



2008 Population Estimates of New Hampshire Cities and Towns

Prepared by The

New Hampshire Office of Energy and Planning

Date of Publication: June 2009

The Office of Energy and Planning (OEP) is required by Law (RSA 78-A:25) to estimate the population of the State's municipalities on an annual basis. The law stipulates that the estimates be certified to the State Treasurer by August 19th and that they reflect population levels of the preceding year. Further, the law requires that the definition of resident be the same as that of the US Decennial Census.

The accompanying figures are **ESTIMATES** and are so labeled. Users of these figures should be aware that many of the data used to calculate the estimates were collected by local governmental units or school districts, for purposes other than accounting for population change. The methods which convert these data, such as school enrollments and building permits, into estimated population have been developed to reflect true population insofar as possible. Data used to calculate estimates in past years are subject to change. For this and other reasons, OEP strongly recommends that these estimates *not* be compared on a year to year basis.

Some communities may have estimating procedures that are different from the ones used by OEP. Also, some communities have established population figures based on their own enumeration (census) efforts. These local efforts can render highly accurate results. The OEP however uses a uniform estimating system, that is applied equally to all 234 communities. It is likely that if OEP staff were to estimate any one municipality on an individual basis, the resulting estimate would be different than the one contained herein.

The accompanying table shows the total population of NH's municipalities for 1990, 2000, and OEP's estimate for 2008. These figures are composed of the household population and persons living in group quarters. Group quarters populations consists of persons living in dormitories, some types of nursing homes, prisons, etc. Many municipalities have no group quarters populations. For the convenience of data users, the table shows *the 2008 group quarters population that is part of the total estimated population*.

Populations for unincorporated areas are not included in this report.

Anyone wishing further information regarding these estimates should contact the Office of Energy and Planning, 4 Chenell Dr, Concord, New Hampshire 03301 - telephone (603) 271-2155.

Municipality	I----- Total Population -----I			2008 Group Quarters Pop	2008 Persons per Square Mile
	U.S. Census		OEP		
	1990	2000	Estimate 2008		
Alton	3,286	4,502	5,067	0	79.3
Barnstead	3,100	3,886	4,564	0	106.4
Belmont	5,796	6,716	7,169	11	238.2
Center Harbor	996	996	1,089	9	81.9
Gilford	5,867	6,803	7,372	2	190.0
Gilmanton	2,609	3,060	3,431	7	59.6
Laconia	15,743	16,411	17,233	778	857.4
Meredith	4,837	5,943	6,435	159	159.7
New Hampton	1,606	1,950	2,162	3	58.8
Sanbornton	2,136	2,581	2,881	0	60.9
Tilton	3,240	3,477	3,654	276	320.5
Belknap Co.	49,216	56,325	61,057	1,245	151.7

Water area not included in persons per sq. mi calculations
Group Quarters population is included in total population

Municipality	I----- Total Population -----I			2008 Group Quarters Pop	2008 Persons per Square Mile
	U.S. Census		OEP		
	1990	2000	Estimate 2008		
Albany	536	654	685	3	9.1
Bartlett	2,290	2,705	2,937	0	39.3
Brookfield	518	604	682	0	29.8
Chatham	268	260	285	0	5.0
Conway	7,940	8,604	9,173	149	131.6
Eaton	362	375	426	2	17.5
Effingham	941	1,273	1,470	127	37.8
Freedom	935	1,303	1,424	6	41.3
Harts Location	36	37	33	0	1.7
Jackson	678	835	865	13	12.9
Madison	1,704	1,984	2,283	0	59.0
Moultonboro	2,956	4,484	4,933	31	82.2
Ossipee	3,309	4,211	4,663	198	65.8
Sandwich	1,066	1,286	1,370	0	15.0
Tamworth	2,165	2,510	2,643	6	44.2
Tuftonboro	1,842	2,148	2,340	0	57.6
Wakefield	3,057	4,252	4,836	0	122.4
Wolfeboro	4,807	6,083	6,347	105	131.4
Carroll Co.	35,410	43,608	47,395	640	50.8

