

# GOVERNOR'S COUNCIL ON PHYSICAL ACTIVITY & HEALTH

## MEETING NOTES

Date: **September 15, 2009**  
 Time: **4:00-5:30pm**  
 Location: **Room 100, State House, Concord, NH**  
 Dial-in number: **N/A** Participant code: **N/A**

#	Invited Members		#	Invited Advisory	
1	Nancy Miller	P	1	Peter Ames	A
2	Sharon Palisi	P	2	Rick Holder	P
3	Travis Horne	P	3	Barbara French	A
4	Terry Johnson	P	4	Louise McCormack	A
5	Dan Kiestlinger	P	5	Tammi Martin	A
6	Dianne Rappa	P	6	Chuck Cappetta	A
7	Lilyan Wright	P	<b>Invited Potential Members</b>		
8	Chris Morrill	A	1	Jason Aziz	P
9	Kathy Sherman	P	2	Joil Bergeron	P
10	Paul Mertizic	A	3	John Hikel	P
11	Heather Fairchild	P	4	David Gill	A
12	James Eddinger	A			
13	Nancy Puglisi	A			

## MEETING MINUTES

### ----- DECISIONS -----

Description
Council voted on three new members who accepted the votes.

### ----- ISSUES & DISCUSSION -----

Description
<b>I. Call to Order:</b> Meeting called to order at 4:00 p.m.
<b>II. Review meeting minutes:</b> From June Retreat, no revisions made.
<b>III. Review goals, mission &amp; vision:</b> These are reviewed at the annual retreat in June, and updated as needed.
<b>IV. Introductions of visitors:</b> No new visitors. The three new potential members' bios were distributed and they were voted on, and both accepted membership onto the Council.
<b>V. Finances:</b> Presented by Dianne R. Balance: \$619.56 Dianne reviewed the walk expenses/income, and pending income (Anthem). \$160 will be due in Spring 2010 for national dues.
<b>VI. Committee Updates:</b>
<p><b>a. Marketing/PR/Advocacy Committee:</b></p> <p>Travis provided an update on 2009-2010 Goals and Objectives related to the Website, Directory, Grants and Marketing GCPA&amp;H Posters to support physical activity and health. Travis is working on cross linking the website, there's already an existing directory, Jason will work on the grant process for council enhancement, and Sharon will work on the poster design. Travis has updated the calendar and will add September as healthy aging month. Joel suggested teaming up with NH charities to increase visibility of the council. Some thoughts: as long as no financial support necessary; does council need legal counsel to review this type of sponsorship/endorsements?</p>

**b. Membership Committee:**

Dan provided an update on the 2009-2010 Goals and Objectives. The committee is working on updating the council binders, building membership from 15-21 (3 new members to be voted on today), and to replace membership chair by next year. Dan plans to check with Commissioner of Education for council representative. Dianne will check to see if there's a YMCA representative available, too.

**c. Programming/Events Committee:**

Terry provided an update on the 2009-2010 Goals and Objectives; GCPA&H 2010 Intergenerational Wellness Walk is scheduled for May 26, 2010 and 2010 Outstanding Achievement Awards. Travis will reserve the room at the State House. No other known events going on in Concord on May 26<sup>th</sup>. Dianne will promote the large event and satellite events during the upcoming NHAHPERD conference – providing save the date information. Travis will work on getting the certificates out to the schools who participated in last year's satellite events. This is a good time of year for them to plan for the May event. Terry noted the goal of the committee is to increase the number of organizations and people who are nominated for the awards. Materials will be updated and streamlined. Dianne has volunteered to organize the walk and Paul will organize the awards. All members are invited to volunteer for the walk.

**VII. New Business:****a. Chair updates**

- i. 2008-2009 Year End Report – Travis distributed the year end report during the meeting.
- ii. Barbara French – Currently the wrong email address has been circling for Barbara, Travis will find the correct address and redistribute - [barbaracfrench@gmail.com](mailto:barbaracfrench@gmail.com) .
- iii. Travis was informed by the Governor's Office that Mrs. Lynch is working on a new webpage for the [www.nh.gov](http://www.nh.gov) home. He will further contact the Governor's Office for more information.

**b. Upcoming Events:**

- i. HEAL Conference, Concord, NH – October 6<sup>th</sup>
- ii. NHAHPERD Annual Conference, Waterville Valley – November 19-20
- iii. Local Government Center Conference – November 18-20
- iv. NECON "Shaping the Prevention Movement in New England," Marlborough, MA – October 23
- v. The NH Children in Nature Conference, "Building Nature Based Communities," October 1<sup>st</sup>.
- vi. Anthem Health Fair Bus Screening/Wellness Fair for SoNH October 28, 2009, for City Manchester October 29<sup>th</sup>.
- vii. Manchester Marathon & Health Expo at the Radisson – October 30-November 1<sup>st</sup>.
- viii. NH Public Health Association and NH Citizens Health Initiative Conference – October 20<sup>th</sup>

**c. Article on Award Recipients**

- i. [www.outdoorventuresnh.com](http://www.outdoorventuresnh.com) – The website and article recognition was shared with the Council.

**d. Collaboration with SoNH Wellness Coordinators/Wellness Program**

- i. Potential collaboration for the May 2010 walk was discussed, but no action steps were taken.

**VIII. Other****a. Senate/House Bills Review**

- i. Rick Holder will put together a list of Bills that the Council will be posting on their website. The Bills will not be for support purposes, but instead NH citizens educational purposes.
- ii. Travis will contact Peter Ames to see if he is available to attend our next meeting to discuss the upcoming Senate/House Bills for 2009/2010.

**IX. Adjournment:****a. Chair**

- i. Adjournment was called at 5:35pm

Description

**----- NEXT MEETING -----**

**Next meeting date: Tuesday, October 20, 2009**

**Place: Governor's Council Chambers**

**Time: 4:00 p.m. – 5:30 p.m.**