

**The State of New Hampshire  
Insurance Department**

**Network Adequacy Standards**

**Proposed Service Model**

**July 10, 2015**

# UPDATES TO SERVICES MODEL

- Ensure availability of healthcare at appropriate proximity
- Hit the “sweet spot”
  - Sufficient detail to ensure adequate network
  - Minimize administrative burden

# CORE SERVICES: SAME COMMUNITY

- Ambulance, non-emergency transport
- Chiropractic
- Contraceptive services
- Diagnostic and therapeutic services for mental health
- Diagnostic and therapeutic services for substance use disorder
- Diagnostic PT evaluation
- Home Health
- **Outpatient Drug Addiction Treatment\***
- Patient education/self-management
- Pediatric oral health services, including routine care
- Preventive and routine acute care, Adult
- Preventive and routine acute care, Pediatric
- PT procedures not requiring specialized equipment
- Routine EKG
- Routine immunizations and injections, Adult
- Routine immunizations and injections, Pediatric
- Routine lab tests and venipuncture
- Routine pre-natal care
- Urgent Care
- **Suture of non-life-threatening wound\***

\* Added since last time

# COMMON SERVICES: SAME OR ADJACENT COMMUNITY

No changes to the following:

- Cardiac monitoring and stress testing
- Developmental, hearing and vision testing, Pediatric
- Eye procedures
- Occupational Therapy
- Osteopathic manipulation
- PT or other rehab/hab procedures requiring specialized equipment
- Renal dialysis
- Routine delivery of newborn
- Routine endoscopy
- Routine overnight care for medical conditions
- Routine overnight care for mental health conditions
- Routine overnight care for SUD treatment
- Routine overnight care for surgical conditions
- Specialized injections
- Speech Therapy
- Standard Imaging
- Vision Care

# COMMON SERVICES: SAME OR ADJACENT COMMUNITY

## Ambulatory/Minor Procedures Identified

- Amputation of toe
- Apply splint
- Biopsy (procedure to obtain tissue)
- Bone biopsy (procedure to obtain tissue)
- Bone marrow aspiration
- Cardioversion
- Central venous access device insertion/removal
- Destruction of benign or premalignant lesion
- Drainage of skin abscess
- Hernia repair
- Incision and drainage, deep abscess
- Injection/aspiration/arthrocentesis of joint
- Insertion of chest tube
- Laparoscopic surgery
- Muscle tests
- Non-routine venipuncture
- Paring or cutting benign lesion
- Removal of support implant
- Skin replacement surgery (grafts)
- Spinal injection/nerve block
- Thoracentesis
- Trim or debride nails
- Wound closure
- Wound debridement

# COMMON SERVICES: SAME OR ADJACENT COMMUNITY

## Office Visits with Specialists

- Allergy/Immunology → Immunotherapy
- Cardiology → Cardiovascular stress tests
- Dermatology → Biopsy of skin lesions
- Endocrinology → Treatment for endocrine disorders
- Gastroenterology → GI endoscopy w biopsy
- General Surgery → General Surgery
- Neurology → EEG
- Onc/Hem → Chemotherapy
- Ophthalmology → Medical eye exam
- Orthopedics → Treatment of bone/joint disorders
- Otolaryngology → Ear, nose and throat procedures
- Psychiatry → Psych diag eval w/med srvc
- Rheumatology → Diagnosis/therapy for rheumatic disease
- Urology → Cystoscopy

# SPECIALIZED SERVICES: IN NH

- Advanced Imaging: MRI \*
- Advanced Imaging: CT/CAT \*
- Allergy Testing
- Complex endoscopy
- Complex overnight care for medical conditions
- Complex overnight care for mental health conditions
- Complex overnight care for SUD treatment
- Complex overnight care for surgical conditions
- Complicated delivery of newborn
- Neurological testing
- Non-routine conditions of pregnancy
- Radiation therapy
- Uncomplicated major procedures

\* Split Advanced Imaging into 2

# HIGHLY SPECIALIZED SERVICES: IN NEW ENGLAND (OR ?)

- Complicated major procedures
- Rare conditions
- Treatments requiring extraordinary equipment or facilities
- Conditions and treatments not specifically mentioned in other proximities

Q: What services need a broader network than New England?

# NEXT STEPS

- Receive and consider feedback
- Meet with experts
  - BH care
  - Cancer care
- Revise model as appropriate
- Design reporting requirements
- Draft rule

# QUESTIONS AND DISCUSSION