life Management**

44 Stiles Rd, Salem, NH 03079

Phone: (603) 434-1577

Specialties: chronic and general mental health

Serving all ages

Additional Info: stallite office for CLM, Derry

Payment: all options

---

Private Practice:

**Garrison City Counseling & Psychotherapy**

86 Locust St., Dover, NH 03820

Phone: (603) 749-7421

Specialties: trauma, anxiety, parenting behavioral concerns

Serving

Additional Info: Erika Bernier-Hockenhull, LCMHC

Payment:

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Non-Profit Agency:

**Child and Family Services**

9 Hampton Rd, Exeter, NH 03833

Phone: (603) 772-3786

Specialties: stress, depression, substance abuse, trauma.

Serving Individual, Couples, Family Therapy

Additional Info: Susan Swanwick, LICSW

Payment: depend on department and services

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Private Practice:

**Tom Grebouski, PhD**

18 String Bridge Road, Exeter, NH 03833

Phone: (603) 772-7797

Specialties: anxiety and related disorders; cognitive behavioral therapy

Serving

Additional Info:

Payment:

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Private Practice:

**Joe Kilcullen,**

370 Portsmouth Avenue #12, Greenland, NH 03840

Phone: (603) 498-4135

Specialties: Substance Abuse, Crisis Intervention

Serving Adult males, family systems with addicted family member

Additional Info: Strategic and crisis interventions, Some behavioral work with gamblers, male sexual addicts

Payment: no medicaid, most insurances

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## Region 5 SouthEast

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Agency:

**Crossroads Counseling Center**

216 Lafayette Rd. #206, No. Hampton, NH 03862

Phone: (603) 964-1700

Specialties: depression, PTSD, anxiety, grief, spiritual and marital issues

Serving Families, couples, children

Additional Info: Jane and Dennis Marasco, Tressa Ryan, addiction experience

Payment: limited medicare/medicaid, most insurances

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Agency:

**Addiction Recovery Services**

1145 Sagamore Ave., Portsmouth, NH 03801

Phone: (603) 433-6250

Specialties: Addiction services

Serving adolescents and adults

Additional Info: no info

Payment: no info

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Private Practice:

**Bia Piel, MeD, LCMHC**

426 State St., Portsmouth, NH 03801

Phone: (603) 559-9009

Specialties:

Serving Children/Adult/Family

Additional Info:

Payment:

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Private Practice:

**Sandra Yarne, PhD**

20 Ladd Street, Ste.405, Portsmouth, NH 03801

Phone:

Specialties: Depression, anxiety, trauma and adjustment disorders.

Serving Children, adolescents and adults

Additional Info: no phone listed

Payment: Most insurances accepted

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Non-Profit Agency:

**NH Catholic Charities**

23 Grant St., Rochester, NH 03867

Phone: (603) 332-7701

Specialties: PTSD, depression, anxiety, grief and loss

Serving all ages

Additional Info: Loretta S. Shugrue, LICSW, trained in Thought Field Therapy

Payment: medicare/medicaid, limited insurance, sliding scale

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## Region 5 SouthEast

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Agency:

**Marriage and Family Therapy**

289 Main Street, Salem, NH 03079

Phone: (603) 890-8670

Specialties: Family issues, couples

Serving all ages

Additional Info: Mary Mozo, Richard Galvin

Payment: Most insurances accepted

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Private Practice:

**Mariellen D. Lepage, LICSW**

87 Indian Rock Rd, Rt. 111, Windham, NH 03087

Phone: (603) 401-9316

Specialties: grief, Loss, Anxiety, Depression, ADHD, PTSD

Serving

Additional Info: life and employment transitions

Payment:

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Resource:

**HUB Family Resource Center**

23 Atkinson Street, Dover, NH 03820

Phone: (603) 749-9754

Specialties: Family support, links to resources

Serving Families, parents, children

Additional Info: Parenting classes, Stay and Play child care

Payment: most free, self-pay for court ordered services

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Deaf Services:

**GNMHC at Community Council, Deaf Services**

100 W. Pearl St., Nashua, NH 03063

Phone: 603-889-6147 x3263 VP/TTY: 603-598-7134 Pager: ccndeafservices@tmail.com

Specialties: Deaf Services

Serving People with hearing challenges

Additional Info: Services cover the whole state

Payment:

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Substance Abuse Resources

RESOURCE GUIDE

Resource Guide for  
State of  
New Hampshire  
Alcohol and Drug  
Prevention and  
Treatment Services



NH Department of Health and Human Services

Bureau of Drug and Alcohol Services

<http://www.dhhs.state.nh.us/DHHS/ATOD/default.htm>

**Call 603.271.6110 or 800.804.0909 (toll-free in NH)**

**After Hours - 1-800-639-6095**

10-2008

# Resource Guide for NH Alcohol and Drug Prevention Services

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## VISION

**W**e envision a society in which alcohol and drug problems are recognized as public health issues that are both preventable and treatable.

**W**e envision a society in which high-quality services for prevention and treatment of alcohol and drug problems are widely available and where prevention and treatment are recognized as specialized fields of expertise.

**W**e envision a society in which people with a history of alcohol or drug problems, and people that are at risk for these problems are valued and treated with dignity and where stigma, prejudice, discrimination, and other barriers to prevention and recovery are eliminated.

## MISSION

**T**o significantly reduce alcohol and other drug abuse and its social, health, and behavioral consequences for the citizens of New Hampshire through public policy and resource development, education, and supporting initiatives that ensure the delivery of effective and coordinated prevention and treatment services.

# Resource Guide for NH Alcohol and Drug Prevention Services

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## Crisis Sites

Crisis sites, also known as clinically managed residential detox facilities which provide residential, non-medical detoxification and sobriety maintenance services, are designed for individuals who are experiencing intoxication from alcohol and/or drugs but are not experiencing a medical emergency. Admission is voluntary. These programs are staffed by Emergency Medical Technicians (EMTs), as well as staff and volunteers who are specifically trained in the management of the inebriated or impaired person.

Sobriety maintenance programs provide short-term residential services for alcoholics and people with substance use disorders. Services include individual group counseling, educational sessions, and introduction to self-help groups. The purpose of sobriety maintenance programs is to provide a safe and supportive environment until appropriate treatment becomes available. They are typically offered 24 hours a day, 7 days a week. *(NOTE: Most people are assessed or evaluated at a Crisis Intervention Site or at an Outpatient Treatment Program.)*

### **BERLIN**

#### **Tri-County Community Action Program Step One**

361 School Street  
PO Box 659  
Berlin, NH 03570  
Phone: 603-752-8033  
Fax: 603-752-7832

### **DOVER**

#### **Southeastern NH Alcohol and Drug Abuse Services**

272 County Farm Road  
Dover, NH 03820  
Phone: 603-749-3034  
800-698-7647  
Fax: 603-749-3983

### **FRANKLIN**

#### **Phoenix Houses of New England Franklin Center**

14 Holy Cross Road  
Franklin, NH 03235  
Phone: 603-934-5297  
Fax: 603-934-3297  
[MO'Bryant@phoenixhouse.org](mailto:MO'Bryant@phoenixhouse.org)  
[www.phoenixhouse.org](http://www.phoenixhouse.org)

### **KEENE**

#### **Phoenix Houses of New England Keene Center**

106 Roxbury Street, Keene, NH 03431  
Phone: 603-358-4041  
Fax: 603-358-6527

### **LEBANON**

Headrest  
14 Church Street, Lebanon, NH 03766  
Hotline: 603-448-4400  
Phone: 603-448-4872  
Toll Free 800-639-6095  
Fax: 603-448-1829

### **MANCHESTER**

Serenity Place  
101 Manchester Street, Box 1477  
Manchester, NH 03105  
Phone: 603-625-6980  
Fax: 603-625-6982

### **NASHUA**

**Keystone Hall  
Greater Nashua Council on Alcoholism**  
88 Pine Street Extension  
Nashua, NH 03060  
Phone: 603-881-4848  
Fax: 603-598-3644

## Outpatient Treatment

The following agencies provide outpatient substance abuse counseling, assessment and screening with funding from the New Hampshire Department of Health and Human Services and/or the Governor's Commission on Alcohol and Drug Abuse Prevention, Intervention, and Treatment. These programs serve individuals whose alcohol and other drug use affects their daily living and causes family issues, irregular employment, arrest, etc. In many cases, an individual's outpatient counselor provides the first step towards comprehensive treatment. Services are offered on a sliding fee scale, based on ability to pay for services. *(NOTE: Most people are assessed or evaluated at a Crisis Intervention Site or at an Outpatient Services Program.)*

### **BERLIN**

**Northern Human Services  
Founders Hall**  
3 Twelfth Street  
Berlin, NH 03570  
Phone: 603-752-7404  
Fax: 603-752-5194

### **COLEBROOK**

Northern Human Services  
**Mental Health Center, The**  
55 Colby Street  
Colebrook, NH 03576  
Phone: 603-237-4955  
Fax: 603-237-4882

### **UBETHLEHEM**

**Tri-County Community Action Program  
Friendship House**  
Box 717  
2957 Main Street  
Bethlehem, NH 03574  
Phone: 603-869-2210  
Fax: 603-869-2355

### **CONCORD**

Concord Hospital  
The Fresh Start Program  
*(Intensive Outpatient 18 years and older and  
Outpatient Services)*  
250 Pleasant Street, Suite 5400  
Concord, NH 03301  
Phone: 603-225-2711 ext. 2521  
Fax: 603-227-7169

### **CLAREMONT**

The Counseling Center of Claremont  
140 North Street  
Claremont, NH 03743  
Phone: 603-542-2578  
Fax: 603-542-5456

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# Resource Guide for NH Alcohol and Drug Prevention Services

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## **CONWAY**

Northern Human Services  
**Mental Health Center, The**  
25 West Main Street  
Conway, NH 03818  
Phone: 603-447-2111  
Fax: 603-447-1021

## **Northern Human Services**

*(Administrative Offices)*  
87 Washington Street  
Conway, NH 03818  
Phone: 603-447-3347  
Fax: 603-447-8893

