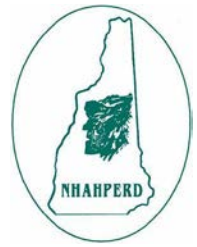




the **GRANITE** walk of ages



May 26, 2017
White Park, Concord, NH

**NEW HAMPSHIRE
ALLIANCE OF YMCA's**

Granite Walk of Ages: The “Granite Walk of Ages” is a statewide health initiative, centered on bringing together towns, cities, schools, organizations and businesses in New Hampshire. This walk focuses on prevention, decreased physical inactivity, and increased employee health. Use this as your ‘Trial Mile’ for the 90-Day Challenge*, beginning June 1st!

Agenda for Granite Walk of Ages

10am – 10:30 Sign-in Registration at White Park
 10:30 – 11:00 1 mile walk to State House for reading of the Proclamation
 11:15am Walk around Capitol & Return walk to White Park

- Individual registration** – I will participate in the kick-off event in Concord/White Park on May 26.
- Group/Team registration**–We will participate in the kick-off event in Concord/White Park May 26.
- Individual/Group Registration as a Satellite Event May 26, 2017**

To register on-line as an individual or group for the GWA/Concord, NH – Contact: Dianne Rappa by May 6 - drappa@valley.net; 603-747-2408(F); 603-747-3508 w/?’s (To register as a satellite event for the GWA please specify below – Thank you!!)

Registrant Name/Team Contact:
Company/organization/school:
Address/city/zip:
Phone Number:
Email:
Expected # Participants: (for schools and groups)

*To register for the 90 Day Challenge, visit www.nhmoves.org/90daychallenge, complete and submit the online registration form. Within a week you’ll receive the 90 Day Challenge Passport in an email. It is FREE, easy to participate, and good for your health. Use the Passport to track your daily activity and for free access to select State Parks. See Passport for eligibility details.