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	U.S. Census		OEP		
	1990	2000	Estimate 2008		
Alstead	1,721	1,944	2,016	12	51.7
Chesterfield	3,112	3,542	3,754	0	82.3
Dublin	1,474	1,476	1,548	69	55.5
Fitzwilliam	2,011	2,141	2,271	1	65.6
Gilsum	745	777	809	7	48.4
Harrisville	981	1,075	1,093	0	58.4
Hinsdale	3,936	4,082	4,264	0	206.0
Jaffrey	5,361	5,476	5,709	158	148.7
Keene	22,430	22,563	22,653	2721	610.6
Marlborough	1,927	2,009	2,074	0	101.7
Marlow	650	747	767	0	29.5
Nelson	535	634	662	0	30.2
Richmond	877	1,077	1,143	9	30.5
Rindge	4,941	5,451	6,180	1325	166.6
Roxbury	248	237	245	0	20.4
Stoddard	622	928	1,032	0	20.3
Sullivan	706	746	788	0	42.6
Surry	667	673	736	0	46.9
Swanzey	6,236	6,800	7,158	11	159.4
Troy	2,097	1,962	2,025	0	115.7
Walpole	3,210	3,594	3,663	1	102.6
Westmoreland	1,596	1,747	1,857	290	51.7
Winchester	4,038	4,144	4,342	94	78.9
Cheshire Co.	70,121	73,825	76,789	4,698	108.5

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	1990	2000	Estimate 2008		
Berlin	11,824	10,331	10,170	622	165.4
Carroll	528	663	788	9	15.7
Clarksville	232	294	344	2	5.7
Colebrook	2,444	2,321	2,422	39	59.4
Columbia	661	750	851	3	13.9
Dalton	827	927	1,019	0	37.1
Dummer	327	309	345	2	7.2
Errol	292	298	351	3	5.8
Gorham	3,173	2,895	2,903	5	91.0
Jefferson	965	1,006	1,094	0	21.8
Lancaster	3,522	3,280	3,388	148	67.5
Milan	1,295	1,331	1,368	0	21.4
Northumberland	2,492	2,438	2,447	0	66.7
Pittsburg	901	867	931	1	3.3
Randolph	371	339	416	2	8.8
Shelburne	437	379	384	0	8.0
Stark	518	516	516	1	8.7
Stewartstown	1,048	1,012	1,044	130	22.5
Stratford	927	942	1,000	0	12.5
Whitefield	1,909	2,038	2,079	72	60.6
Coos Co.	34,693	32,936	33,860	1,039	27.3

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	1990	2000	Estimate 2008		
Alexandria	1,190	1,329	1,520	0	34.9
Ashland	1,915	1,955	2,077	0	183.8
Bath	784	893	964	0	25.2
Benton	330	314	338	110	7.0
Bethlehem	2,033	2,199	2,459	25	27.1
Bridgewater	796	974	1,032	0	48.0
Bristol	2,537	3,033	3,170	27	185.4
Campton	2,377	2,719	3,147	0	60.6
Canaan	3,045	3,319	3,608	0	67.7
Dorchester	392	353	373	0	8.4
Easton	223	256	297	0	9.5
Ellsworth	74	87	87	0	4.1
Enfield	3,979	4,618	4,838	12	120.0
Franconia	811	924	1,037	73	15.8
Grafton	923	1,138	1,246	0	30.0
Groton	318	456	514	0	12.6
Hanover	9,212	10,850	10,894	3960	221.9
Haverhill	4,164	4,416	4,751	339	92.8
Hebron	386	459	545	0	32.2
Holderness	1,694	1,930	2,001	22	65.6
Landaff	350	378	405	0	14.3
Lebanon	12,183	12,568	13,638	305	338.4
Lincoln	1,229	1,271	1,326	0	10.1
Lisbon	1,664	1,587	1,709	0	64.5
Littleton	5,827	5,845	6,266	70	125.3
Lyman	388	487	562	0	19.8
Lyme	1,496	1,679	1,696	10	31.5
Monroe	746	759	823	0	36.7
Orange	237	299	306	0	13.2
Orford	1,008	1,091	1,169	0	25.2
Piermont	624	709	726	0	18.8
Plymouth	5,811	5,892	6,629	2315	235.1
Rumney	1,446	1,480	1,549	17	36.9
Sugar Hill	464	563	642	0	37.5
Thornton	1,505	1,843	2,175	1	43.2
Warren	820	873	939	0	19.3
Waterville Valle	151	257	285	0	4.4
Wentworth	630	798	876	0	21.0
Woodstock	1,167	1,139	1,199	0	20.5
Grafton Co.	74,929	81,740	87,818	7,286	53.3