## **DOVER**

**Southeastern NH Alcohol and Drug Abuse Services (Dover)**  
*(Outpatient and Intensive Outpatient Services)*  
272 County Farm Road  
Dover, NH 03820  
Phone: 603-749-3981  
Fax: 603-749-3983

## **EXETER**

**Southeastern NH Alcohol and Drug Abuse Services**  
*(Outpatient Counseling Office)*  
14 Front Street  
Exeter, NH 03833  
Phone: 603-749-3981  
Fax: 603-749-3983

## **GILFORD**

Horizons Counseling Center  
25 Country Club Road Suite #705  
Gilford, NH 03249  
Phone: 603-524-8005  
Fax: 603-524-7275

## **GROVETON**

**Northern Human Services**  
**Mental Health Center, The**  
31 Brooklyn Street, Groveton, NH 03582  
Phone: 603-636-2555  
Fax: 603-636-6103

## **HANOVER**

**Dartmouth Hitchcock Medical Center**  
**Addiction Treatment Program**  
2 Buck Road, Building , Hanover, NH 03755  
Phone: 603-653-1860  
Fax: 603-653-1855

## **KEENE**

**Monadnock Substance Abuse Services, Inc.**  
64 Main Street, Keene, NH 03431  
Phone: 603-357-3007  
Fax: 603-355-3833

## **LEBANON**

Counseling Center of Lebanon, The  
*(West Central Services)*  
20 West Park Street, Suite 14,  
Lebanon, NH 03766  
Phone: 603-448-1101  
Fax: 603-448-8249

Headrest  
12 Church Street, PO Box 247  
Lebanon, NH 03766  
Hotline: 603-448-4400 or 800-639-6095  
Phone: 603-448-4872  
Fax: 603-448-1829

West Central Services  
*(Administrative Offices)*  
2 Whipple Place, Suite 202,  
Lebanon, NH 03766  
Phone: 603-448-0126  
Fax: 603-448-0129

# Resource Guide for NH Alcohol and Drug Prevention Services

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## **LITTLETON**

### **Northern Human Services**

White Mountain Mental Health  
PO Box 599  
29 Maple Street, Littleton, NH 03561  
Phone: 603-444-5358  
Fax: 603-444-0145

## **MANCHESTER**

### **Child and Family Services Adolescent Substance Abuse Treatment Program (ASAT)** *(Intensive Outpatient Services for Adolescents)*

404 Chestnut Street, Manchester, NH 03105  
Phone: 800-640-6486  
or 603-518-4001  
Fax: 603-668-6260

### **Families in Transition**

(Provides services for parenting women including pregnant women, intensive outpatient services; housing and comprehensive social services)

*122 Market Street, Manchester, NH 03104*  
Phone: 603-641-9441  
Fax: 603-641-1244

### **Manchester Alcoholism and Rehabilitation Center Farnum Outpatient Services**

235 Hanover Street, Manchester, NH 03101  
Phone: 603-622-3020  
Fax: 603-622-4043

### **The Mental Health Center of Greater Manchester**

1228 Elm Street, 2nd Floor  
Manchester, NH 03101  
Phone: 603-668-4111  
Fax: 603-628-7733

## **MANCHESTER** (cont.)

Southern New Hampshire Services  
*(Pre-Placement Program)*  
PO Box 5040  
Manchester, NH 03108-5040  
Phone: 603-647-5480  
Fax: 603-625-0461

## **NASHUA**

### **Greater Nashua Council on Alcoholism Keystone Hall** *(Outpatient and Intensive Outpatient Services)*

88 Pine Street Extension  
Nashua, NH 03060  
Phone: 603-881-4848  
Fax: 603-598-3644

### **Nashua Area Health Center** *(Outpatient Services for Pregnant and Postpartum Women and Reproductive Age Women)*

10 Prospect Street  
Nashua, NH 03060

Phone: 603-883-1626  
Fax: 603-881-9914

### **The Youth Council**

112 W. Pearl Street  
Nashua, NH 03060  
Phone: 603-889-1090  
Fax: 603-598-1703

## **NEWPORT**

### **The Counseling Center of Newport**

167 Summer Street, Suite 3  
Newport, NH 03773  
Phone: 603-863-1951  
Fax: 603-863-8043

# Resource Guide for NH Alcohol and Drug Prevention Services

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## **NORTH HAVERILL**

Grafton County Dept. of Corrections  
*(Treatment for Inmates Only)*  
3865 Dartmouth College Highway  
North Haverhill, NH 03774  
Phone: 603-787-2019

## **PLYMOUTH**

**Horizons Counseling Center**  
Whole Village Resource Center  
258 Highland Street  
Plymouth, NH 03264  
Phone: 603-536-2010  
Fax: 603-536-2010

## **PORTSMOUTH**

**Families First of the Greater Seacoast**  
*(Pregnant and Parenting Women, Primary Care Setting)*  
100 Campus Drive, Suite 12  
Portsmouth, NH 03801  
Phone: 603-422-8208  
Fax: 603-422-8218

## **ROCHESTER**

**Southeastern NH Alcohol and Drug Abuse Services** *(Rochester)*  
1 Wakefield Street  
Rochester, NH 03866-0988  
Appointments: 603-749-3981  
Phone: 603-332-5813  
Fax: 603-749-3983

## **WOLFEBORO**

**Northern Human Services  
Mental Health Center, The**  
70 Bay Street  
Wolfeboro, NH 03894  
Phone: 603-569-1884  
Fax: 603-569-1882

## **WOODSVILLE**

**Northern Human Services  
White Mountain Mental Health**  
27 Central Street  
Woodsville, NH 03785  
Phone: 603-747-3658  
Fax: Same

**Tri-County Community  
Action Program  
Friendship House**  
33 Ralston Road  
Woodsville, NH 03785  
Phone: 603-747-2535  
Fax: 603-747-2528

## **RESIDENTIAL TREATMENT: Short-Term, Post-Detoxification Programs**

Short-term, residential post-detoxification treatment programs also known as clinically managed medium intensity residential treatment facilities are designed to assist individuals who have been substance free for a minimum of 72 hours. Admission is on a voluntary basis. The length of stay averages 28-30 days. Costs vary and are on a sliding fee scale basis. All programs listed are available to individuals across the state, regardless of where they live.

### **BETHLEHEM**

#### **Tri-County Community Action Program**

#### **Friendship House**

Box 717  
2957 Main Street  
Bethlehem, NH 03574  
Phone: 603-869-2210  
Fax: 603-869-2210

### **DOVER**

#### **Southeastern New Hampshire Services**

272 County Farm Road  
Dover, NH 03820  
Phone: 603-749-3981  
800-698-7647  
Fax: 603-749-3983

### **KEENE**

#### **Phoenix Houses of New England Keene Center**

106 Roxbury Street  
Keene, NH 03431  
Phone: 603-358-4041  
Fax: 603-358-6527

### **MANCHESTER**

#### **Manchester Alcoholism Rehabilitation Center**

#### **The Farnum Center**

*(Including Co-Occurring Disorders)*  
235 Hanover Street  
Manchester, NH 03101  
Phone: 603-622-3020  
Fax: 603-622-4043

## **RESIDENTIAL TREATMENT: Long Term or Extended Care Treatment Services**

Long term or extended care residential treatment services also known as clinically managed high intensity residential treatment facilities are designed for individuals with severe substance use disorders. People referred to a long-term residential program are generally experiencing serious problems functioning in the community. Admission is voluntary. The length of stay varies from three months to a year, depending on the needs of the individual.

### **CANTERBURY**

#### **Odyssey Family Center**

*(For pregnant and parenting women and their children)*

367 Shaker Road  
Canterbury, NH 03244  
Phone: 603-783-7017  
Fax: 603-783-0358

### **DUBLIN**

#### **Phoenix Houses of New England**

##### **Phoenix Academy**

*(Children under 18)*

3 Pierce Road  
Dublin, NH 03444  
Phone: 603-563-8501  
Fax: 603-563-7901

#### **Phoenix Houses of New England**

##### **Dublin Center**

*(Adults)*

1 Pierce Road  
Box 354  
Dublin, NH 03444  
Phone: 603-563-8501  
Fax: 603-563-8296

## **RESIDENTIAL TREATMENT: Halfway Houses & Transitional Living**

Halfway houses and transitional living facilities, also known as clinically managed low intensity residential treatment facilities, which provide clinically managed, low intensity residential treatment, are designed to provide short-term supportive services to the recovering alcoholic and addict. Their goal is to prepare each resident for self-sufficiency in the community. In order to be eligible for most clinically managed low intensity residential treatment services, a person must have already completed a residential program and/or experienced a minimum period of sobriety.

### **BETHLEHEM**

#### **Tri-County Community Action Program**

#### **Friendship House**

Box 717  
2957 Main Street

Bethlehem, NH 03574

Phone: 603-869-2210

Fax: 603-869-2355

### **DOVER**

#### **Southeastern NH Alcohol and Drug Abuse Services**

*(Halfway House for Men and Women)*

272 County Farm Road

Dover, NH 03820

Phone: 603-749-3981

Fax: 603-749-3983

### **MANCHESTER**

#### **Tirrell House**

*(Halfway House for Men)*

15 Brook Street

Manchester, NH 03104

Phone: 603-668-2971

Fax: 603-645-9873

### **NASHUA**

#### **Greater Nashua Council on Alcoholism Keystone Hall Transitional Living Center**

88 Pine Street Extension

Nashua, NH 03060

Phone: 603-881-4848

Fax: 603-598-3644

## Other Resources

**F.A.S.T.E.R.** – Families Advocating for Substance Abuse Treatment, Education and Recovery  
*(A grassroots organization for parents and guardians whose children may be involved in alcohol and/or drug use or addiction.)*

### ATKINSON

Parent Awareness Initiative Network  
**Family Mediation & Juvenile Services**  
16 Academy Avenue  
Atkinson, NH  
Contact: Donna  
Phone: 603-362-9957

### CONCORD/BOW

**Baker Free Library**  
South Street  
Bow, NH  
Contact: Dolly  
Phone: 603-225-1179

### HINSDALE

**Congregational Church**  
Main Street  
Hinsdale, NH  
Contact: Linda Page  
Phone: 603-336-5984 Ext. 126

### LAKES REGION/GILMANTON

**Gilmanton Iron Works Community Church**  
Rte. 140  
Gilmanton, NH  
Contact: Nancy  
Phone: 603-267-6769  
Contact: Carol  
Phone: 603-875-8294

### **F.A.S.T.E.R. (cont.)**

#### MANCHESTER

**Child and Family Services**  
99 Hanover Street  
Manchester, NH  
Contact: Amy Pepin  
Phone: 603-518-4142

#### NASHUA

**Southern New Hampshire Medical Center West Campus**  
29 Northwest Boulevard  
Nashua, NH  
Contact: Ann  
Phone: 603-930-5284

#### WOLFEBORO

**Maxfield Real Estate**  
15 Railroad Avenue  
Wolfboro, NH  
Contact: Carol  
Phone: 603-569-3128 Ext. 28  
Contact: Karyn  
Phone: 603-544-3129

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**NH Task Force on Women & Recovery**  
*(A network of information and resources that support services to at-risk and recovering girls, women and families. The Taskforce works for both individual and system transformation.)*

#### MAILING ADDRESS

816 Elm Street, #189  
Manchester, NH 03101

#### PHYSICAL LOCATION

1492 Elm Street  
Manchester, NH 03101  
Phone: 603-647-4629  
Email: [info@nhtwr.org](mailto:info@nhtwr.org)  
<http://www.nhtwr.org>

## Sober Housing

The following programs provide sober housing. They are funded through private donations and other sources.

