

GOVERNOR'S COUNCIL ON PHYSICAL ACTIVITY & HEALTH  
MEETING NOTES

Date: October 19, 2010

Time: 4:00 – 5:30pm

Location: Governor's Council Chambers, Concord, NH

<u>Invited Members:</u> 1. Nancy Miller – P 2. Sharon Wells – A 3. Travis Horne – A 4. Terry Johnson – P 5. David Gill – P 6. Dianne Rappa – A 7. Lilyan Wright – P 8. Chris Morrill – A 9. Kathy Sherman – A 10. Paul Mertiizic – P 11. Heather Fairchild – P 12. Nancy Puglisi – P 13. Jason Aziz – P 14. Joil Bergeron – A 15. John Hikel - A	<u>Invited Advisory:</u> 1. Peter Ames – A 2. Rick Holder – P 3. Barbara French – A 4. Louise McCormack – A 5. Tammi Martin – A 6. Chuck Cappetta – A 7. James Eddinger – A
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MEETING MINUTES  
DECISIONS  
DESCRIPTION

ISSUES & DISCUSSION  
Description

I. Call to Order: Meeting called to order at 4:02 p.m. Vice Chair Terry Johnson presiding.

II. Review meeting minutes: September meeting minutes & June retreat meeting minutes were reviewed and approved.

III. Review goals, mission & vision: These are reviewed at the annual retreat in June, and updated as needed.

IV. Introductions of visitors: No visitors

V. Finances: Updated at last meeting. Retreat balance was \$1,240.72 and the September 21<sup>st</sup> balance was \$1,700. Check with Diane at next meeting about the difference.

VI. Committee Updates:

a. Marketing/PR/advocacy Committee: Jason Aziz

Jason presented drafts of documents that would promote endorsements of other organizations that share a similar mission as the NHGCPAH. This would help get the

NHGCPAH name out into the public more and make more connections will similar organizations. He asked for input on criteria for endorsements, pros and cons of endorsements and if this was something that the Governor's council would like to pursue. The endorsements would be on a two year cycle and contact letters would be sent out to businesses that we would like to approach.

Concerns that were raised:

- How do we say no to groups we do not want to support.
- How does this fit with our mission and values?
- Administration of continuing to review and endorse ongoing organizations will be challenging.
- We don't want to be a watch dog for other organizations.
- Time consuming.
- Maybe we should flip the idea. Have organizations endorse Governor's Council instead of us endorsing them.
- Is this something we are allowed to do? We need to ask that question with the Governor's office – Catherine Peters.

Jason will make, edit changes to feedback and present at the next meeting. The question was asked by Jason – Are there other ways to get the Governor's Council's name out there. How can we connect with other organizations that support the ideals and missions of the Governors Council? A concern was raised that the links that we have posted on the Governor's Council web site looks like we are endorsing those organizations. Under the health resource directory on the website does it say that do not endorse the links? Is there a possibility of making our website more interactive? It is hard to compete with private websites. Are we limited because we are a state agency on what we can do with our website? Jason will be emailing for feedback to present at the next meeting.

b. Membership Committee: Nancy Puglisi

- Nancy is still waiting for paperwork(letter of intention, resume, and recommendations) back from Larry Flint & Debbie on their interest in becoming a member of the Governor's Council.
- The possibility was raised of having a Council Chair and a Chair elect 1 year prior to chair to facilitate a smooth transition from one Chair to the next. That way the Chair elect would have a year of mentoring before they assume the Chair position. The Vice Chair would be asked if they would like to be the Chair elect 1 year prior to the end of the Chair's term. Would be like to ask the outgoing Chair after their completed term to stay on the board as a ex officio advisor? Have there been past presidents on the board? Do the bi-laws have to be changed to do this? How do we change the bi-laws? Nancy Puglisi will create a draft / proposal for review and present it at next meeting. She will also review bi-laws and the ex-officio piece as well.

c. Programming/Events Committee: Terry Johnson

- Walk – We are confirmed with Walk NH in joining our Intergenerational Walk with their Walk NH week. This takes place the first week of June. Terry and Diane will be meeting with Walk NH to choose a date the first week of June to take place in Concord. Cooperative promotions will help keep participation in the walk higher.

- Questions were raised to think about varying the distances of the walk to accommodate different interest and ability levels. David Gill mentioned that Concord school will be encouraged to participate. Possibly that closer schools could walk to the event. Is there any money to offer bus funding to schools to bring more schools to the event?
- The walk will be separated from the Outstanding Achievement Awards. The walk will take place in June and the OAA's will take place in May. We want to look to having the OAA's when the legislators are still in session. Possibly the 3<sup>rd</sup> week of May 16<sup>th</sup> (Tuesday, Wednesday or Thursday). Wait to see what the legislators schedule is before we set a date. Terry is going to check legislators calendar.
- Outstanding Achievement Awards applications will be sent out after the first of the year and applicants will have 6 weeks to return paperwork.
- A conference call for the OAA committee will be made by Paul Mertizic, Nancy Miller, Terry Johnson and Lilyan Wright to come up with an action plan and share responsibilities of this committee. Paul and Nancy will be the co-leaders.

## VII. New Business

- Chair updates - Chair term Travis will update next meeting.
- Catherine Peters in the Governor's office liaison for the GCPAH.
- Jason asked when fliers were needed for the conference. He needs at least a weeks notice to make the fliers.
- Website updates – will check with Travis at next meeting.
- White pages – Heather and Travis will meet to discuss before the January meeting. Terry passed out documents on the Four pillars of the White House Task Force on Childhood Obesity Report to the President and the Report of the NH Commission on Prevention of Childhood Obesity for ideas in writing the White pages.
- National Association for Health and Fitness Board – defer to next meeting.
- Upcoming meetings: (4:00 – 5:30 pm)
  - Tuesday, November 16, 2010
  - Tuesday, January 18, 2010
  - Tuesday, February 15, 2011
  - Tuesday, March 15, 2011
  - Tuesday, April 19, 2011

## VIII. Council Members Networking Time

### A. Upcoming Events

- Dame School Property Community Forum – Monday, October 25<sup>th</sup> –  
Dame School Cafeteria, 14 Canterbury Road Concord, NH
- Heal Conference, Concord, NY – October 26<sup>th</sup>.
- NH Local Government Center Conference – Manchester, NH –  
November 17<sup>th</sup> & 18<sup>th</sup>.
- NHAHPERD Annual Conference, Waterville Valley – November 18 – 19.

Meeting adjourned – 5:21 pm.

Next meeting date: Tuesday, November 16, 2010

Place: Governor's Council Chambers

Time: 4:00 – 5:30 pm.