

For information on becoming a *Dental Hygienist* see **Sources of additional information** within this brochure.

**For information on youth employment opportunities**, contact a career counselor at your high school or employment counselor or job and information center coordinator at your local NH Employment Security Office.

Berlin (752-5500)

151 Pleasant Street, P.O. Box 159, 03570-0159

Claremont (543-3111)

404 Washington Street, P.O. Box 180, 03743-0180

Concord (228-4100)

10 West Street, P.O. Box 1140, 03302-1140

Conway (447-5924)

518 White Mountain Highway, 03818-4205

Keene (352-1904)

109 Key Road, 03431-3926

Laconia (524-3960)

426 Union Avenue, Suite 3, 03246-2894

Lebanon (448-6340)

85 Mechanic Street, 03766-1506

Littleton (444-2971)

646 Union Street, Suite 100, 03561-5314

Manchester (627-7841)

300 Hanover Street, 03104-4957

Nashua (882-5177)

6 Townsend West, 03063-1217

Portsmouth (436-3702)

2000 Lafayette Road, 03801-5673

Salem (893-9185)

29 South Broadway, 03079-3026

Somersworth (742-3600)

6 Marsh Brook Drive, 03878-1595



For more information on this series of brochures, or to find out about our other products, contact us at:

New Hampshire Employment Security  
Economic and Labor Market Information Bureau  
32 South Main Street, Concord, NH 03301-4857  
Phone: (603) 228-4124, E-mail: [elmi@nhes.nh.gov](mailto:elmi@nhes.nh.gov), Web site: [www.nh.gov/nhes/elmi](http://www.nh.gov/nhes/elmi)

SOC 29-2021  
NHCRN 03/09

# So, you want to be a ...



## Dental Hygienist Health Science

Projected to be among the fastest growing occupations  
(New Hampshire Occupational Projections, 2006-2016)

### Here are a few things you should know.



Your gateway to New Hampshire workforce and career information



**You'll want to know a few things about this career**

**Average Hourly Wage**  
\$34.31

**Expected 10 year Growth**  
35%

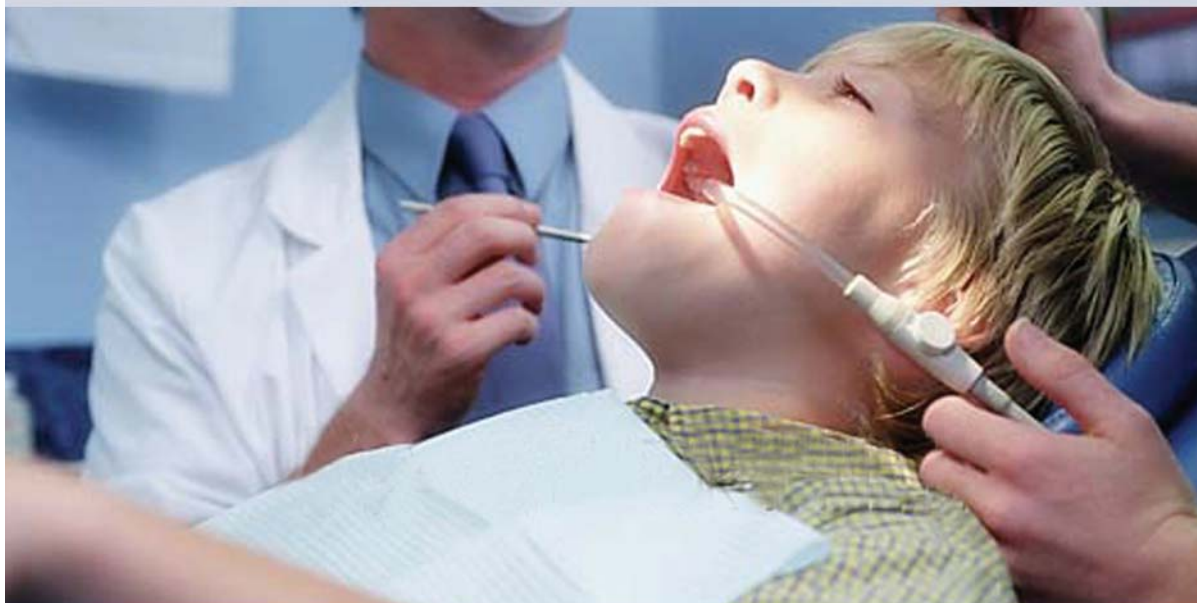
**Average Annual Openings**  
65

**Training/Education Needed**  
Associate's Degree or Military Training  
NH License required to practice. Helpful high school courses include biology, chemistry, and mathematics. To see if programs are available in NH go to at <http://nhetwork.nhes.state.nh.us/nhetwork/> (NHNetwork)

**Basic Skills**  
Reading, listening, speaking, science

**Job Skills**  
Work well with others, manual dexterity, problem identification, speaking, science, critical thinking, equipment selection, active listening, social perceptiveness, judgement and decision-making, reading comprehension.

**So, you want to be a ...**



## Dental Hygienist

**Projected to be among the fastest growing occupation** (New Hampshire Occupational Projections, 2006-2016)

### Tasks

Source: O\*Net Online

1. Clean calcareous deposits, accretions, and stains from teeth and beneath margins of gums, using dental instruments.
2. Feel and visually examine gums for sores and signs of disease.
3. Chart conditions of decay and disease for diagnosis and treatment by dentist.
4. Feel lymph nodes under patient's chin to detect swelling or tenderness that could indicate presence of oral cancer.
5. Apply fluorides and other cavity preventing agents to arrest dental decay.
6. Examine gums, using probes, to locate periodontal recessed gums and signs of gum disease.
7. Expose and develop x-ray film.
8. Provide clinical services and health education to improve and maintain oral health of school children.
9. Remove excess cement from coronal surfaces of teeth.
10. Make impressions for study casts.

**Interests**  
(Holland Code)  
**SRC**  
(Social, Realistic, Conventional)

**Interest Area**  
Health Science

**Working Conditions**  
Comfortable, well lighted clean environment  
(Follows safety procedures to minimize any risks to themselves or patients)

**Average Work Week**  
Flexible  
(Full-time, part-time, evening, and weekend schedules widely available. Dentists often hire Hygienists to work 2-3 days a week)

**Sources of Additional Information**  
NH Employment Security  
(Contact office nearest you or go online to [www.nh.gov/nhes/](http://www.nh.gov/nhes/))

NH Board of Dental Examiners  
2 Industrial Park Drive  
Concord, NH 03301  
[www.state.nh.us/dental](http://www.state.nh.us/dental)

Division of Professional Development  
American Dental Hygienists' Association  
444 No Michigan Ave  
Suite 3400  
Chicago, IL 60611  
[www.adha.org](http://www.adha.org)