

## HealthFirst Gap Minimizing Strategies

### Strategies Undertaken

#### Utilization reduction

- Disease management compliance
- Disease management discipline by the carriers
- Lowering health risks
- Earlier identification of health risks
- Medical homes (more efficient, coordinated care)
- Increased prevention
- Better Rx adherence
- Care navigator preventing unnecessary tests and procedures
- Plan design

#### Cost reduction

- Resulting from utilization reductions
- Tiering
- Plan design
- Less intensive services

### Strategies Not Yet Pursued

- Select network
- Delivery System gain sharing or risk arrangements for performance achievement
- Fee schedule recommendations/requirements
- Medical tourism
- More aggressive plan design (coinsurance, higher deductible, 3x deductible)