

# VALLEY REGIONAL HOSPITAL

243 Elm Street  
Claremont, NH 03743  
(603) 542-7771

## DIRECTIONS

### **From the north:**

Take 91S to Exit 8.

At the end of the ramp, make a left onto Route 131/Route 12.

Follow this road for approximately 4 miles—you'll cross the bridge into New Hampshire after about a half mile.

At the blinking yellow light, turn left onto North Street (Lambert Supply on your left).

At the first set of lights (Jiffy Mart), turn left on Elm Street.

Valley Regional is on your right at the top of the hill.

### **From the south:**

Take 91N to Exit 8.

At the end of the ramp, take a right onto Route 131/Route 12.

Follow this road for approximately 4 miles—you'll cross the bridge into New Hampshire after about a half mile.

At the blinking yellow light, turn left onto North Street (Lambert Supply on your left).

At the first set of lights (Jiffy Mart), turn left on Elm Street.

Valley Regional is on your right at the top of the hill.

### **From Interstate 89 South:**

Take Exit 13. Take Route 10 South to Newport. Take 11/103 from Newport to Claremont. Follow signs for hospital.

### **From Interstate 89 North:**

Take Bradford Exit and follow 11/103 through Newport into Claremont. Follow signs for hospital.