### **FRANKLIN**

Webster Place Recovery Center  
Holy Cross Road  
PO Box 9  
Franklin, NH 03235  
Phone: 603-934-2020  
Email: [info@websterplace.org](mailto:info@websterplace.org)  
<http://www.websterplace.org>

### **MANCHESTER**

Helping Hands Outreach Center  
50 Lowell Street  
Manchester, NH 03101  
Phone: 603-623-8778  
Fax: 603-626-5811

#### **New Life Center**

#### **New England Ministries**

PO Box 148  
Manchester, NH 03105  
Phone: 603-624-8444  
Email: [newlifehome@comcast.net](mailto:newlifehome@comcast.net)  
<http://www.newlifehome.org>

### **MANCHESTER** *(cont.)*

Robinson House

#### **Southern NH Services**

*(Subsidized single apartments for men in sober environment)*

49 Manchester Street  
Manchester, NH 03101  
Phone: 603-627-9188

### **NASHUA**

Marguerite's Place

*(Transitional living for women and children)*

89 Palm Street  
Nashua, NH 03060  
Phone: 603-598-1582  
Fax: 603-598-7574

Mary's Place

*(Transitional living for women)*

123 West Pearl Street  
Nashua, NH 03060  
Phone: 603-866-3562

## OXFORD HOUSES

Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home. Parallel to this concept lies the organizational structure of Oxford House, Inc. This publicly supported, non-profit 501(c)3 corporation is the umbrella organization which provides the network connecting all Oxford Houses and allocates resources to duplicate the Oxford House concept where needs arise.

### **DOVER**

#### **Amethyst**

*(Men)*

18 Old Rochester Rd.  
Dover, NH 03820  
Phone: 603-743-0991

### **MANCHESTER**

*(Men)*

133 Riddle Street, Floor 2  
Manchester, NH 03102  
Phone: 603-232-4754

*(Men)*

293 Hanover Street  
Manchester, NH 03104

#### **North Brook**

*(Men)*

9 & 11 Brook Street  
Manchester, NH 03101  
Phone: 603-232-2700

### **Nashua**

#### **Abbott Street House**

*(Men)*

8 Abbott Street  
Nashua, NH 03062  
(603) 498-6917

## New Hampshire Opiate Treatment Programs (Methadone)

The following opiate treatment programs provide methadone maintenance therapy for individuals who are addicted to heroin, morphine, and other opioid drugs. Several, where indicated, also provide buprenorphine treatment for opiate addiction. The State does not provide funding for methadone treatment programs, but does have regulatory oversight of them, and neither funds nor regulates buprenorphine treatment providers.

### **CONCORD**

#### **Concord Metro**

8 Loudon Road  
Concord, NH 03301  
Phone: 603-229-4260  
Fax: 603-229-4266

*[NOTE: Concord Metro also provides buprenorphine treatment for opiate addiction.]*

### **HUDSON**

#### **Merrimack River Medical Services**

323 Derry Road  
Hudson, NH 03051  
Phone: 603-595-3399  
Fax: 603-953-0078

*[NOTE: Merrimack River Medical Services also provides buprenorphine treatment for opiate addiction.]*

### **MANCHESTER**

#### **Habit Opco, Inc.**

20 Market Street  
Manchester, NH 03104  
Phone: 603-622-4747  
Fax: 603-622-7328

*[NOTE: Habit Opco also provides buprenorphine treatment for opiate addiction.]*

#### **MetroTreatment of NH**

5 A Driving Park Road, Manchester, NH 03103  
Phone: 603-622-5005  
Fax: 603-622-5051

### **NEWINGTON**

#### **Merrimack River Medical Services**

177 Shattuck Way  
Newington, NH 03801  
Phone: 603-436-0448  
Fax: 603-436-0668

### **SOMERSWORTH**

#### **Merrimack River Medical Services**

200 Route 108, Somersworth, NH 03878  
Phone: 603-953-0077  
Fax: 603-953-0078

*[NOTE: Merrimack River Medical Services also provides buprenorphine treatment for opiate addiction.]*

### **WEST LEBANON**

#### **Habit Opco, Inc.**

8 Interchange Drive  
West Lebanon, NH 03784  
Phone: 603-298-2146  
Fax: 603-298-2149

*[NOTE: Habit Opco also provides buprenorphine treatment for opiate addiction.]*

### **WEST SWANZEY/KEENE**

#### **MetroTreatment of NH**

1076 Old W. Swanzey Road  
W. Swanzey, NH 03469  
Phone: 603-358-0050

## Other Treatment-Related Resources

### Drug and Alcohol Abuse Treatment Locator

The Substance Abuse and Mental Health Services Administration (SAMHSA) in the US Department of Health and Human Services, provides an on-line resource for locating drug and alcohol abuse treatment programs. It lists private and public facilities that are licensed, certified, or otherwise approved for inclusion by their State substance abuse agency. It also lists treatment facilities administered by the Department of Veterans Affairs, the Indian Health Service and the Department of Defense. The Web address for this resource is: <http://findtreatment.samhsa.gov/about.htm>

### SAMHSA's Referral Helplines

For additional advice, you can call one of the Referral Helplines operated by SAMHSA's Center for Substance Abuse Treatment:

**1-800-662-HELP**

**1-800-662-9832 (Español)**

**1-800-228-0427**

### Buprenorphine Physician and Treatment Program Locator Resource

SAMHSA's Center for Substance Abuse Treatment (CSAT) also provides an on-line locator service to help people find a physician or treatment program that can prescribe buprenorphine (Suboxone® and Subutex®) for treatment of opioid addiction. Go to the following Web address and click on New Hampshire: [http://buprenorphine.samhsa.gov/bwns\\_locator/index.html](http://buprenorphine.samhsa.gov/bwns_locator/index.html)

Please note that the Drug Addiction Treatment Act of 2000 limits physicians or physician group practices to prescribing buprenorphine for opioid addiction to a maximum of 30 patients at one time. Because of this, some physicians listed on the locator site may not be accepting new patients at this time. If you are unable to find a physician within your area who is accepting new patients, please check the site later, as new physicians are added weekly.

### Information about Buprenorphine Treatment

The National Alliance of Advocates for Buprenorphine Treatment (NAABT) is a non-profit organization with the mission to:

- Educate the public about the disease of opioid addiction and the buprenorphine treatment option.
- Help reduce the stigma and discrimination associated with patients with addiction disorders.
- Serve as a conduit connecting patients in need of treatment to qualified treatment providers.

The Web address for NAABT is: <http://www.naabt.org/> and the phone number is: 860-810-0768.

# Resource Guide for NH Alcohol and Drug Prevention Services

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## Private Treatment Facilities

The following is a list of private treatment facilities, which are not funded by either the New Hampshire Department of Health and Human Services or the Governor's Commission on Alcohol and Drug Abuse Prevention, Intervention, and Treatment. They provide a variety of primary, intermediate, and after care services. Fees vary from place to place. Some of the facilities will accept reimbursement from major insurance carriers.

### **BEDFORD**

#### **Harmony First**

*(Intensive Outpatient Detox-  
No Methadone Detox)*

18 Constitution Drive, Suite 10  
Bedford, NH 03110

### **HAMPSTEAD**

#### **Hampstead Hospital**

218 East Road  
Hampstead, NH 03841  
Phone: 603-329-5311  
Fax: 603-329-9374

### **MANCHESTER**

#### **Easter Seals New Hampshire**

*(Adolescent co-occurring program 30-60 day  
Residential Program)*

200 Zachary Road  
Manchester, NH 03109  
Phone: Admissions Donna Keefe 603-206-6603  
*(Easter Seals also offer Intensive Outpatient  
Programs in Manchester, Londonderry and  
Concord.)*

### **LACONIA**

#### **Lakes Region General Hospital**

#### **Nathan Brody Chemical Dependency Program**

*(Intensive Outpatient Program)*  
Highland Street  
Laconia, NH 03246  
Phone: 603-527-2644

### **PORTSMOUTH**

#### **Portsmouth Pavilion**

343 Borthwick Avenue  
Portsmouth, NH 03802  
Phone: 603-436-0600  
Fax: 603-433-5250

## Impaired Driver Intervention Programs

Impaired Driver Intervention programs are designed for individuals with substance abuse related driving convictions. There are three types of programs:

- First Offender Programs
- Phase II Programs for the Repeat First Offender; and
- The Multiple Offender Program for Second or Subsequent Offenders.

**Note:** If you are not sure in which program you belong, you can call **603-271-6107** to get further information or request a brochure.

## First Offender Programs

There are two different programs for true first offenders:

- The Impaired Driver Intervention Program (IDIP); and
- The Weekend Impaired Driver Intervention Program (WIDIP).