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Amherst	9,068	10,769	11,584	0	341.7
Antrim	2,360	2,449	2,630	10	73.7
Bedford	12,563	18,274	20,807	469	634.4
Bennington	1,236	1,401	1,507	0	132.2
Brookline	2,410	4,181	4,904	0	246.4
Deering	1,707	1,875	2,060	79	67.3
Francestown	1,217	1,480	1,574	0	52.8
Goffstown	14,621	16,929	17,605	2084	474.5
Greenfield	1,519	1,657	1,810	137	68.3
Greenville	2,231	2,224	2,257	0	327.1
Hancock	1,604	1,739	1,812	0	60.4
Hillsborough	4,498	4,928	5,857	35	134.0
Hollis	5,705	7,015	7,550	0	237.4
Hudson	19,530	22,928	24,580	196	862.5
Litchfield	5,516	7,360	8,468	0	568.3
Lyndeborough	1,294	1,585	1,788	1	59.2
Manchester	99,567	107,006	108,154	2580	3277.4
Mason	1,212	1,147	1,344	0	56.0
Merrimack	22,156	25,119	26,139	62	801.8
Milford	11,795	13,535	14,940	133	588.2
Mont Vernon	1,812	2,034	2,353	0	140.1
Nashua	79,662	86,605	87,111	1812	2828.3
New Boston	3,214	4,138	5,129	7	119.3
New Ipswich	4,014	4,289	5,211	22	159.4
Pelham	9,408	10,914	12,454	0	473.5
Peterborough	5,239	5,883	6,172	329	162.4
Sharon	299	360	382	0	24.3
Temple	1,194	1,297	1,536	18	68.9
Weare	6,193	7,776	8,993	1	152.2
Wilton	3,122	3,743	4,031	0	157.5
Windsor	107	201	198	44	24.1
Hillsborough C	336,073	380,841	400,940	8,019	457.1

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Allenstown	4,649	4,843	5,034	35	245.6
Andover	1,883	2,109	2,208	14	54.9
Boscawen	3,586	3,672	3,938	520	158.2
Bow	5,500	7,138	7,749	0	274.8
Bradford	1,405	1,454	1,586	21	45.1
Canterbury	1,687	1,979	2,262	3	51.5
Chichester	1,942	2,236	2,494	5	117.6
Concord	36,006	40,687	42,052	3456	657.1
Danbury	881	1,071	1,195	0	31.6
Dunbarton	1,759	2,226	2,586	0	84.0
Epsom	3,591	4,021	4,625	82	134.1
Franklin	8,304	8,405	8,608	196	310.8
Henniker	4,151	4,433	4,901	656	111.1
Hill	814	992	1,086	0	40.7
Hooksett	8,767	11,721	13,483	1217	372.5
Hopkinton	4,806	5,399	5,572	0	128.7
Loudon	4,114	4,481	5,169	2	112.4
Newbury	1,347	1,702	2,045	0	57.1
New London	3,180	4,116	4,361	843	194.7
Northfield	4,263	4,548	5,034	74	176.0
Pembroke	6,561	6,897	7,293	0	322.7
Pittsfield	3,701	3,931	4,347	6	180.4
Salisbury	1,061	1,137	1,267	0	32.0
Sutton	1,457	1,544	1,795	13	42.1
Warner	2,250	2,760	2,910	102	52.7
Webster	1,405	1,579	1,787	4	63.1
Wilmot	935	1,144	1,308	0	44.5
Merrimack Co.	120,005	136,225	146,695	7,249	156.7

