## HAMPSTEAD HOSPITAL

218 East Road Hampstead, NH 03841 (603) 329-5311

# **DIRECTIONS**

### From Route 495

Take Exit 51B to Route 125 North. Follow into Plaistow, NH 2.5 miles and turn left at light onto East Road. Follow 4 miles and the hospital will be on the right.

### From NH Seacoast and Maine

Take Route 95 South to Exit 59 (Route 495 South to Worcester). Follow directions for "Route 495" above.

### From Route 93

Take Exit 3E, Rte. 111 East. Pass through Salem, NH, cross over Route 28. Pass Route 121 and take right at flashing yellow light onto East Road.

The hospital will be 100 yards on the left.