If you have been convicted of a DWI first offense and have had no other DWI convictions in this or any other state in the last ten years, you are considered a first offender and belong in either **IDIP** or **WIDIP**. Both programs are twenty-two (22) hours long and consist of the following:

- A one-hour intake interview;
- 20 hours of alcohol and other drug abuse education classes;
- A one hour exit interview to include a final assessment by a licensed alcohol and drug counselor; and
- Possible aftercare recommendations that must be followed before your driver's license can be restored.

The Impaired Driver Intervention programs (IDIP) generally consist of a number of classes scheduled on weekday evenings or Saturdays and Sundays. The fee is currently \$460, but is subject to change without notice.

The Weekend Impaired Driver Intervention Program (WIDIP) is an accelerated version of the IDIP program that runs from Friday afternoon until late Sunday afternoon and includes two overnight stays. The fee is currently \$585, which includes the cost of room and board. The fee is subject to change without notice.

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## Phase II Programs For the Repeat First Offender

If you have been convicted of more than one DWI first offense in any state in the last ten years, regardless of the reason, you are NOT considered a first offender and must complete the Phase II Program. You may attend either the Phase II Program at the Multiple Offender Program in Laconia, NH, or a Phase II Program in your area. The Phase II Program consists of the following:

- An intensive seven day/six night residential program;
- Alcohol and other drug education, group interaction and self-assessment;
- An evaluation by a licensed alcohol & drug counselor; and
- Possible after care recommendations that must be followed before your license can be restored.

The fee is \$1550, but is subject to change without notice. Payment in full is expected upon entrance, but it is possible to arrange a payment plan. Your license cannot be restored until payment is made in full.

## Multiple Offender Program (MOP) For Second or Subsequent Offenders

If you have been convicted of a second (or subsequent) offense in the last ten years, you will receive at minimum a 10-day sentence from the court.

The first three days will be served at a Department of Corrections facility (county jail). This portion generally begins on Tuesday. On Friday you will be transported from the jail to the Multiple DWI Offender Intervention Detention Center Program in Laconia, NH, for the next seven days. You will be released the following Friday morning, and must arrange for your own transportation home (unless you have additional jail time to serve). If you are given aftercare recommendations, you must follow them before your license can be restored.

The content of the Multiple Offender Program is the same as outlined for Phase II, except one evening is set aside specifically for family education and discussion. The fee is \$1550 but is subject to change without notice. Payment in full is due upon entry to the program, unless you arrange a payment plan with the Office of Reimbursements upon entrance.

## Providing Agencies

### **Amethyst Foundation**

[amethystfoundation@verizon.net](mailto:amethystfoundation@verizon.net)

<http://amethystfoundation.com>

120 Hedding Road

Epping, NH 03042

Phone: 603-679-2100

1-800-327-1114

Fax: 603-679-5869

**Provides: IDIP, WIDIP & PHASE II**

### **Community Alcohol Information Program**

*(CAIP)*

[nhdwi@aol.com](mailto:nhdwi@aol.com)

119 North Main Street

Boscawen, NH 03303

PO Box 8507

Penacook, NH 03303-8507

Phone: 603-753-8181

1-800-660-4246

Fax: 603-753-4422

**Provides: IDIP & WIDIP**

### **Court Referral Program**

[Jdimeglio1@verizon.net](mailto:Jdimeglio1@verizon.net)

103 Roxbury Street, Suite 206

Keene, NH 03247

Phone: 603-352-0800

Fax: 603-352-1699

**PROVIDES: IDIP**

### **Multiple Offender Program**

*(MOP)*

### **NH Division of Public Health Services Bureau of Community Health Services**

[Jay.A.Apicelli@dhhs.state.nh.us](mailto:Jay.A.Apicelli@dhhs.state.nh.us)

PO Box 720

Laconia, NH 03247

Phone: 603-524-6651

Fax: 603-524-2967

**Provides: Phase II & MOP**

### **Serenity Place**

*(R.E.A.P.)*

[pdalpra@serenity-place.org](mailto:pdalpra@serenity-place.org)

PO Box 1477

Manchester, NH 03105

93 Manchester Street

Manchester, NH 03101

Phone: 603-625-4528

Fax: 603-625-6982

**Provides: IDIP & Phase II**

### **Southeastern NH Alcohol & Drug Abuse Services**

[IDIPSENHS@aol.com](mailto:IDIPSENHS@aol.com)

272 County Farm Road

Dover, NH 03820

Phone: 603-749-3981 ext. 209 or 210

Fax: 603-749-3983

**Provides: IDIP**

### **Tri-County Community Action Program**

[afortin@tccap.org](mailto:afortin@tccap.org)

PO Box 659

Berlin, NH 03570

Phone: 603-752-7941

Fax: 603-752-7832

**Provides: IDIP, WIDIP & Phase II**

## Prevention Services

Comprehensive prevention approaches are designed to prevent the use of alcohol and other drugs. They are available at the local level and often at no cost to participants. Prevention programs are typically designed either for the general population or for those identified to be at higher risk to use and abuse drugs, alcohol or tobacco.

## Statewide Resources

### Association for Student Assistance Professionals

*(ASAP-NH)*

Phone: 603-382-6541 Ext. 227

[tlena@timberlanehs.com](mailto:tlena@timberlanehs.com)

### Drug Abuse Resistance Education

*(D.A.R.E.)*

Phone: 603-271-2877

### Employee Assistance Association

PO Box 1032, Bedford, NH 03110

Phone: 800-332-7997

### NH Alcohol & Other Drug Service Providers' Association

28 South Main Street, #3D

Concord, NH 03301

Phone: 603-995-9260

### NH Div of Community Based Care Services

#### Bureau of Drug and Alcohol Services

105 Pleasant Street, Concord, NH 03301

Phone: 1-800-804-0909

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[www.dhhs.state.nh.us/DHHS/ATOD/default.htm](http://www.dhhs.state.nh.us/DHHS/ATOD/default.htm)

NH National Guard

4 Pembroke Road

Concord, NH 03301

Phone: 603-228-3364

### NH Smoker's Helpline

*(You can stop. We can help.)*

1-800-Try-to-Stop (1-800-879-8678)

[www.smokefree.gov](http://www.smokefree.gov)

### NH Teen Institute

*(Peer Leadership Training)*

112 Pearl Street

Nashua, NH 03060

Phone: 603-889-1090

Fax: 603-598-1703

[www.nhteeninstitute.org/](http://www.nhteeninstitute.org/)

### Partnership for A Drug Free NH

*(Alliance of the Partnership for A Drug Free America)*

105 Pleasant Street

Concord, NH 03301

Phone: 603-271-4972

800-804-0909, press 2

Fax: 603-271-6105

[www.dhhs.state.nh.us/dhhs/atod/nhdrugfree](http://www.dhhs.state.nh.us/dhhs/atod/nhdrugfree)

[www.drugfree.org](http://www.drugfree.org)

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### Plustime NH

*(Statewide After School Programs)*

160 Dover Road, Suite 1

Chichester, NH 03234

Phone: 603-789-5850

# Resource Guide for NH Alcohol and Drug Prevention Services

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Prevention Certification Board of New  
Hampshire

28 South Main Street, #3D

Phone: 603-995-9260

[info@nhpreventcert.org](mailto:info@nhpreventcert.org)

[www.Nhpreventcert.org](http://www.Nhpreventcert.org)

## **Seacoast Mental Health Center**

*(Referral, Education Assistance and  
Prevention [REAP] program for elders)*

1145 Sagamore Avenue

Portsmouth, NH 03801

Phone: 603-431-6703

Fax: 603-433-5078

[lkaratzas@smhc-nh.org](mailto:lkaratzas@smhc-nh.org)

# Resource Guide for NH Alcohol and Drug Prevention Services

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## Local/Regional Prevention Services

### **ANTRIM**

#### **The Grapevine Family and Community Resource Center**

PO Box 637  
Antrim, NH 03440  
Phone: 603-588-4904  
[thegrapevine@conknet.com](mailto:thegrapevine@conknet.com)

### **CLAREMONT/NEWPORT**

#### **Sullivan County NH**

14 Main Street, Newport, NH 03773  
Phone: 603-863-2560  
Fax: 603-863-9314  
[gchanis@sullivancountynh.gov](mailto:gchanis@sullivancountynh.gov)  
[sharonjc@sullivancountynh.gov](mailto:sharonjc@sullivancountynh.gov)

### **COLEBROOK**

#### **School Administrative Unit #7**

21 Academy Street, Colebrook, NH 03573  
Phone: 603-237-5571 ext. 15  
Fax: 603-237-5126  
[Super7@ncia.net](mailto:Super7@ncia.net)

### **CONCORD**

#### **New Hampshire Teen Institute**

56 South State Street  
Concord, NH 03301  
Phone: 603-226-0111  
Fax: 603-225-2740  
[dwilliams@nhteen.com](mailto:dwilliams@nhteen.com)

#### **Second Start**

17 Knight Street  
Concord, NH 03301  
Phone: 603-228-2341  
Fax: 603-228-3852  
[jsnodgrass@secondstart.org](mailto:jsnodgrass@secondstart.org)

#### **New Hampshire Alliance of Boys & Girls Clubs, Inc.**

55 Bradley Street  
Concord, NH 03301  
Phone: 603-224-1061  
Fax: 603-229-0305  
[emond@concordkids.org](mailto:emond@concordkids.org)

### **CONCORD** (cont.)

### **United Way of Merrimack County**

*(Concord Substance Abuse Coalition)*  
46 Main Street, Concord, NH 03301  
Phone: 603-223-2023  
Fax: 603-228-0395  
[info@concordprevention.org](mailto:info@concordprevention.org)  
[lauram@unitedwymc.org](mailto:lauram@unitedwymc.org)

### **CONWAY**

#### **Northern Human Services**

87 Washington Street  
Conway, NH 03818  
Phone: 603-447-3347  
Fax: 603-447-8893  
[ejohnson@northernhs.org](mailto:ejohnson@northernhs.org)

### **DERRY**

#### **The Upper Room**

**Family Resource Center**  
36 Tsienneto Road, Box 1017  
Derry NH 03038  
Phone: 603-437-8477  
Fax: 603-425-6256  
[kbavaro@urteachers.org](mailto:kbavaro@urteachers.org)