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	1990	2000	Estimate 2008		
Atkinson	5,188	6,178	6,443	4	575.3
Auburn	4,085	4,682	5,085	7	199.4
Brentwood	2,590	3,197	4,183	511	246.1
Candia	3,557	3,911	4,085	0	134.8
Chester	2,691	3,792	4,621	127	177.7
Danville	2,534	4,023	4,427	3	381.6
Deerfield	3,124	3,678	4,366	53	85.9
Derry	29,603	34,021	34,071	240	962.5
East Kingston	1,352	1,784	2,256	0	227.9
Epping	5,162	5,476	6,104	8	233.9
Exeter	12,481	14,058	14,497	312	732.2
Fremont	2,576	3,510	4,159	48	240.4
Greenland	2,768	3,208	3,401	20	323.9
Hampstead	6,732	8,297	8,741	53	652.3
Hampton	12,278	14,937	15,032	200	1089.3
Hampton Falls	1,503	1,880	2,085	0	168.1
Kensington	1,631	1,893	2,098	0	174.8
Kingston	5,591	5,862	6,125	0	307.8
Londonderry	19,781	23,236	24,567	10	584.9
New Castle	840	1,010	1,018	11	1272.5
Newfields	888	1,551	1,657	0	233.4
Newington	990	775	787	26	96.0
Newmarket	7,157	8,027	9,243	44	733.6
Newton	3,473	4,289	4,532	0	462.4
North Hampton	3,637	4,259	4,437	0	319.2
Northwood	3,124	3,640	4,110	3	146.3
Nottingham	2,939	3,701	4,498	0	96.7
Plaistow	7,316	7,747	7,612	11	718.1
Portsmouth	25,925	20,784	20,520	544	1307.0
Raymond	8,713	9,674	10,825	10	375.9
Rye	4,612	5,182	5,133	117	407.4
Salem	25,746	28,112	29,549	94	1191.5
Sandown	4,060	5,143	5,961	34	425.8
Seabrook	6,503	7,934	8,363	0	929.2
South Hamptor	740	844	886	0	112.2
Stratham	4,955	6,355	7,225	0	478.5
Windham	9,000	10,709	12,823	127	480.3
Rockingham C	245,845	277,359	295,525	2,617	423.9

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	U.S. Census		OEP		
	1990	2000	Estimate 2008		
Barrington	6,164	7,475	8,393	8	179.7
Dover	25,042	26,884	28,706	1025	1075.1
Durham	11,818	12,664	14,138	5762	631.2
Farmington	5,739	5,774	6,954	27	190.5
Lee	3,729	4,145	4,406	17	220.3
Madbury	1,404	1,509	1,779	0	154.7
Middleton	1,183	1,440	1,865	2	103.0
Milton	3,691	3,910	4,610	0	139.3
New Durham	1,974	2,220	2,571	1	62.1
Rochester	26,630	28,461	30,796	278	687.4
Rollinsford	2,645	2,648	2,630	0	360.3
Somersworth	11,249	11,477	11,989	33	1223.4
Strafford	2,965	3,626	3,991	9	81.4
Strafford Co.	104,233	112,233	122,828	7,162	334.4

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	1990	2000	Estimate 2008		
Acworth	776	836	902	0	23.2
Charlestown	4,630	4,749	4,871	20	136.1
Claremont	13,902	13,151	12,827	199	297.6
Cornish	1,659	1,661	1,707	1	40.6
Croydon	627	661	780	1	21.2
Goshen	742	741	818	8	36.5
Grantham	1,247	2,167	2,473	0	90.9
Langdon	580	586	637	0	39.1
Lempster	947	971	1,111	0	34.4
Newport	6,110	6,269	6,527	119	150.0
Plainfield	2,056	2,241	2,416	0	46.3
Springfield	788	945	1,071	0	24.6
Sunapee	2,559	3,055	3,284	34	155.6
Unity	1,341	1,530	1,674	246	45.2
Washington	628	895	995	0	21.9
Sullivan Co.	38,592	40,458	42,093	628	78.3
N.H.	1,109,117	1,235,550	1,315,000	40,583	157.6

Population of unincorporated places not included in this report
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