### **DOVER**

#### **Dover Police Department**

46 Locust Street, Dover, NH 03820  
Phone: 603-516-3273  
Fax: 603-749-3956  
[w.simons@ci.dover.nh.us](mailto:w.simons@ci.dover.nh.us)

#### **The HUB Family Support Center**

*(Healthy Universal Beginnings)*  
23 Atkinson Street, Dover, NH 03820  
Phone: 603-749-9754  
Fax: 603-743-6986  
[mzulauf@hubfamilies.org](mailto:mzulauf@hubfamilies.org)

### **EXETER**

#### **New Outlook Teen Center**

PO Box 865, Exeter, NH 03833  
Phone: 603-778-3933  
Fax: 603-778-2868  
[Sarah@newoutlookteencenter.org](mailto:Sarah@newoutlookteencenter.org)

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## **FARMINGTON**

### **Northern Strafford County Juvenile Court Diversion Program (*CHANCES*)**

359 Main Street  
PO Box 199  
Farmington, NH 03835  
Phone: 603-755-3395  
Fax: 603-755-3355  
[chancescathy@aol.com](mailto:chancescathy@aol.com)

## **GOFFSTOWN**

### **Crispin's House**

27 Main Street Suite 3  
Goffstown, NH 03045  
Phone: 603-497-3499  
Fax: 603-497-5317  
[annette@crispinshouse.org](mailto:annette@crispinshouse.org)

## **GREENLAND**

### **The Community Diversion Program**

440 Portsmouth Avenue  
Greenland, NH 03840  
Phone: 603-430-8570  
Fax: 603-436-7219  
[Jackiecdp@aol.com](mailto:Jackiecdp@aol.com)

## **GROVETON**

### **Northumberland School District SAU #58**

38 State Street (contact person)  
Groveton, NH 03582  
Phone: 603-636-1919 ext. 23  
Fax: 603-636-9752  
[C\\_frizzell@sau58.k12.nh.us](mailto:C_frizzell@sau58.k12.nh.us)

## **HOLLIS**

### **Hollis-Brookline Cooperative School District SAU #41**

PO Box 1588  
4 Lund Lane  
Hollis, NH 03049  
Phone: 603-465-7188

## **KEENE**

### **City of Keene Youth Services Department**

#### **Earn-It Program**

3 Washington Street  
Keene, NH 03431  
Phone: 603-357-9811  
Fax: 603-357-9857  
[jsadoski@ci.keene.nh.us](mailto:jsadoski@ci.keene.nh.us)  
[ebrown@ci.keene.nh.us](mailto:ebrown@ci.keene.nh.us)

### **City of Keene Youth Service Department Monadnock Action Network with Youth (MANY)**

3 Washington Street, Keene, NH 03431  
Phone: 603-357-9879 or 9810  
Fax: 603-357-9857  
[jsadoski@ci.keene.nh.us](mailto:jsadoski@ci.keene.nh.us)

### **Monadnock Family Services**

24 Vernon Street  
Keene, NH 03431  
Phone: 603-357-6893  
Fax: 603-357-8394  
[lrubin@mfs.org](mailto:lrubin@mfs.org)

## **KEENE AND OTHER SITES**

### **Phoenix Houses of New England**

*(Specialized outpatient services for  
adolescents and their families)*

106 Roxbury Street  
Keene, NH 03431  
Phone: 603-358-5035  
Fax: 603-358-6527  
[abento@phoenixhouse.org](mailto:abento@phoenixhouse.org)  
[www.phoenixhouse.org](http://www.phoenixhouse.org)

## **LINCOLN**

### **Adolescent Drug and Alcohol Prevention Tools (*ADAPT*)**

PO Box 599  
Lincoln, NH 03251  
Fax: 603-745-6797  
[sobrien@lin-wood.k12.nh.us](mailto:sobrien@lin-wood.k12.nh.us)

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## **LITTLETON**

### **The Alliance for Community Supports**

#### **Project RENEW**

Mailing Address:

320 Commercial Street, 2P<sup>nd</sup> Floor

Manchester, NH 03101

Phone: 603-345-2908 or 603-788-0991

Fax: 603-628-7679

[rcboutot@msn.com](mailto:rcboutot@msn.com)

### **SAU #35 Student Assistance Program**

32 Main Street

Littleton, NH 03561

Phone: 603-444-3925

Fax: 603-444-6299

[c.mclaren@sau35.org](mailto:c.mclaren@sau35.org)

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## **MANCHESTER**

### **Child & Family Services of NH**

99 Hanover Street

Manchester, NH 03105

Phone: 603-668-1920

[pepina@cfsnh.org](mailto:pepina@cfsnh.org)

### **Girls Incorporated of NH**

864 Elm Street

Manchester, NH 03101

Phone: 603-625-1296

Fax: 603-625-2627

[Jindeglia@girlsincnewhampshire.org](mailto:Jindeglia@girlsincnewhampshire.org)

### **Greater Manchester Family YMCA**

30 Mechanic Street

Manchester, NH 03101

Phone: 603-623-3558

Fax: 603-623-5934

[jpalmer@gmfymca.org](mailto:jpalmer@gmfymca.org)

### **Makin' It Happen**

27 Lowell St., Suite 502

Manchester, NH 03101

Phone: 603-622-6116

Fax: 603-622-7551

[tym@makinithappen.org](mailto:tym@makinithappen.org)

## **Media Power Youth**

1245 Elm Street

Manchester, NH 03101

Phone: 603-668-6629 Ext. 176

[r.zlokower@mediapoweryouth.org](mailto:r.zlokower@mediapoweryouth.org)

## **Office of Youth Services**

1528 Elm Street, Lower Level

Manchester, NH 03101

Phone: 603-624-6470

Fax: 603-628-6285

[oys@manchesternh.org](mailto:oys@manchesternh.org)

## **MEREDITH**

### **The CoRe Coalition**

1 Laker Lane

Meredith, NH 03253

Phone: 603-279-6162

[rrockwell@interlakes.org](mailto:rrockwell@interlakes.org)

## **NASHUA**

### **Nashua Adult Learning Center**

4 Lake Street

Nashua, NH 03060

Phone: 603-882-9080 ext. 204

Fax: 603-882-0069

[Hmjordan@adultlearningcenter.org](mailto:Hmjordan@adultlearningcenter.org)

### **NASHUA (cont.)**

#### **The Youth Council**

112 Pearl Street

Nashua, NH 03060

Phone: 603-889-1090

Fax: 603-598-1703

[Barbrahams@theyouthcouncil.org](mailto:Barbrahams@theyouthcouncil.org)

## **NEWPORT/CLAREMONT**

### **Sullivan County NH**

14 Main Street

Newport, NH 03773

Phone: 603-863-2560

Fax: 603-863-9314

[gcnanis@sullivancountynh.org](mailto:gcnanis@sullivancountynh.org)

[sharonjc@sullivancountynh.org](mailto:sharonjc@sullivancountynh.org)

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## **PETERBOROUGH**

### **Creating Positive Change Coalition**

PO Box 441  
40 Grove Street  
Peterborough, NH 03458  
Phone: 603-924-4981  
Fax: 603-924-4982  
[sam@cpcnh.org](mailto:sam@cpcnh.org)

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## **PITTSFIELD**

### **Pittsfield Youth Workshop, The**

2 Depot Street  
Pittsfield, NH 03263  
Phone: 603-435-8272  
Fax: 603-435-8272  
[pywdirector@metrocast.net](mailto:pywdirector@metrocast.net)

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## **PLAISTOW**

### **The Sad Café**

148 Plaistow Road  
PO Box 1051  
Plaistow, NH 03865  
Phone: 603-382-8893  
Fax: 603-382-4156  
[Andreabonner1@comcast.net](mailto:Andreabonner1@comcast.net)

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## **PLYMOUTH**

### **Communities for Alcohol-and-Drug Free Youth (CADY)**

94 Highland Street  
Plymouth, NH 03264  
Phone: 603-536-9793  
Fax: 603-536-9793  
[danaro@adelphia.net](mailto:danaro@adelphia.net)

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## **PORTSMOUTH**

### **Families First of the Greater Seacoast**

100 Campus Drive, Suite 12  
Portsmouth, NH 03801  
Phone: 603-422-8208, Ext. 120  
Fax: 603-422-8219  
[Hhtaft@familiesfirstseacoast.org](mailto:Hhtaft@familiesfirstseacoast.org)

## **WEST LEBANON**

### **Child and Family Services**

#### **Upper Valley Office**

3 Atwood Avenue  
West Lebanon, NH 03784  
Phone: 603-518-4006  
Fax: 603-298-8281  
[uppervalley@cfsnh.org](mailto:uppervalley@cfsnh.org)

## **WHITEFIELD**

### **White Mountains Regional School District**

#### **SAU #36**

14 King Square  
Whitefield, NH 03598  
Phone: 603-837-9363  
Fax: 603-837-2326

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## Community Prevention Coalition Coordinators

*If you are not sure which Coalition serves your area please call,  
800-804-0909, press 2 or 603-271-5379*

### **Allies in Substance Abuse Prevention (ASAP)**

112 Corporate Drive  
Portsmouth, NH 03801  
Phone: 603-436-5554 Ext. 47  
Contact: Cyndi Desrosiers  
[cpccoordinatorj@comcast.net](mailto:cpccoordinatorj@comcast.net)

### **Bridges to Prevention (BTP)**

841 Central Street  
Franklin, NH 03235  
Phone: 603-934-0177 Ext. 136  
or 603-934-0177 Ext. 172  
Contact: Michael Major or  
Sharon Howe, Program Assistant  
[mmajor@ccntr.org](mailto:mmajor@ccntr.org)

### **Capital Region Community Prevention Coalition (CUSAP)**

46 S. Main Street  
Concord, NH 03301  
Phone: 603-223-2023  
Contact: Shannon Swett  
[Shannon@concordprevention.org](mailto:Shannon@concordprevention.org)

### **Communities United for Substance Abuse Prevention (CUSAP)**

14 Main Street  
Newport, NH 03064  
Phone: 603-477-5565  
Contact: Liz Hennig  
[lhennig@sullivancountynh.gov](mailto:lhennig@sullivancountynh.gov)

### **Greater Nashua Coalition for Resilient Youth (MHC)**

20 Broad Street  
Nashua, NH 03064  
Phone: 603-882-4011  
Contact: Donna Arias  
[donna@gncpc.org](mailto:donna@gncpc.org)

### **Makin' It Happen Coalition for Resilient Youth (MHC)**

27 Lowell Street, Suite 502  
Manchester, NH 03110  
Phone: 603-622-6116 Ext. 13  
Contact: Kelley Hobbs  
[kelley@makinithappen.org](mailto:kelley@makinithappen.org)

### **Monadnock Voices for Prevention (MVP)**

105 Castle Street  
Keene, NH 03431  
Phone: 603-313-4248 (cell)  
Contact: Kelly McMillan  
[kmcmillen@mc-ph.org](mailto:kmcmillen@mc-ph.org)

### **North Country Prevention Network (NCPN)**

7 Main Street  
Whitefield, NH 03598-3029  
Phone: 603-837-2519  
Contact: Bob Thompson  
[Bthompson@nhcnh.org](mailto:Bthompson@nhcnh.org)

### **One Voice for Southeastern NH (OVSNH)**

112 Corporate Drive, Unit 3  
Portsmouth, NH 03801  
Phone: 603-436-5554 Ext. 53  
Contact: Melissa Silvey  
[msilvey@metrocast.net](mailto:msilvey@metrocast.net)

### **Partners in Prevention (PIP)**

67 Water Street, Suite 105  
Laconia, NH 03246  
Phone: 603-528-2145  
Contact: Colleen McDermott  
[cmcdermott@lrpph.org](mailto:cmcdermott@lrpph.org)

## New Hampshire STD and HIV Counseling and Testing Resources

All of the agencies listed below offer both STD and HIV services except Lebanon, which offers only HIV services. All STD/HIV clinics offer a sliding fee scale, and no individual will be denied services because of his or her inability to pay. You will need to call individual clinics to find out what hours they are open and what payment schedules they offer.

In addition general information about HIV/AIDS is available from the following hotline:

**NEW HAMPSHIRE AIDS HOTLINE**  
**1-800-752-AIDS (2437) toll free in NH**

## COUNSELING AND TESTING SITES

### **BERLIN**

#### **Coos County Family Health Services**

133 Pleasant Street  
Berlin, NH 03570  
Phone: 603-752-2040  
Fax: 603-752-7797

<http://www.coosfamilyhealth.org>

### **CLAREMONT**

#### **Planned Parenthood of Northern New England**

241 Elm Street  
Claremont, NH 03743  
Phone: 603-542-4568  
Fax: 603-543-6788

<http://www.ppnne.org>

### **CONCORD**

#### **Capital Region Family Health Center**

250 Pleasant Street  
PO Box 797  
Concord, NH 03301  
Phone: 603-228-7200

### **CONWAY**

#### **White Mountain Community Health Center**

**Kennett House**  
298 White Mountain Highway  
Conway, NH 03818  
Phone: 603-447-8900  
Fax: 603-447-4846

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## **DOVER**

### **Avis Goodwin Community Health Center**

19 Old Rollinsford Road, Suite 7  
Dover, NH 03820  
Phone: 603-749-2346  
Fax: 603-749-2748

## **FRANKLIN**

### **Franklin Family Planning**

841 Central Street  
Franklin, NH 03235  
Phone: 603-934-4905  
Fax: 603-934-4923  
*(Call before faxing)*

## **GREENLAND**

### **Feminist Health Center**

559 Portsmouth Avenue  
Box 546  
Greenland, NH 03840  
Phone: 603-436-7588  
Fax: 603-431-0451

## **KEENE**

### **Planned Parenthood**

9 Middle Street  
Keene, NH 03431  
Phone: 603-352-6898  
Fax: 603-352-0682  
<http://www.ppnne.org>

## **LACONIA**

### **Laconia Family Planning**

121 Belmont Road  
Laconia, NH 03246  
Phone: 603-524-5453  
Fax: 603-528-2795

## **LANCASTER**

### **Weeks Medical Center**

170 Middle Street  
Lancaster, NH 03585  
Phone: 603-788-5090  
Fax: 603-788-5092  
<http://www.weeks.hitchcock.org>

## **LEBANON**

### **Dartmouth Hitchcock Medical Center**

1 Medical Center Drive  
Lebanon, NH 03756  
Phone: 603-650-6060  
Fax: 603-650-611

## **LITTLETON**

### **Ammonoosuc Community Health Services**

25 Mt. Eustis Road  
Littleton, NH 03561  
Phone: 603-444-2464  
Fax: 603-444-2464

## **MANCHESTER**

### **Manchester Health Department**

1528 Elm Street  
Manchester, NH 03101  
Phone: 603-624-6467  
Fax: 603-624-6466  
<http://www.ci.manchester.nh.us>

## **NASHUA**

### **Nashua Area Health Center Teen to Teen Clinic**

20 Elm Street  
Nashua, NH 03060  
Phone: 603-498-7189

### **Nashua Public Health Department**

18 Mulberry Street  
Nashua, NH 03060  
Phone: 603-589-4500  
Fax: 603-594-3323

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## **NASHUA** *(cont.)*

### **Nashua Area Health Center**

*(Teen to Teen Clinic)*

10 Prospect Street #102

Nashua, NH 03063

Phone: 603-883-1626

## **WOODSVILLE**

### **Woodsville Family Health Center**

40 Railroad Street

Woodsville, NH 03785

Phone: 603-747-3990

## **OSSIPEE**

### **Ossipee Family Planning**

127 Route 28

Ossipee, NH 03864

Phone: 603-539-7552

## **PLYMOUTH**

### **Plymouth Family Planning**

### **Whole Village Family Resource Center**

258 Highland Street

Plymouth, NH 03264

Phone: 603-536-3584

Fax: 603-536-1365

## **ROCHESTER**

### **Avis Goodwin Community Health Center**

22 South Main Street

Rochester, NH 03867

Phone: 603-332-4249

## **WEST LEBANON**

### **West Lebanon Planned Parenthood of Northern New England**

89 South Main Street

West Lebanon, NH 03784

Phone: 603-298-7766

## **WHITEFIELD**

### **Whitefield Family Health**

50 Kings Square

Whitefield, NH 03598

Phone: 603-837-2333

Fax: 603-837-9790

## New Hampshire Correctional Academies and Their Providers

The Academy Program is a community-based, alternative sentencing option for non-violent, low-risk offenders. The Academy is a one-year long, intensive and comprehensive program that offers strict probation and case management in lieu of incarceration. Academy Programs, their providers, and the county in which they are located are listed below:

<b>COUNTY</b>	<b>PROVIDER</b>
<b>BELKNAP COUNTY</b>	None
<b>CARROLL COUNTY</b>	None
<b>CHESHIRE COUNTY</b>	None
<b>COOS COUNTY</b>	None
<b>GRAFTON COUNTY</b> Grafton County Academy 35 Central Avenue  Woodsville, NH 03785  Director: Lori Shea  Phone: 603-747-3790	VOA  PO Box 976  Lebanon, NH 03766  Business Contractor: Tammy Blakeney  Phone: 603-869-2210
<b>HILLSBORO COUNTY (North)</b> Manchester Academy  47 Manchester Street  Manchester, NH 03060  Director: Ellie Therrien  Phone: 603-647-5480 Fax: 603-625-0461 Email: <a href="mailto:etherrien@snhs.org">etherrien@snhs.org</a>	Southern NH Services, Inc.  PO Box 5040  Manchester, NH 03108  Business Contractor: Michael O'Shea  Phone: 603-668-8010

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## HILLSBORO COUNTY (South)

Nashua Academy

134 Alids Street  
Nashua, NH 03060  
Director: Ellie Therrien  
Phone: 603-647-5480  
Fax: 603-625-0461

Southern NH Services, Inc.  
PO Box 5040  
Manchester, NH 03108  
Business Contractor: Michael O'Shea  
Phone: 603-668-8010

## COUNTY MERRIMACK COUNTY

Merrimack County Academy

309 Daniel Webster Hwy  
Boscawen, NH 03303  
Phone: 603-796-7048

## PROVIDER

Merrimack County House of Corrections

326 Daniel Webster Highway

Boscawen, NH 03303

Business Contractor: Ron White

Phone: 603-796-3600

## ROCKINGHAM COUNTY

Rockingham Academy

113 North Road  
Brentwood, NH  
Director: Dick Allen  
Phone: 603-679-9411  
Fax: 603-679-9465

Rockingham County Jail

113 North Road  
Brentwood, NH  
Phone: 603-679-2244

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## **STRAFFORD COUNTY**

Strafford County Academy

259 County Farm Road, Suite 1

Dover, NH 03821

Director: Jackie Ferrin

Phone: 603-834-6198

Fax: 603-834-6198

Email: [cmcgowan@co.strafford.nh.us](mailto:cmcgowan@co.strafford.nh.us)

Strafford County Commissioners

259 County Farm Road

Dover, NH 03821

Business Contractor: Ray Bower

Phone: 603-742-1348

Fax: 603-742-9060

## **SULLIVAN COUNTY**

Sullivan Academy

30 Crescent Street, Moody Building

Claremont, NH 03743

Director: Robin Wrightington

Phone: 603-542-0497

Fax: 603-542-0498

Community Improvement Associates

221 Morgan Road

Richmond, NH 03470

Business Contractor: John Gramuglia

Phone: 603-239-7073

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## Other Related Resources

The following agencies within the state of New Hampshire are committed to bringing substance abuse advocacy, education, information, and support to the citizens of this state.

### **Derry Friendship Center, Inc.**

45 East Broadway

Derry, NH 03038

Phone: 603-432-9794

<http://www.derryfriendshipcenter.org>

Email: [friendshipcenter@comcast.net](mailto:friendshipcenter@comcast.net)

Community Outreach Prevention Seminars; Drop in Center for AOD Prevention and Treatment locator; NH RADAR Affiliate Peer Support Recovery Groups; Membership Association with recreation and AOD-Free Lifestyle Activities.

### **Family Mediation & Juvenile Services**

16 Academy Avenue

Atkinson, NH 03811-2203

Phone: 603-362-9957

Fax: 603-362-4721

<http://www.fmjs.org>

Family Mediation & Juvenile Services of Southern Rockingham County is dedicated to providing quality resources to youth and families in order to reduce delinquency and out-of-home placements, and to empower them as individuals, family members, and citizens of the community.

### **Governor's Commission on Alcohol and Drug Abuse Prevention, Intervention, and Treatment**

105 Pleasant Street

Concord, NH 03301

Phone: 603-271-6100, press 4

800-804-0909, press 4

Fax: 603-271-6105

<http://www.dhhs.state.nh.us/DHHS/COMMDRU/GABUSE/default.htm>

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### **Half Moon Sober Festival, Inc.**

PO Box #521, Derry, NH 03038

Fax: 603-882-7661

<http://www.halfmoonsober.org/>

This is a New England based, non-profit tax exempt corporation with offices throughout New Hampshire and Massachusetts, that has as its primary purpose providing an affordable alcohol and drug free environment in which individuals and families can come together to learn and grow. This is accomplished through a series of sober dances, comedy shows, and other social events leading up to an annual four-day multi-cultural camping experience.

### **Mothers Against Drunk Driving**

*(M.A.D.D.)*

123 Goffe Street, Manchester, NH 03102

Phone: 603-622-0399

1-800-764-6233

*(National website)*

<http://www.madd.org/>

### **New Futures**

8 Continental Drive, Unit G, Exeter, NH 03833

Phone: 603-658-2770

Fax: 603-658-2306

Email: [new-futures@new-futures.org](mailto:new-futures@new-futures.org)

<http://www.new-futures.org/>

### **NH Alcohol, Tobacco & Other Drug Clearinghouse and Lending Library**

105 Pleasant Street, Concord, NH 03301

Phone: 603-271-2677

800-804-0909, press #2

Fax: 603-271-6105

Provides alcohol, tobacco and other drug abuse prevention and treatment educational materials and the lending of videos, books and curriculum. It is open Monday through Thursday from 9 am to 4 pm. Please call beforehand to view materials.

# Resource Guide for NH Alcohol and Drug Prevention Services

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## **NH Board of Licensed Alcohol and Other Drug Abuse Professionals**

29 Hazen Drive, Concord, NH 03301  
Phone: 603-271-4936  
Fax: 603-271-6116

## **NH Department of Corrections**

105 Pleasant Street, Concord, NH 03301  
Phone: 603-271-5600  
<http://www.nh.gov/nhdoc/>

## **NH Department of Education**

101 Pleasant Street, Concord, NH 03301  
*Alcohol and Drug Education*  
Phone: 603-271-2632  
*Safety and Driver Education*  
Phone: 603-271-3868  
<http://www.ed.state.nh.us/education/>

## **NH Department of Health and Human Services**

*Public Information Office*  
129 Pleasant Street, Concord, NH 03301  
Phone: 603-271-4462  
800-852-3345 ext. 4462  
[http://www.dhhs.nh.gov/DHHS/DHHS\\_SIT E/default.htm](http://www.dhhs.nh.gov/DHHS/DHHS_SIT E/default.htm)

## **NH Bureau of Drug and Alcohol Services**

105 Pleasant Street, Concord, NH 03301  
Phone: 603-271-6110  
Fax: 603-271-6105  
The Office's mission is to significantly reduce alcohol and other drug abuse and its social, health, and behavioral consequences for the citizens of New Hampshire through public policy and resource development, education, and supporting initiatives that ensure the delivery of effective and coordinated prevention and treatment services.  
<http://www.dhhs.state.nh.us/DHHS/ATOD/z1-policy.htm>

## **NH Division of Public Health Services Tobacco Prevention and Control Program**

29 Hazen Drive  
Concord, NH 03301  
Phone: 1-800-Try-To-STOP  
Reducing the smoking rates of New Hampshire residents, through the use of evidence-based, prevention and intervention strategies, is a public health priority in New Hampshire. The Program's primary goals are to: prevent NH youth from beginning to use tobacco; eliminate exposure to secondhand smoke; promote quitting tobacco among users; and prioritize efforts to reach those most affected by tobacco  
<http://www.dhhs.state.nh.us/DHHS/ATOD/TPC P.htm>

## **Partnership for a Drug-Free NH**

*(Alliance of the Partnership for a Drug Free America)*  
105 Pleasant Street  
Concord, NH 03301  
Phone: 603-271-4972  
1-800-804-0909, Press 2  
The challenge of reaching youth and adults to help change attitudes and influence behavior about substance abuse is crucial. The Partnership for a Drug Free NH embraces this challenge through media exposure and education designed to empower youth and adults to communicate and make the right choices.  
<http://www.dhhs.state.nh.us/DHHS/ATOD/nhd rugfree.htm>

## **Rape & Domestic Violence Crisis Center**

*Serving Merrimack County*  
PO Box 1344  
Concord, NH 03302-1344  
24-Hour Support Lines  
Domestic Violence: 1-866-644-3574  
Sexual Assault: 1-800-277-5570  
<http://www.rdvcc.org/>

# Resource Guide for NH Alcohol and Drug Prevention Services

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## **Upper Valley Substance Abuse Foundation**

PO Box 37

85 North Main Street

White River Junction, VT 05001

Phone: 802-295-5206

Drop-in center for recovering alcoholics and  
addicts, substance abuse education, peer  
support, etc.

## 12-Step Recovery Programs

### Alcoholics Anonymous Information:

Greater Nashua Area ----- 603-882-2259  
New Hampshire Statewide Hotline ----- 800-593-3330  
Eastern Massachusetts Central Service ----- 617-426-9444  
Maine----- 207-774-4335  
Vermont----- 802-658-4221

### New Hampshire Assembly

Service Office ----- 603-622-6967  
Fax----- 603-624-6907  
1330 Hooksett Road  
Hooksett, NH 03106  
Website: <http://www.nhaa.net/>  
E-mail: [office@nhaa.mv.com](mailto:office@nhaa.mv.com)

**AI-Anon/Alateen**----- 877-825-2666 (Toll Free)  
PO Box 132----- 603-622-0399  
Concord, NH 03301  
<http://www.mv.com/ipusers/nhal-anon>

**Nar-Anon, Cocaine Anonymous** ----- 603-645-4777  
PO Box 3751 ----- 603-882-3000 ext. 2467  
Manchester, NH 03108

### Narcotics Anonymous (NA)

24-Hour Help and Information ----- 603-645-4777  
Correspondence by Mail:  
PO Box 5171  
Manchester, NH 03108  
<http://www.gsana.org/>

### Granite State Area Narcotics Anonymous 12 Step Fellowship of Narcotics Anonymous

<http://www.gsana.org/>

# Resource Guide for NH Alcohol and Drug Prevention Services

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## Website Information

The following websites provide additional information and resources on alcohol and drug abuse prevention, treatment and recovery.

### **Campaign for Tobacco-Free Kids**

[www.tobaccofreekids.org](http://www.tobaccofreekids.org)

The Campaign is fighting to free America's youth from tobacco and to create a healthier environment. It is one of the nation's largest non-governmental initiatives ever launched to protect children from tobacco addiction and exposure to secondhand smoke.

### **Capabilities, Inc.**

[www.capabilitiesinc.com](http://www.capabilitiesinc.com)

Family life and drug abuse prevention professionals offering conference workshops, books, videos and training programs.

### **Centers for Disease Control and Prevention (CDC)**

[www.cdc.gov](http://www.cdc.gov)

The CDC is the lead federal agency for protecting the health and safety of people – at home and abroad, providing credible information to enhance health decisions, and promoting health through strong partnerships.

### **Center for Mental Health Services**

[www.mentalhealth.org](http://www.mentalhealth.org)

Provides information and resources on prevention, treatment, and rehabilitation services for mental illness. Also includes: programs, links and campaigns for kids.

### **Community Anti-Drug Coalitions of America (CADCA)**

[www.cadca.org](http://www.cadca.org)

CADCA is the premier membership organization of over 5,000 anti-drug coalitions, each working to make their community safe, healthy and drug-free, one community at a time. Great resource for community coalitions.

### **Coolspot**

[www.thecoolspot.gov](http://www.thecoolspot.gov)

The young teens place for information on alcohol and resisting peer pressure.

### **Drug Endangered Child Training Network**

[www.drugendangeredchild.org/](http://www.drugendangeredchild.org/)

The Drug Endangered Child Training Network is an Appalachian Regional Commission (ARC) funded project that seeks to increase community and professional awareness of the impact of adult drug involvement on children.

### **FirstGov**

[www.firstgov.gov](http://www.firstgov.gov)

U.S. Government website that provides the public with easy, one-stop access to all federal government on-line information and services. This website provides a single online information portal that connects Americans with information and resources from all 27 million federal web pages. One of the largest and most useful collections of web pages in the world.

### **IV Prevention Among Drug Users**

[www.cdc.gov](http://www.cdc.gov), **(English)**

[www.cdc.gov/spanish/udi](http://www.cdc.gov/spanish/udi), **(Spanish)**

Injection drug use is important in the transmission of blood borne infections (including HIV and hepatitis B and C), This web site provides access to materials and resources developed to assist HIV prevention providers working with IDUs and their sex partners.

### **Join Together**

[www.jointogether.org](http://www.jointogether.org)

Join Together is a national resource for communities fighting substance abuse and gun violence.

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## **Leadership to Keep Children Alcohol Free**

[www.alcoholfreechildren.org](http://www.alcoholfreechildren.org)

A coalition of Governor's spouses, Federal agencies, and organizations. Their initiative is to prevent the use of alcohol by children ages 9 to 15. The web site provides prevention statistics and research for specific audiences, ranging from parents and youth to health professionals.

## **Mothers Against Drunk Driving (MADD)**

[www.madd.org](http://www.madd.org)

MADD's mission: to stop drunk driving, support the victims of this violent crime and prevent underage drinking.

## **National Inhalant Prevention Coalition**

[www.inhalants.org](http://www.inhalants.org)

This comprehensive site explains all about inhalants, the prevention campaign, frequently asked questions, and contact information.

## **National Institutes of Health: National Institute on Alcohol Abuse and Alcoholism (NIAAA)**

[www.niaaa.nih.gov](http://www.niaaa.nih.gov)

NIAAA supports and conducts biomedical and behavioral research on the causes, consequences, treatment, and prevention of alcoholism and alcohol-related problems.

## **National Institutes of Health: National Institute of Drug Abuse (NIDA)**

[www.nida.nih.gov](http://www.nida.nih.gov)

NIDA's mission is to lead the Nation in bringing the power of science to bear on drug abuse and addiction. There are two critical components. The first is the strategic support and conduct of research across a broad range of disciplines. The second is to ensure the rapid and effective dissemination and use of the results of that research to improve drug abuse and addiction prevention, treatment, and policy.

## **National Institute of Drug Abuse for Teens (NIDA for Teens)**

[www.teens.drugabuse.gov](http://www.teens.drugabuse.gov)

This website is designed to educate adolescents ages 11 through 15 (as well as their parents and teachers) on the science behind drug abuse.

## **National Youth Anti-Drug Media Campaign (Freevibe.com)**

[www.freevibe.com](http://www.freevibe.com)

Interactive website designed for youth to learn more about alcohol and other drugs.

## **New Futures**

[www.new-futures.org](http://www.new-futures.org)

A non-profit organization whose mission is to foster, promote and support effective strategies to reduce alcohol, tobacco and other drug problems in NH. New Futures is focusing on two goals: reducing underage alcohol problems and increasing access to treatment through leadership and policy development, information dissemination and program innovation.

## **Northern New England Poison Center**

[www.mmc.org/mmc\\_body.cfm?id=2046](http://www.mmc.org/mmc_body.cfm?id=2046)

In Maine, New Hampshire and Vermont, the Northern New England Poison Center provides immediate treatment advice for poison emergencies. We also provide information about poisons and poison prevention, twenty-four hours a day, seven days a week.

## **Office of National Drug Control Policy (ONDCP)**

[www.whitehousedrugpolicy.gov](http://www.whitehousedrugpolicy.gov)

The principle purpose of ONDCP is to establish policies, priorities and objectives for the Nation's drug control program.

## **Parents. The Anti-Drug**

[www.theantidrug.com](http://www.theantidrug.com)

Serves as a drug prevention information center and a supportive community for parents to interact and learn from each other. The site provides: articles, expert advice, science-based drug prevention information, news and studies.

# Resource Guide for NH Alcohol and Drug Prevention Services

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## **Partnership For A Drug Free America**

[www.drugfreeamerica.org](http://www.drugfreeamerica.org)

A non-profit coalition of professionals from the communications industry, whose mission is to help teens reject substance abuse through its national anti-drug advertising campaign and other forms of media communication. The Partnership works to decrease demand for drugs and other substances by changing societal attitudes, which support, tolerate or condone drug use.

## **Substance Abuse and Mental Health Services Administration (SAMHSA)**

[www.samhsa.gov](http://www.samhsa.gov)

SAMHSA is the Federal agency charged with improving the quality and availability of prevention, treatment, and rehabilitative services in order to reduce illness, death, disability, and cost to society resulting from substance abuse and mental illnesses.

## **SAMHSA: Center for Substance Abuse Prevention (CSAP)**

[www.samhsa.gov/centers/csap/csap.htm](http://www.samhsa.gov/centers/csap/csap.htm)

CSAP provides national leadership in the Federal effort to prevent alcohol, tobacco, and illicit drug problems. CSAP connects people and resources to innovative ideas and strategies, and encourages efforts to reduce and eliminate alcohol, tobacco and illicit drug problems both in the United States and internationally.

## **SAMHSA: Center for Substance Abuse Treatment (CSAT)**

[www.samhsa.gov/centers/csat/csat.htm](http://www.samhsa.gov/centers/csat/csat.htm)

CSAT supports a variety of activities to improve the lives of individuals and families affected by alcohol and drug abuse by ensuring access to clinically sound, cost-effective addiction treatment that reduces the health and social costs to our communities and the nation.

## **SAMHSA:**

### **National Clearinghouse for Alcohol and Drug Information (NCADI)**

[ncadi.samhsa.gov/](http://ncadi.samhsa.gov/)

Features free information and resources on a wide variety of ATOD issues. Grouped by subject and audience, with links to other publications of interest.

## **SAMHSA:**

### **CSAP's Northeast Center for the Application of Prevention Technologies (CAPT)**

[captus.samhsa.gov/home.cfm](http://captus.samhsa.gov/home.cfm)

CSAP's Northeast CAPT's mission is to support the application of science-based substance abuse prevention programs and strategies at the local, state, and regional levels. In addition, the CAPT promotes collaboration between and within each level.

## **SAMHSA:**

### **Workplace Resource Center Overview and information for the Federal Drug-Free Workplace Program.**

[www.drugfreeworkplace.gov](http://www.drugfreeworkplace.gov)

The Workplace Resource Center provides centralized access to information about drug-free workplace and related topics.

## **Youth Risk Behavior surveillance System (YRBS)**

[www.cdc.gov/healthyyouth/yrbs](http://www.cdc.gov/healthyyouth/yrbs)

The Youth Risk Behavior Surveillance System (YRBSS) monitors priority health-risk behaviors and the prevalence of obesity and asthma among youth and young adults. The YRBSS includes a national school-based survey conducted by the Centers for Disease Control and Prevention (CDC) and state, territorial, tribal, and local surveys conducted by state, territorial, and local education and health agencies and tribal governments.

# Community Mental Health Center Emergency Numbers

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## Community Mental Health Centers Emergency Numbers

NAME	ADDRESSES	PHONE	AFTER hrs
Region I <a href="mailto:mlindberg@northernhs.org">mlindberg@northernhs.org</a>	3 12th street <b>Berlin, NH 03570</b> 55 Colby Street <b>Colebrook, NH 03576</b> 25 West Main Street <b>Conway, NH 03818</b> 70 Bay Street <b>Wolfeboro, NH 03894</b>	752-7404  237-4955  447-2111  569-1884	
<b>Mark Lindberg</b>	29 Maple Street <b>Littleton, NH 03561</b>	<b>444-5358</b>	
Region II <b>Fred Hesch</b> <a href="mailto:Fred.Hesch@hitchcock.org">Fred.Hesch@hitchcock.org</a>	140 North Street Claremont, NH 03743	542-2578	
Region III <b>Dave Bouchard</b> <a href="mailto:dbouchard@genesishb.org">dbouchard@genesishb.org</a>	111 Church Street <b>Laconia, NH 03246</b> 607 Tenney Mountain Road <b>Plymouth, NH 03264</b>	524-1100 x 129  536-1118	528-0305
Region IV <b>Karl Boisvert</b> <a href="mailto:kboisvert@riverbendcmhc.org">kboisvert@riverbendcmhc.org</a> <b>Tom Peters</b> <a href="mailto:tpeters@riverbendcmhc.org">tpeters@riverbendcmhc.org</a>	PO Box 2032 Concord, NH 03301	1 800 852-3323  226-7570 x 3003  226-7570 x 3043	
Region V <b>Wendy Martel</b> <a href="mailto:wmartel@mfs.org">wmartel@mfs.org</a>	17 93rd Street Keene, NH 03431	357-5270 283-1621	357-4400
Region VI <b>Sue Mead</b> <a href="mailto:meads@ccofnashua.org">meads@ccofnashua.org</a>	7 Prospect Street Nashua, NH 03060-3990	889-6147 <b>Region 6 Rep</b>	1 800 762 8191
<b>Skerry Moir</b> <a href="mailto:moirs@ccofnashua.org">moirs@ccofnashua.org</a>	7 Prospect Street Nashua, NH 03060-3990	889-6147 x 3493 <b>Director</b>	



# Community Mental Health Center Emergency Numbers

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Region VII	<b>Bev Bean</b> <a href="mailto:beanbeve@mhcgm.org">beanbeve@mhcgm.org</a>	401 Cypress Street Manchester, NH 03103	668-4111	
Region VIII	<b>Bev Newberry</b> <a href="mailto:bnewberry@smhc.nh.org">bnewberry@smhc.nh.org</a>	30 Prospect Street <b>Exeter, NH 03833</b> 1145 Sagamore Street <b>Portsmouth, NH 03801</b>	772-2710 431-6703 x 3102	
Region IX	<b>Nancy Morse</b> <a href="mailto:nmorse@communitypartnersnh.org">nmorse@communitypartnersnh.org</a>	113 Crosby Road, Suite 1 Dover, NH 03820	749-4015	
Region X	<b>Ed Cooney</b> <a href="mailto:ecooney@clmnh.org">ecooney@clmnh.org</a>	10 Tsienneto Road Derry, NH 03038	434-1577	432-2253
Elliot	Heidi St Hilaire <a href="mailto:hsthilair@elliot-hs.org">hsthilair@elliot-hs.org</a>	One Elliot Way Manchester, NH 03103-3599	663-4411	
Elliot PEP	Christine Baer <a href="mailto:cbaer@elliot-hs.org">cbaer@elliot-hs.org</a>	One Elliot Way Manchester, NH 03101-3599	663-3100	
Portsmouth	Steve Arnault <a href="mailto:steven.arnault@hcahealthcare.com">steven.arnault@hcahealthcare.com</a>	333 Borthwick Ave Portsmouth, NH 03801	559-4115	436-5110
Cypress	Jennifer Conley <a href="mailto:conleyje@mhcgm.org">conleyje@mhcgm.org</a> Bill Rider <a href="mailto:riderwil@mhcgm.org">riderwil@mhcgm.org</a>	401 Cypress Center Manchester, NH 03103	668-4111 668-4111 x 4157	
NHH	Alison Kinsman <a href="mailto:akinsman@dhhs.state.nh.us">akinsman@dhhs.state.nh.us</a>	36 Clinton Street Concord, NH 03301	271-5364	271-5300
So NH Med Ctr,	Dean Melrose <a href="mailto:dean.melrose@snhmc.org">dean.melrose@snhmc.org</a>	8 Prospect Street Nashua, NH 03060-3990	577-2761	